

# Презентация к уроку по теме «Are you a healthy kid?»

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**Цель урока: способствовать  
осознанному выбору жизненной  
позиции учащихся в контексте  
изучения темы «Are you a  
healthy kid?»**





Early to bed and early to  
rise makes people  
healthy and wealthy  
and wise.

Кто рано ложится и  
рано встает,  
здоровье, богатство  
и ум наживет.

Русский

эквивалент: Кто  
рано встает – тому  
Бог дает.



Listen and read the doctor's lecture about flu. Tick the missing advice.



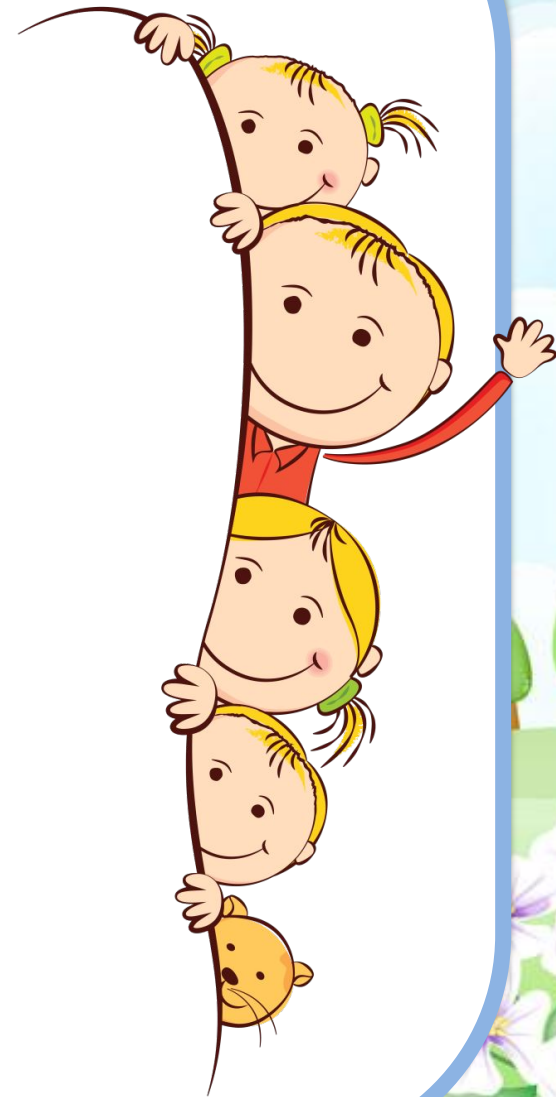
If you have flu, you should:

- Drink a lot of water, tea or juice.
- Eat some chicken soup.
- Go to bed.
- Sleep a lot.
- Stay home.
- Keep warm.

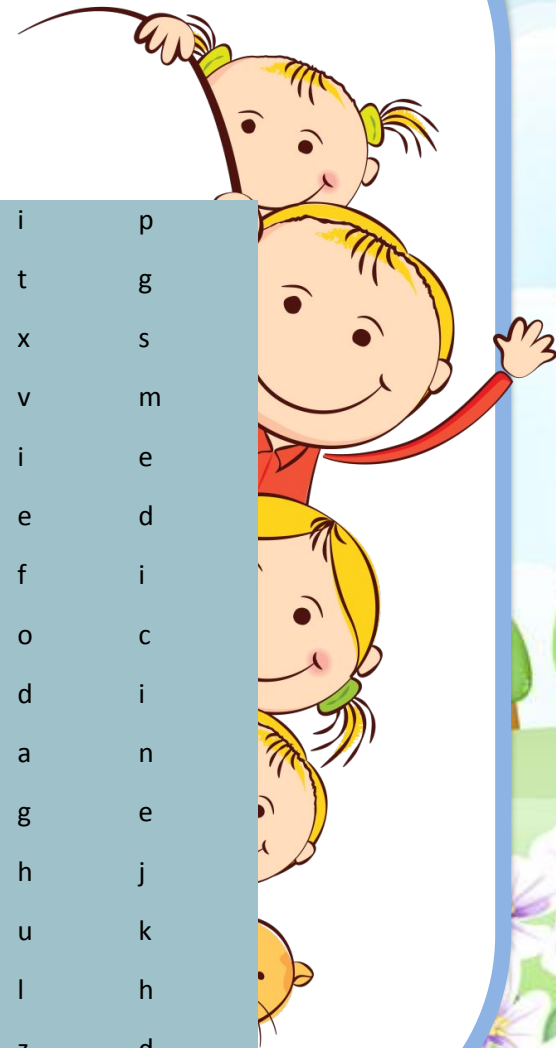


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1. You shouldn't \_\_\_\_\_ much.  
*Walk/watch TV*
2. You should sleep for \_\_\_\_\_ hours.  
*Nine/five*
3. You should drink \_\_\_\_\_ at breakfast  
time. *Milk/coffee*
4. You should play enough \_\_\_\_\_ .  
*Computer games/sport*
5. You should exercise not less than  
\_\_\_\_\_ every day. *One hour/seven  
hours*



f e a r a c h e c h i p  
l s q u d e n t i s t g  
u h g p x o z h f u x s  
o q s p l a s t e r v m  
i d z u a g i v d g i e  
a k s o c h s l m e e d  
p a o s o q a v h o f i  
q h r c m j o h j n o c  
b o e f p h k e n m d i  
v e t e r i n a r i a n  
n m h a e u s l q j g e  
e h r q s g x t b q h j  
a q o k s b o h v o u k  
w m a h f l e a l x l h  
r z t n a e s n c x z d



**Thank you! Have a nice day and  
be healthy!**

