

Цель урока: способствовать осознанному выбору жизненной позиции учащихся в контексте изучения темы «Are you a healthy kid?»



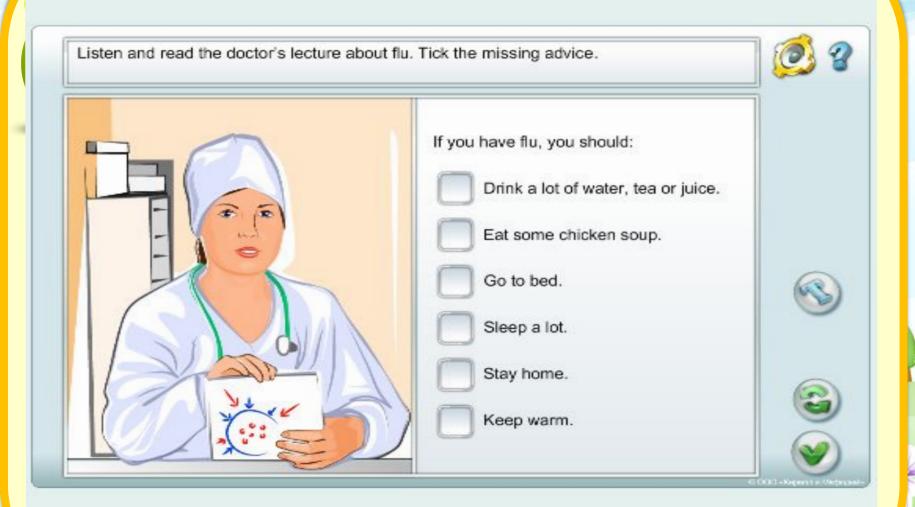
Early to bed and early to rise makes people healthy and wealthy and wise.

Кто рано ложится и рано встает, здоровье, богатство и ум наживет.

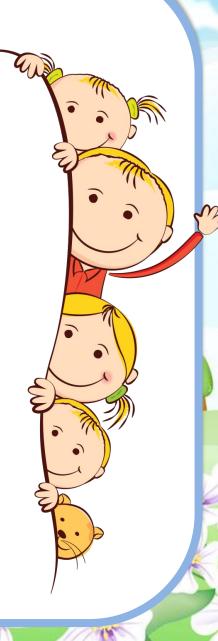
Русский эквивалент: Кто рано встает – тому Бог дает.



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- 1. You shouldn't \_\_\_\_ much. Walk/watch TV
- 2. You should sleep for \_\_\_\_\_ hours. *Nine/five*
- 3. You should drink \_\_\_\_\_ at breakfast time. *Milk/coffee*
- 4. You should play enough \_\_\_\_\_. Computer games/sport
- 5. You should exercise not less than every day. *One hour/seven hours*



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Thank you! Have a nice day and be healthy!



