



***Headache, toothache,
earache,
backache, stomachache,
I don't know this words.
And what do you know?-***



Form: 7

Mixed lesson

Theme of the lesson: Health Problem



Procedure of the lesson:

- I. Organizational moment.**
- II. Checking home task.**
Use of visual aids strategy.
- III. The way for the beginning new lesson.**
Enjoy your English.
Active Vocabulary
- IV. The thought about song**
Free writing strategy.
- V. Working with the book.**
Work in groups strategy.
- VI. Thoughtfull strategy.**
What do you know about Karen?
- VII. To take the sizes for the illustration strategy**
- VIII. Working with the proverbs.**
- IX. Test yourself**
- X. Giving home task.**
- XI. Giving marks.**
- XII. Conclusion.**



Use of visual aids strategy

A headache



**If I have a headache ,
I take some aspirins**

a toothache



**If I have a toothache,
I go to the dentist**

a backache



**If I have a backache
I shouldn't lift heavy
things**



an earache



**If I have an earache,
I go to the doctor**

a stomachache

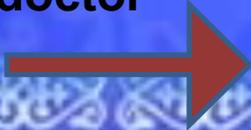


**If I have a stomachache
I take some pills for it.**

a cold, a flu



**If I have a cold or flu,
I get some medicine from
the chemist's.**



a fever



If I have a fever I drink lots of liquids and take my temperature.

a cough



If I cough I drink mixture or warm milk with honey.

an insomnia



If I have an insomnia I drink a glass of warm milk and go to bed.



**1. I cough and sneeze,
My nose is runny.**



**2. I've got a temperature,
My whole body aches,
I feel awful.**



**3. I can't sleep.
I drink a glass of warm milk,**



Active Vocabulary

candy (American English)

[kændi]

кәмпит

Sweet (British English)

[swit]

кәмпит, тәтті

healthy food

[heləi fud]

пайдалы тамақ

junk food

[dʒaŋk fud]

зиянды тамақ

glutton

[glʌtn]

мешкей, тойымсыз

diligent

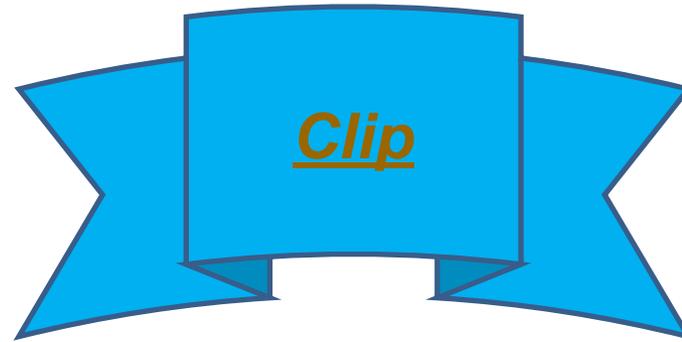
[dɪlɪdʒənt]

ұқыпты, ынталы

The way for the new lesson.

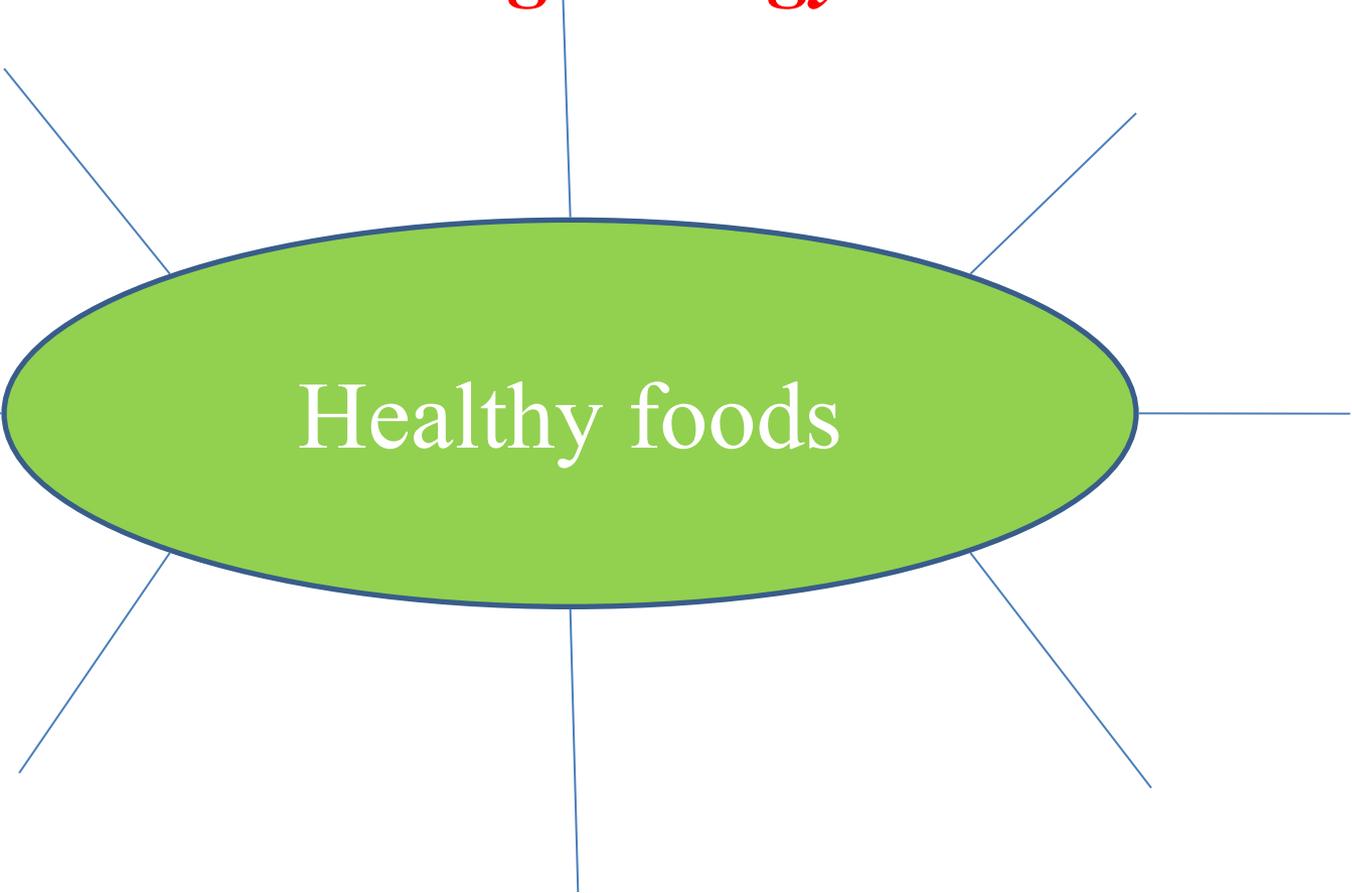
Enjoy your English.

Listen to “the food song clip”and sing the song all together,dance



The Food Song (Clip) - Kids + Children Learn English Songs.3gp

*The thought about song.
Free writing strategy.*



Healthy foods

Junk foods

V. Working with the book.

Work in groups strategy

Exercise 6. Read the text "Health Farm".

Group A. Part 1. General teenage health problems.

Part 4. The Health Farm's results.

Group B. Part 2. Karen's old habits.

Group C. Part 3. Karen's new habits.

Health Farm

1. "Thousands of teenagers are overweight", says Health Farm manager Mr White, "Many teenagers often do not know how to eat well and stay healthy, like Karen"

2. Karen was 13 years old. She weighed 80 kilos and was 1.55m tall. Karen usually had a large bowl of cereal for breakfast. At school she always had fried chicken and chips every lunch time. In the evening Karen usually had more fried food and she often ate a packet of biscuits or a box of chocolates in front of the television. Karen never ate any fruit and she rarely had fresh vegetables. Her main exercise was changing the TV channel or opening the fridge door.

3. Health Farm helped Karen with her diet and exercise plan. She now eats lots of fresh fruit and vegetables and goes swimming regularly. She never did any sport before because she worried about her size. She now weighs 60 kilos and is still losing weight.

4. Mr White says, "Teenagers often come to the Farm depressed and with very little confidence. When they leave us they are usually happier and much more confident about themselves."

VI. Thoughtful strategy.

What do you know about Karen?

A. 13years old

80kilos

1.55cm tall

Her main
exercise

about Karen

At school...
fried chicken,
chips,crisps

... never ate any fruits
vegetables

..a large of cereal f
or breakfast

At home...
more fried food
packet of biscuits,
box of chocolate

B.

Health Farm helped...

Karen is at Health Farm

60 kilos now

...lots of fresh fruits
fresh vegetables

swimming
regularly

C.

Teenager's eating rules



Health Farm manager Mr White's words



...don't know how to eat well
and stay healthy

...come to the Farm depressed and
with very little confidence

...when they live us they are usually happier
much more confident about themselves

To take the sizes for the illustration strategy



*Let`s dance and sing
with english children.*

*This song is about parts
of the body.*

yourself

Always

Usually

Sometimes

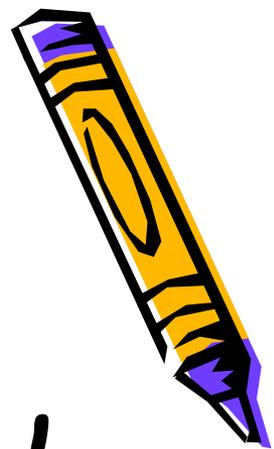
Never



1. Do you have breakfast?
2. Are you careful about what you eat and drink?
3. How often do you do physical exercises?
4. How often do you eat junk food?
5. How often do you eat fresh fruits and vegetables?
6. How often do you weigh yourself?
7. Do you have supper?
8. Do you like watching TV all day?

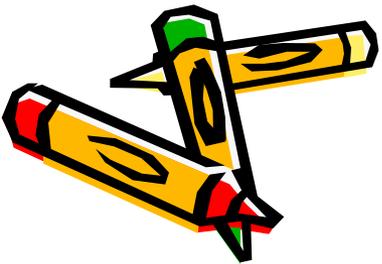
Always	(1,2,3,5,6,7).	You like to live. You are living and hardworking, healthy, thoughtful person.
Usually	(1,2,3,5,6,7).	You are strong and healthy, thoughtful person.
Sometimes	(1,4,7,8).	You are lazy.
Never	(2,3,5,6,8).	You don't like to work. You are passive. You are a glutton.





Health is above wealth.

Дені саудың-жаны сау.



VIII. Giving home task.

Exercise 6. Retelling of the text.

Exercise 14. Make your meal good for you. Draw a picture of your meal. And plan a meal to have together this evening.

IX. Giving marks.

T: I'll give marks for the active pupils.

X. Conclusion.

T: The lesson is over.

Good bye ,pupils!

P: Good bye ,teacher!



Thank you for your attention !

