

# Food and Health.



# Write the words in three columns.

- Tomato, cucumber, orange, cornflakes, cheese, milk, apple, juice, sugar, butter, ham, eggs, coke, tea, bananas, coffee, mineral water, yogurt, pears.

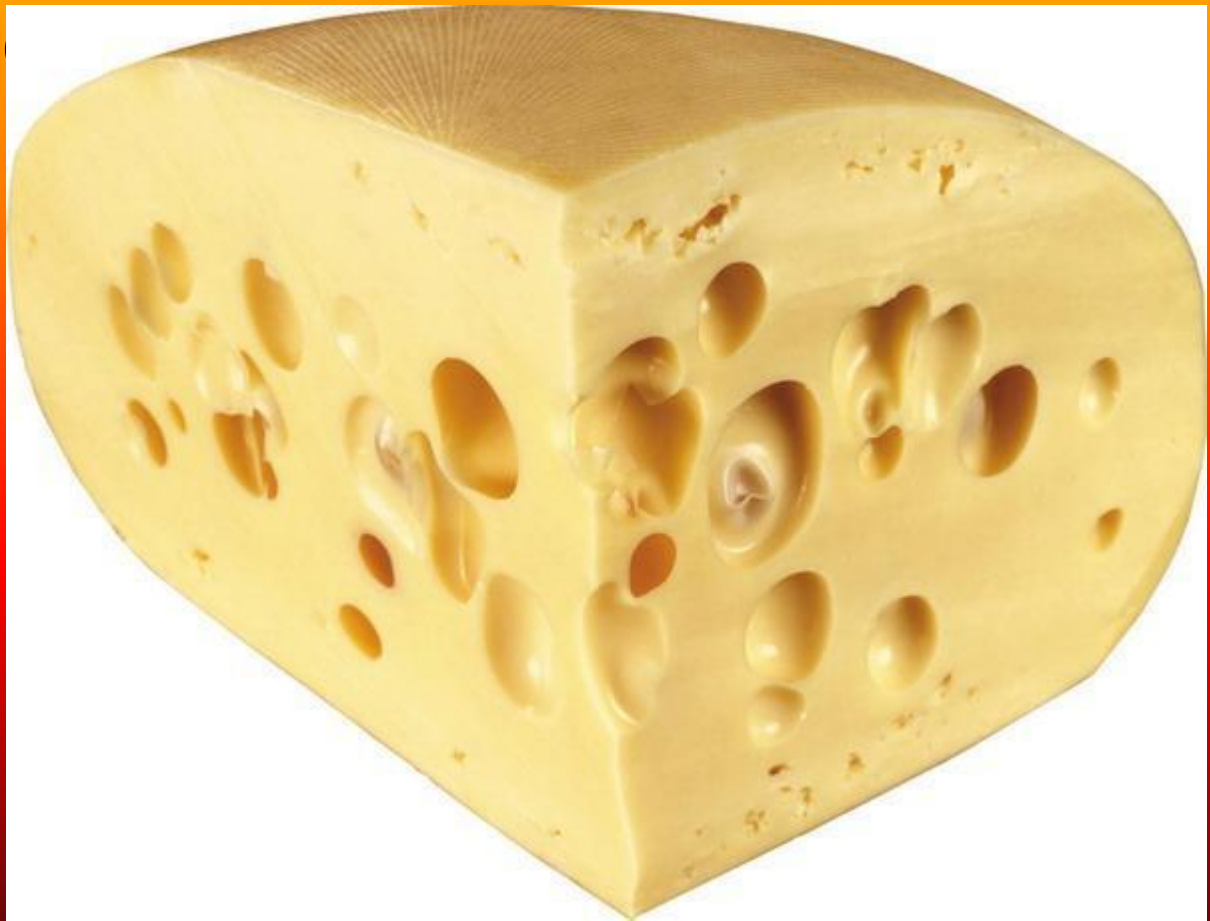
Drinks.	Vegetables.	Fruits.	Others.

Let us continue warming up our  
vocabulary.

- Вкуснотища-very good!!!!пищу  
называют-food.



- Это вовсе не каприз, сыр мы называ



- Мясо жарится, шкварчит, мясо по-английски-



- Арбуз предпочитаю сливам, арбуз иначе-water-melon.



- Узнали все впервые, что груша-pear.



- Масло надо всем ребятам. Масло по-английски-butter.





- Без соли борщ не лезет рот, соль по-английски-salt.



- Ведро воды не принесете? Вода, водичка будет-water.



- Слива тут и слива там, слива по-английски-plum.



- Виноград мы съели весь. Виноград иначе-grapes.



# Answer my questions.

- Do you like milk?
- What time do you have lunch?
- Did you have salad yesterday?
- How much sweets do you usually eat a day?
- What is your favourite food?



# Healthy and unhealthy food.

- Words: bread, butter, meat, sugar, sweets, fruit, chips, vegetables

Keep your healthy.	Give you energy.	Help you to grow and make strong.	Empty food.

Read the statements and say T(true)or  
F(false).

- All foods are good for you.
- Vitamins and minerals help you to keep healthy.
- Fruit and vegetables are full or suger and fat.
- Sweets, chips and coke keep you healthy.
- YOU SHOULD EAT A VARIETY OF FOODS TO STAY HEALTHY AND GROW BIG AND STRONG.