

TABLE MANNERS



- Englishmen drink 165 mln cups every day.
~~98% Englishmen prefer tea with milk.~~

It's common knowledge that the English are very fond of tea. They like to have a nice cup of tea from 6 to 8 times a day, sometimes even more.



- Early morning cup - первая чашечка чая пьется примерно в 6 утра. Это должен быть крепкий бодрящий чай. К нему - традиционная овсянка с маслом и джемом или яичница с беконом.

Lunch - второй завтрак, который завершается чашечкой более ароматного и мягкого чая, нежели утренний.

Tea breaks или Low tea - небольшие, иногда даже ежечасные перерывы, во время которых пьется чай с легкими закусками.

Five-o'clock - тот самый, на который даже начальники не могут наложить вето, иначе их ожидают недовольства в коллективе. Этот чай также сопровождается перекусом, причем часто - подогретым.

High tea - вечерний чай примерно в 21.00-22.00 после семейного ужина. Классический чай для high tea - это «Earl Grey», бергамотовый чай.

И непосредственно перед сном англичане могут выпить чашечку фруктового чая или чая без кофеина.

LET'S READ AND TRANSLATE SOME ENGLISH PROVERBS ABOUT TEA.

- Seven cups of tea wake you up in the morning, nine cups of tea will put you to sleep at night.
- (Семь чашек чая заставят вас взбодриться утром, девять чашек помогут вам уснуть вечером.).
- Tea must be strong, hot and sweet like woman's kiss.
- (Чай должен быть крепким, горячим и сладким как поцелуй женщины).
- Tea in town is for guests' treating tea, in village is for enjoying oneself.
- (В городе чай - гостям угощение, в деревне - себе наслаждение).
- Tea is tastier in a good cup.
- (В хорошей посуде и чай вкуснее).
- You drink tea, you live hundred years.
- (Чай пьешь - до ста лет проживешь).

HERE ARE SOME TABLE MANNERS FOR THE ENGLISH TEA DRINKING. DURING TEA DRINKING YOU MUST FOLLOW SOME RULES

- You can choose between 5-10 tea sorts.
- You must take snacks from the plates with the help of a knife and a fork
- There is certainly milk on the English tea table.
- To make your tea English, you should add some bergamot
- Закуски с тарелок следует брать с помощью вилки и ножа
- На выбор для чаепития предлагаются от 5 до 10 сортов чая
- Чтобы чай стал английским, нужно добавить чуть бергамота
- В Англии на чайном столе обязательно должно быть молоко

READ AND TRANSLATE THE TEXT

▣ **Vocabulary:**

ugliness - вульгарность

undue - чрезмерный

to avoid - избегать

to empty - опустошать

promptly - быстро, незамедлительно

□ Good table manners avoid ugliness. All rules of table manners are made to avoid it. To let anyone see what you have in your mouth is offensive. So is to make a noise. To make a mess in the plate is disgusting. So there are some rules how to behave yourself at the table:

Do not attract undue attention to yourself in public.

When eating take as much as you want, but eat as much as you take.

Never stretch over the table for something you want, ask your neighbour to pass it. Take a slice of bread from the bread-plate by hand, don't harpoon your bread with a fork.

Never read while eating (at least in company).

When a dish is placed before you do not eye it suspiciously as though it were the first time you had seen it, and do not give the impression that you are about to sniff it.

Chicken requires special handling. First cut as much as you can, and when you can't use knife or fork any longer,

- The customary way to refuse a dish is by saying, "No, ~~thank you~~" (or to accept, "~~Yes, please~~"). Don't say "I don't eat that stuff, don't make faces or noises to show that you don't like it.

In between courses don't make bread-balls to while the time away and do not play with the silver. Do not leave spoon in your cup when drinking tea or coffee. Do not empty your glass too quickly — it will be promptly refilled. Don't put liquid into your mouth if it is already full.

Don't eat off the knife.

Vegetables, potatoes, macaroni are placed on your fork with' the help of your knife.

If your food is too hot don't blow on it as though you were trying to start a campfire on a damp night.

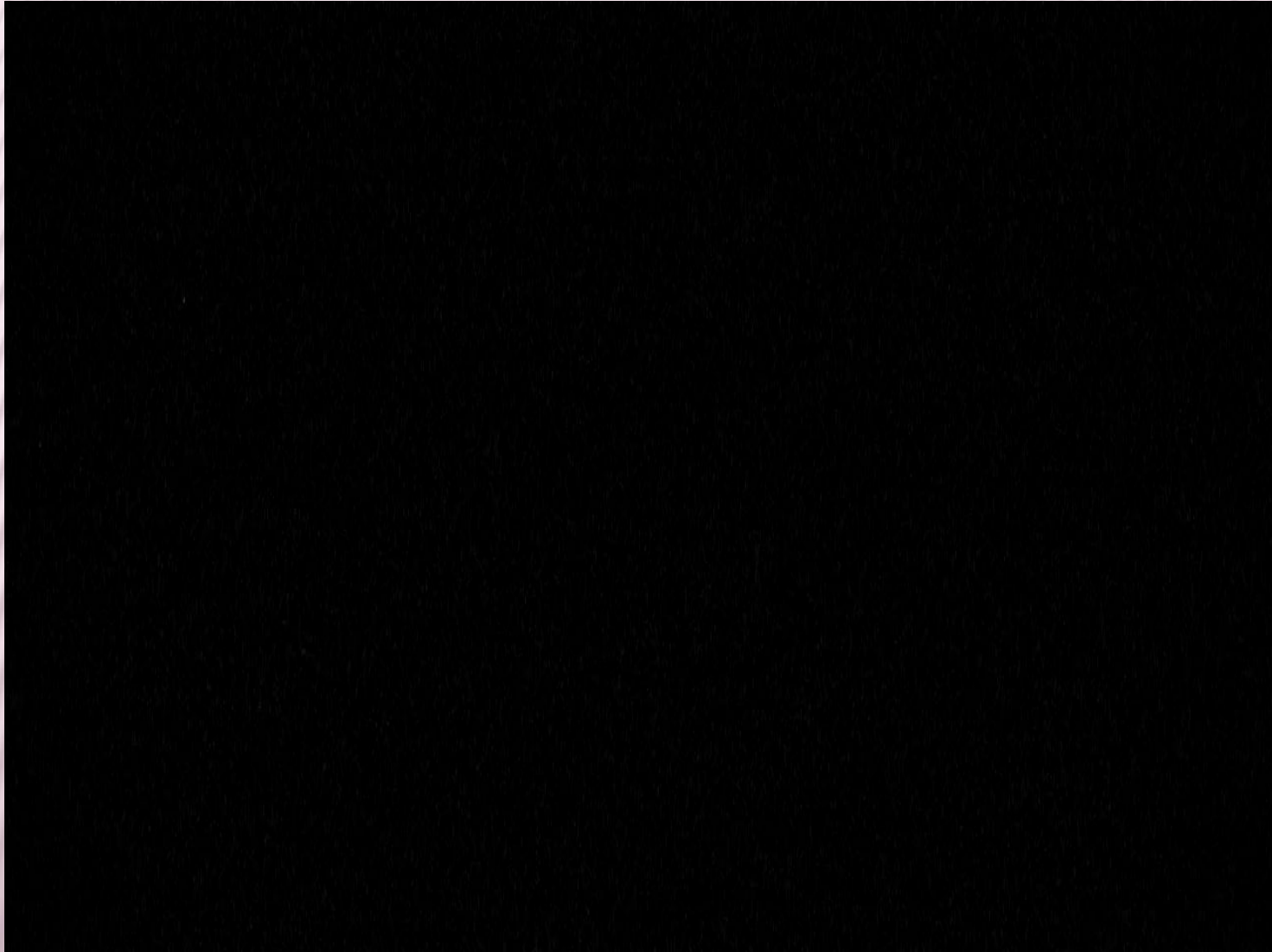
Try to make as little noise as possible when eating.

And, finally, don't forget to say "thank you" for every favour or kindness.

▣ **Questions:**

1. All rules of table manners are made to avoid ugliness, aren't they?
2. What is "good table manners"?
3. Why do our people need them?
4. What other table manners do you know?
5. Do you follow them?

WATCH VIDEO

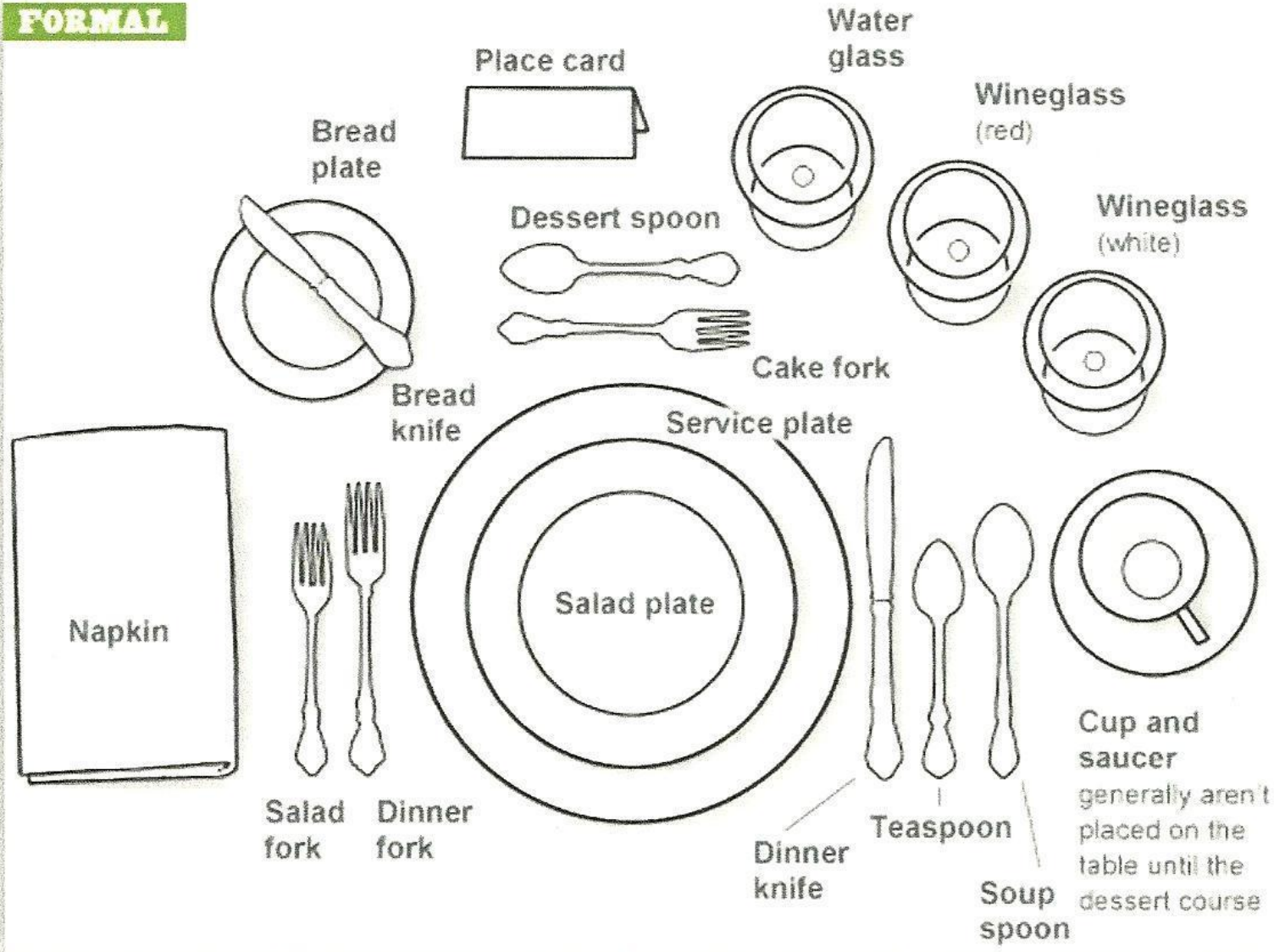


Every day we sit down at the table for having meal. We should be polite and follow the etiquette. Rules of table manners will help us.



SORTING TABLE

FORMAL





bowl

glass

fork

spoon

cup

plate

knife

Проверить

YOU SHOUDN'T EAT WITH YOUR FINGERS.



**YOU SHOULDN'T PUT YOUR ELBOWS ON
THE TABLE.**



YOU SHOULDN'T TALK WITH YOUR MOUTH FULL.



YOU SHOUDN'T LICK YOUR FINGERS.



YOU SHOULD SIT UP STRAIGHT.



**YOU SHOULD PUT YOUR DIRTY KNIFE,
SPOON AND FORK ON YOUR PLATE.**



YOU SHOULD SAY "THANK YOU" AFTER THE MEAL.



ENJOY YOUR MEAL!



□ What should you do before you go to the table?

I should wash my hands.

□ What should you do before you start eating?

I should put a napkin on my lap.



IS ANYTHING WRONG IN
THIS PICTURE?

Yes. He is not using a knife

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IS ANYTHING WRONG IN
THIS PICTURE?

**Yes, his elbows are not close
to his sides.**

5



WHAT IS WRONG IN THIS
PICTURE?

He is not sitting straight.



**IS ANYTHING WRONG IN
THIS PICTURE?**

**Yes. He is holding a knife in his left
hand.**

He didn't put a napkin on his lap.

8



IS ANYTHING WRONG IN
THIS PICTURE?

No, everything is OK.

WHAT IS WRONG IN THIS PICTURE?

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The boy is eating from his friend's plate.

You should write down what we must and mustn't do at the table

1. We **mustn't** speak with our mouth full.
2. We **must** put the table napkin on our knees.
3. We **mustn't** reach (тянуться) across for the salt.
4. We **must** use the fork and knife properly (правильно).
5. We **mustn't** put our elbows on the table.
6. We **mustn't** wave (махать) the knife or fork in the air.
7. We **must** eat noiselessly (бесшумно).
8. We **must** wash our hands before we eat.

REMEMBER!



YOU SHOULDN'T

- Lick your fingers
- Put your elbows on the table
- Talk with your mouth full
- Throw bones on the floor



YOU SHOULD

- Say thank you when you finish your meal
- Use your knife and fork, or spoon
- Sit up straight
- Wipe your fingers on the tablecloth

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- Which tea drinking traditions do you know?
 - What does “Russian tea” mean?
 - What does “British tea” mean?
 - What is the background of 5 o’clock tea tradition?
 - Which country is considered to be the motherland of tea?
 - Who invented tea in bags?
 - How many times a day do Englishmen drink tea?
 - Why do Englishmen use a “teacosy”?

MANNERS MAKE THE MAN

