

Учитель английского языка Алексеева  
Анна

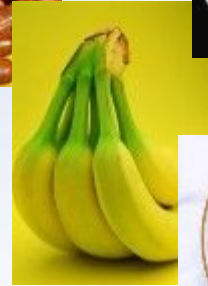
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# Healthy or unhealthy?
















**Example 1:**

-Do you like cakes?  
-Yes, I do/ No, I don't

Name					
Anna					
Max					

**Example 2:**

**Sasha likes bananas, apples**





Everything-  
ВСЁ  
Especially-  
ОСОБЕННО



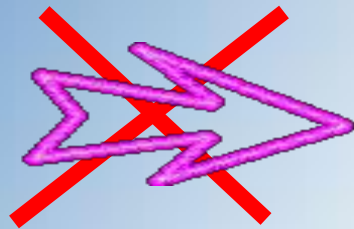
## Why is Winnie fat?

I am Winnie – the –Poor. I live in the forest in England. I am very nice. I am not very fat. Bu I am not slim. I like to eat everything especially honey, sweets, cakes. I have many friends. But I can't jump, run and skip. Help me, please.





**“ An apple a day keeps people  
the doctor away”.**





healthy

unhealthy



Example: .... are healthy / unhealthy food.



# “Winnie at the Rabbit’s place”



Make a list of tasty things that Winnie likes to eat.

Which of them healthy or unhealthy ?







**What must Winnie do to be healthy?**

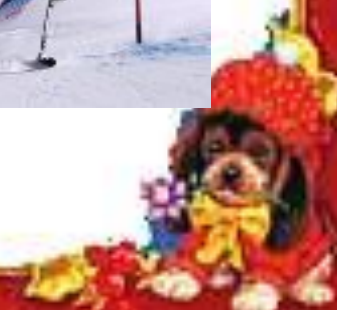
**You are not healthy. You like to eat. That's why you are fat. You must not sleep in the morning. You must not eat butter and much bread for breakfast. You must drink milk and eat a lot of fish. You must run in the park and you must skate. You must swim, skip and jump. You must be strong, but must not be fat.**







# Sport



## Sing and do!

Stand up, sit down, keep moving!

Stand up, sit down, keep moving!

Stand up, sit down, keep moving!

We're all at school today!

Stand up, sit down, open your books, keep moving!

Stand up, sit down, open your books, keep moving!

Stand up, sit down, open your books, keep moving!

We're all at school today!

Stand up, sit down, open your books, close your books, keep moving!

Stand up, sit down, open your books, close your books, keep moving!

Stand up, sit down, open your books, close your books, keep moving!

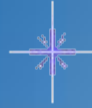
We're all at school today!



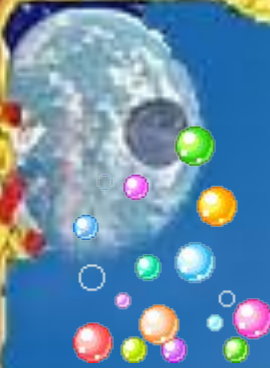


**Correct the mistakes**

**You are not healthy.  
You must stand on  
your head. You must  
eat sweets and drink  
coffee. You must not  
run and jump, you  
must not swim.**



What does she like to eat?







Doctors

# Gold rules



Cookers

## Prescription

You must...

You must not....



## Recipe

Mix....



Help yourself.





# Questionnaire

**1 point for the positive answer**

1. Do you eat meet in the morning?
2. Do you like to play football?
3. Do you eat many sweets?
4. Do you drink milk?
5. Do you run and jump?
6. D o you drink much lemonade?
7. Do like sport?

If you have 3 -4 points, you are healthy.  
If you have over 4 points, you are not healthy.







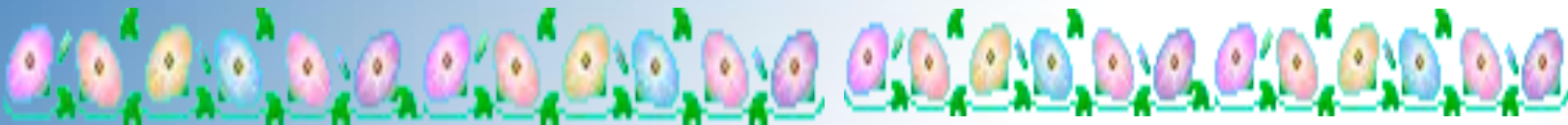
# A success light signal



Choose an apple if you think that people must eat healthy food and do sport.

Choose a sweet if you think that people must eat only tasty food and mustn't do sport.

Choose chips if you think that people must eat unhealthy food and mustn't do sport at all.





# Good bye!

You know an apple a day  
Won't keep the doctor away

Welcome to the cliches  
Welcome to the part  
Where we wanna finish  
What we can't start  
Come and get me

Just don't miss the water  
Until the well is dry  
You got to learn walking  
After you can fly  
Come and get me

What goes in, will get out  
What goes up, comes right down  
We go up, we go up, we go up

You know an apple a day  
Won't keep the doctor away  
Were never taught what we teach  
And won't practice what we preach

Источники:

- Биолетова М.З. Учебник "Enjoy English-2", Обнинск. «Титул», 2005;
- Биолетова М.З. Книга для учителя.

