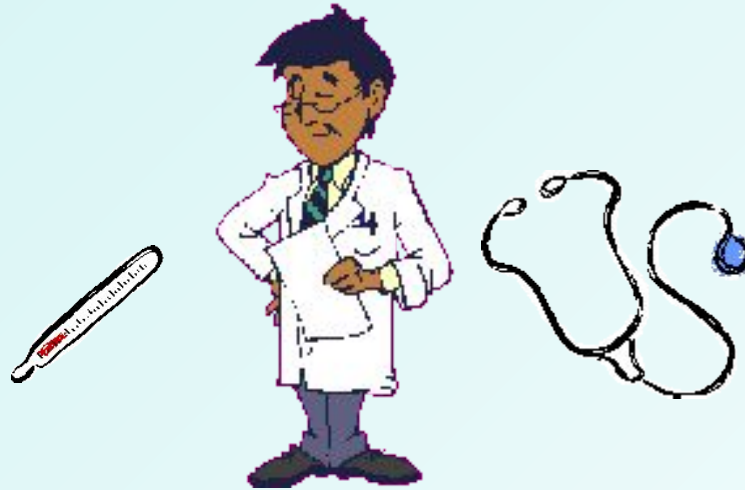


What thing is the most important for you ?







A Healthy Mind in a healthy body



Phonetic practice

Health

Healthy

Pressure

Pulse

Blood

A patient

Temperature

A diet

Find the right pair for each word

- **TO KEEP**
 - **BLOOD**
 - **TO TAKE**
 - **TO FALL**
 - **HEAD**
 - **TO FEEL**
- THE PULSE**
 - ACHE**
 - ILL**
 - PRESSURE**
 - TO A DIET**
 - SOMEBODY'S TEMPERATURE**

**Tuesday the twenty-seventh of
January**



LET'S HAVE



A COMPETITION

Questions about health

- When should people get up and go to bed?
- How many times a day should people clean their teeth?
- What should people do before eating?
- What healthy food should people eat?
- Whom should people consult to prevent an illness?
- What should people do if they have a cold?
- What should people do if they have a toothache?
- What should people do if they can't sleep?

Put the words of the proverbs about health in a logical order

- Health better wealth than is
- Health wealth the is greatest
- An keeps a day apple doctor away a
- Healthy early man and to makes a wealthy and early to bed rise wise
- Is A heart medicine merry good
- Above health is wealth good

Proverbs about health



- **Good health is above wealth**
- **Health is better than wealth**
- **An apple a day keeps a doctor away**
- **Early to bed and early to rise makes a man healthy, wealthy and wise**
- **A sound mind in a sound body**
- **Merry heart is a good medicine**



Find the Russian equivalents for these English proverbs

Good health is above wealth

An apple a day keeps a doctor away

Early to bed and early to rise makes a man healthy, wealthy and wise

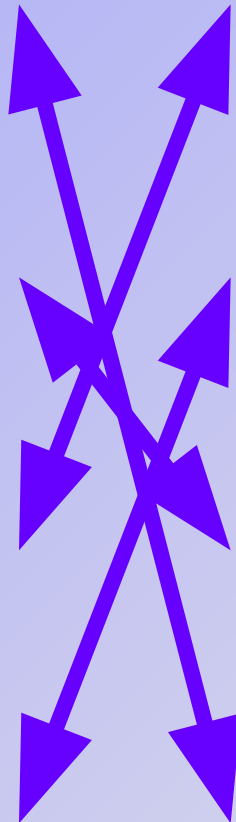
A sound mind in a sound body

Кто рано ложится и рано встаёт, здоровье, богатство и ум наживёт

В здоровом теле – здоровый дух

Кушай по яблоку в день, и доктор не понадобится

Здоровье дороже богатства



Health Code

You should

You shouldn't

- Get up early and go to bed early
- Wash your hands before eating
- Smoke
- Watch TV too long
- Go in for sports
- Clean your teeth once a day
- Sleep enough
- Take a cold shower
- Eat too many sweets
- Spend much time indoors
- Eat between meals
- Air the room



You should

- Get up early and go to bed early
- Wash your hands before eating
- Go in for sports
- Sleep enough
- Take a cold shower
- Air the room

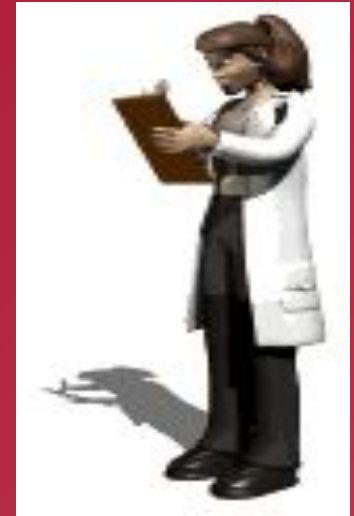




You shouldn't

- Smoke
- Watch TV too long
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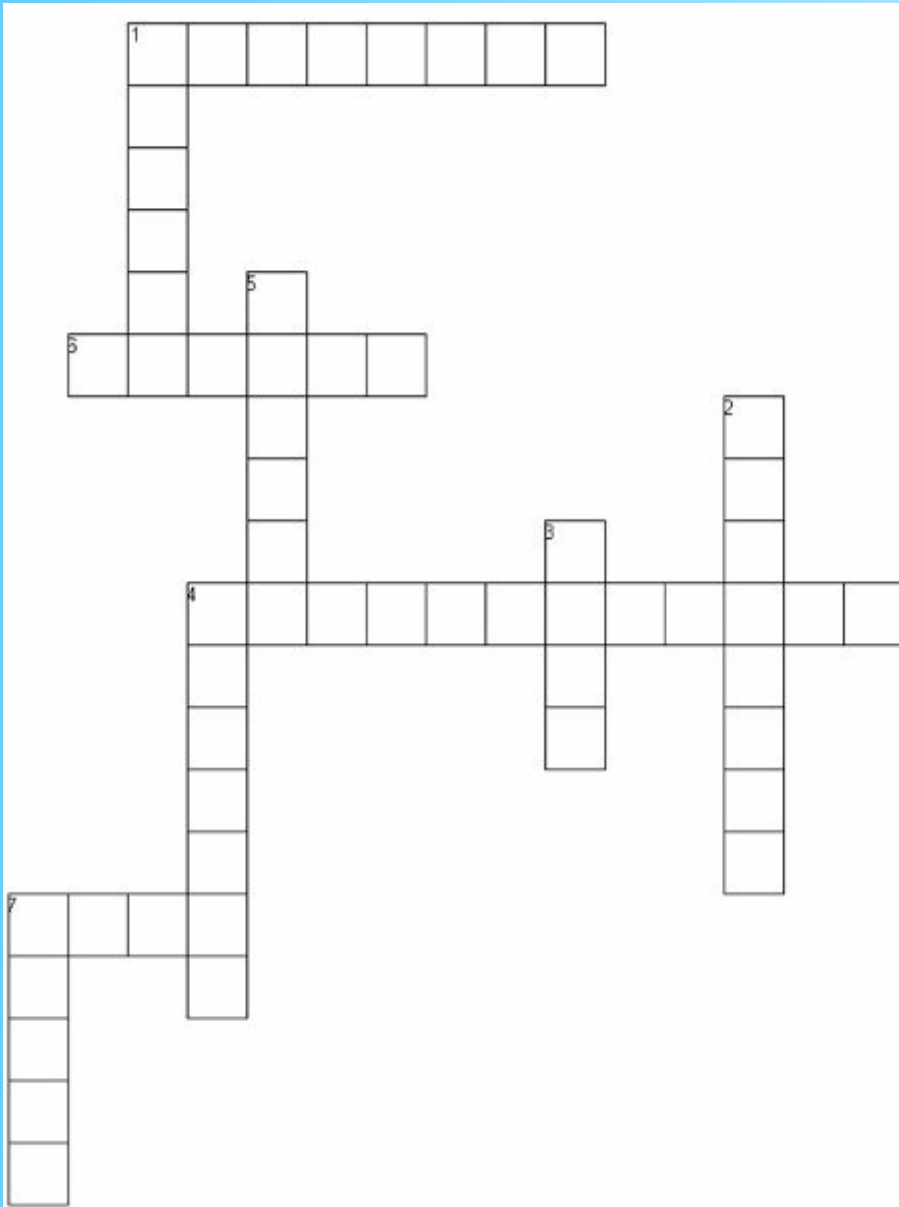




At the Doctor's



Crossword



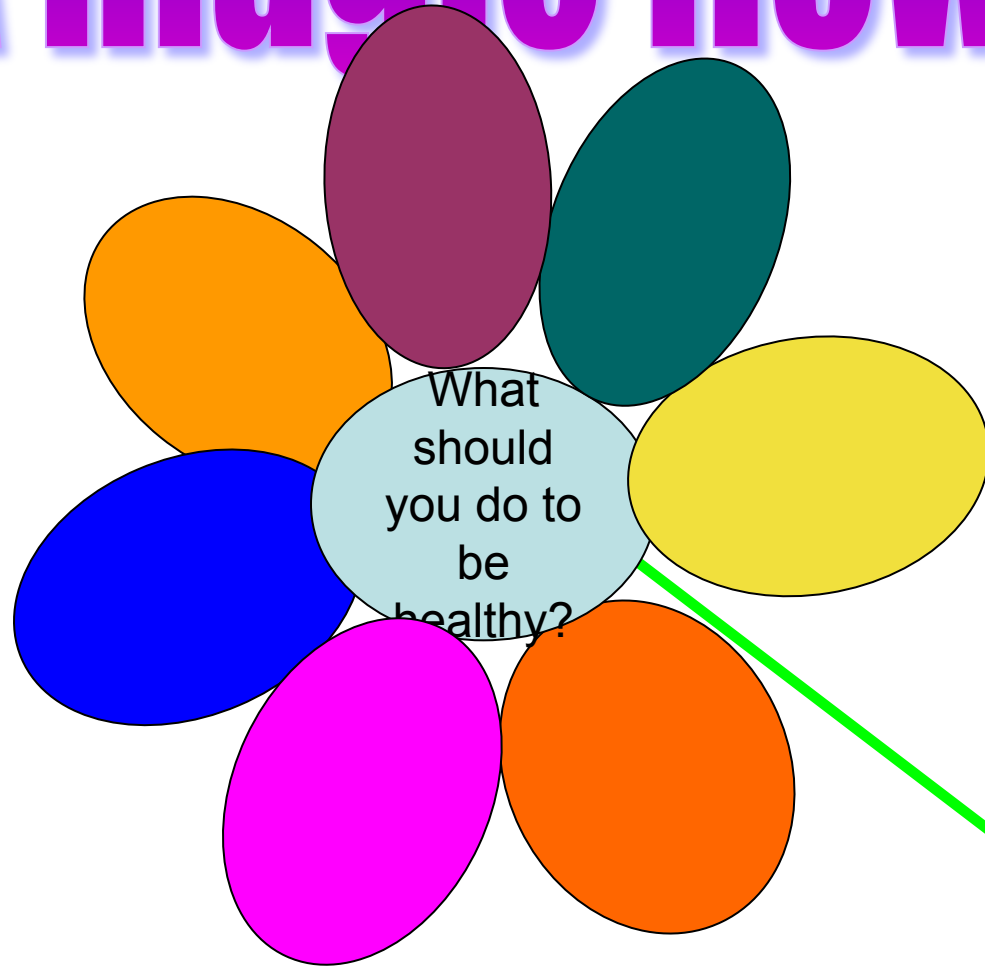
Across:

1. A place where we get medical help
4. A sheet of paper with the help of which we take medicine at the chemist's
6. The front of the neck
7. A feeling of being hurt

Down:

1. A state of being well
2. You take it to treat an illness
3. ... is what one usually eats and drinks
4. A person who needs medical help
5. A person who gives us medical help
7. The number of movements that you can feel in a minute

A magic flower



What
should
you do to
be
healthy?

Home Assignment

Write a prescription for a patient



Thank you for your attention!