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«Keep fit and healthy»

Цель урока:

**систематизировать и обобщить
знания по теме «Здоровье»**



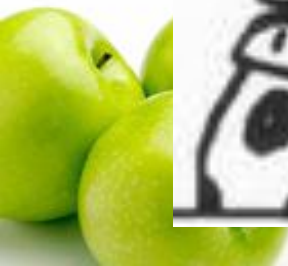
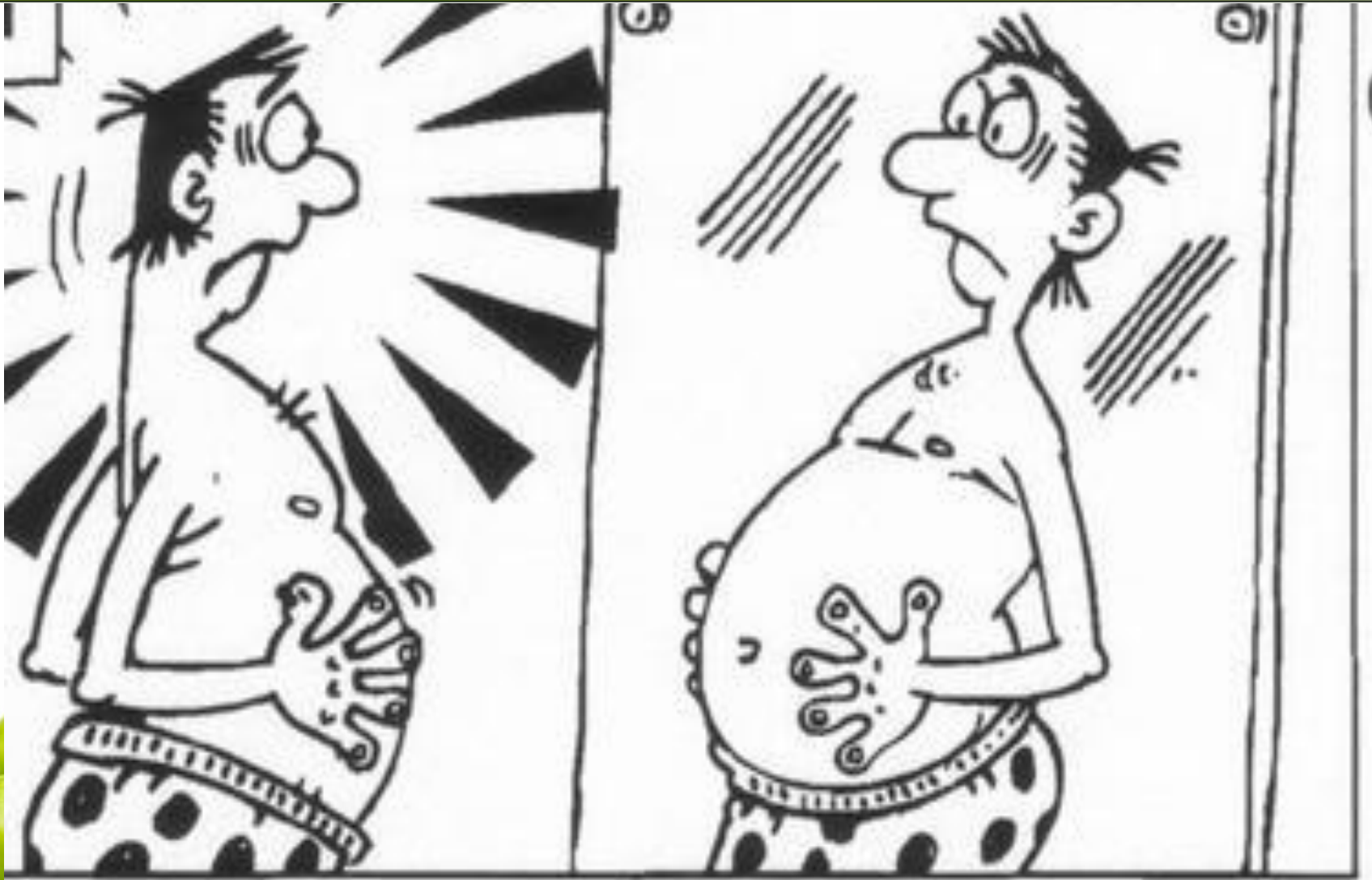
«Fitness forever»



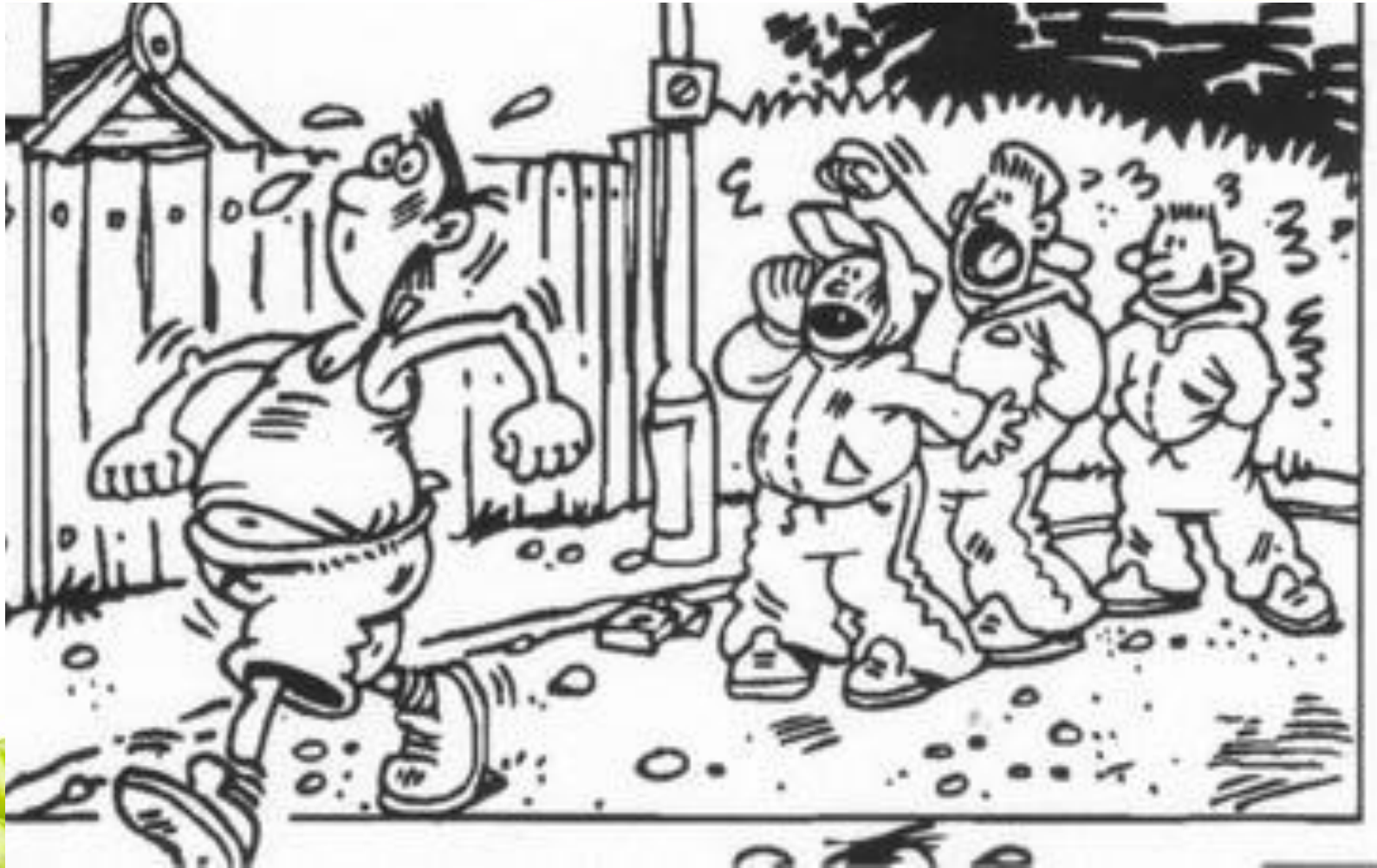
**Listen to the text and match
the pictures and the
sentences**



Tony looked at himself in the mirror. He was very overweight with a big stomach.



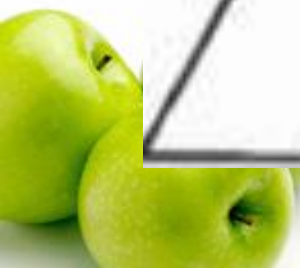
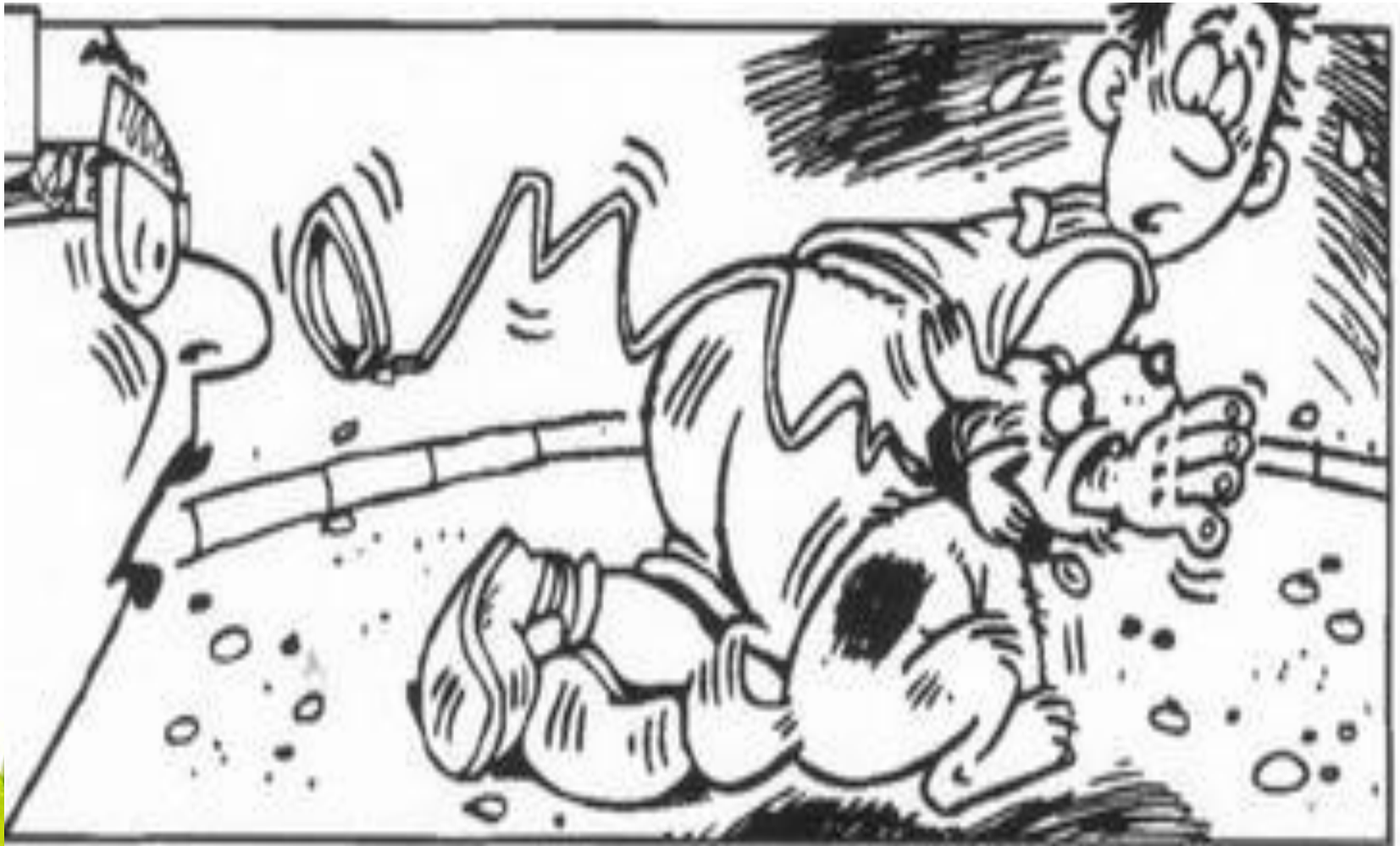
He put on his shorts and started to run along the road.



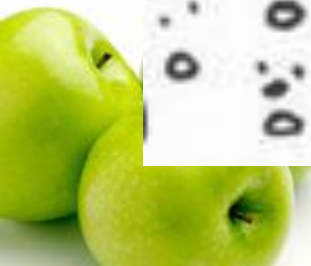
**Two ladies were talking on the pavement.
One of them had a dog.**



**When he was getting up
the dog bit him.**



When he was limping home it started to rain and he got very wet.



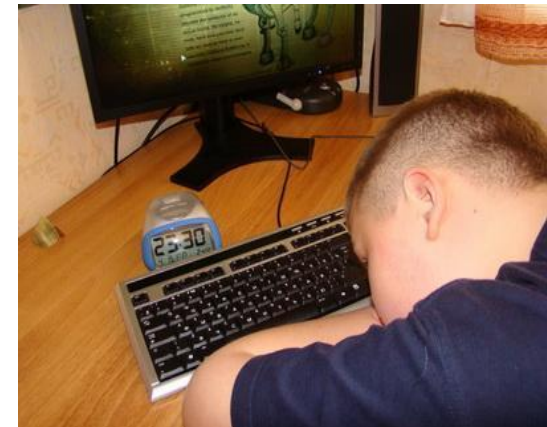
Let's relax



What should you do to be healthy?



What shouldn't you do to be healthy?



True or False?

You should go to bed late

You should clean teeth twice a day

You shouldn't watch TV too long

You shouldn't eat many sweets

You should play computer games for
3 hours



**Read the text and find
the right answers**



Make up and act out the dialogue



a headache



a sore throat



a cold



Vitamins



Vitamin A



carrot



cabbage

*It is good for
your eyes*



tomato



Vitamin B



milk

*It makes you strong
and active*



cheese



cereal



Vitamin C



onion

*It helps you to
resist diseases*



lemon



orange

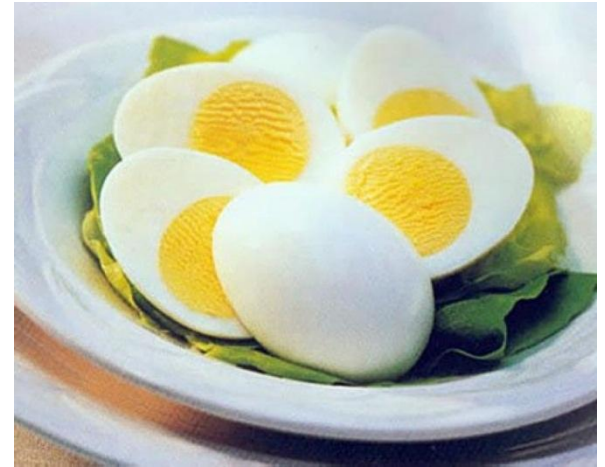


Vitamin D

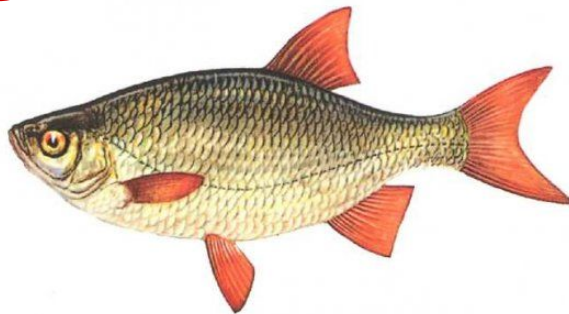


butter

Keeps your teeth and bones healthy



egg



fish



Make up posters

**Medicine
Advices**



**Healthy
Rules**

**Healthy
Food**



I wish you to be healthy!



Home task



- 1) Заходим на сайт:
<http://www.ego4u.com>.
- 2) Переходим на ссылку:
Chat with Egon
- 3) «Беседуем» с
дракончиком по имени
Egon





Goodbye!

