

KEEP FIT FOR TV STARS

Many probably thought about how TV stars always in shape



Now I'll tell you about right eating*

Rules is easy

- 1. Eating the right food
- 2. Don't eating fast food



"Right food"

- Vegetables
- Fruits
- Some meat
- Some nuts



FAST FOOD

- ⦿ Cheeseburgers
- ⦿ Hotdogs
- ⦿ Many meat
- ⦿ Many cheeps



**If you want to become a TV
star eat the right food**

*The
End*