



# the Lake District

Irina Guseva  
Group 202P

# A brief history

- It is 880 square miles, and gained National Park status in 1951.
- Located in Cumbria in the North West of England.
- Sheep farming has been a main stay of the economy over the years.
- The Lake District and the history of English literature in the 18th and 19th centuries go hand in hand. (Thomas Gray, Grasmere, Rydal Mount, Donald Campbell)



# Lake district has 5 regions:



Central Lakes

North Lakes

South Lakes

West Lakes & Coast

East Cumbria



# Cities, towns and villages

- Windermere and lake of the same name.
- Ambleside at the top of Windermere - a major tourist centre.
- Keswick on the shores of Derwent Water, the heart of the northern Lakes.
- Coniston, village on the shores of Coniston Water.
- Hawkshead, village to the north of Esthwaite Water
- Grasmere and lake of the same name.
- Glenridding on the shores of Ullswater.
- Kendal on the eastern edge of the Lake District
- Penrith - the northern gateway to the lakes.
- Eskdale Green - western side of the lakes.
- Bowness-on-Windermere - at the middle of Windermere (lake).

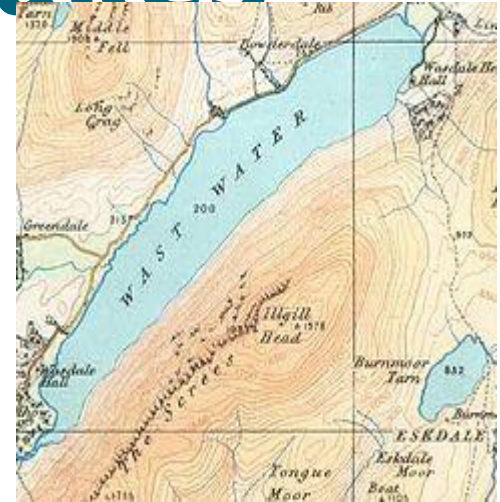
# Lakes



The Lake District comprises 16 lakes, 53 tarns, and several “waters”. All possess their own unique features and provide a comforting sense of permanence, standing as they do, framed by glorious backdrops of mountains, fells, and woodland.

# Wast Water, Central Lakes

- England's deepest lake.
- This is an isolated area of spectacular beauty.
- Wasdale Head to the north of the area is a popular climbing centre.



# Windermere, South Lakes

- ❑ Windermere is England's largest lake.
- ❑ Its name comes from the Scandinavian.
- ❑ You can hire a boat from Bowness and row or sail yourself around the central islands.
- ❑ The cruise boats on Windermere offer 'Round the Lakes' cruises.



# Derwentwater, North Lakes

- ▣ Derwentwater is located on the southern fringe of Keswick.
- ▣ Most of the shoreline around Derwent is owned by the National Trust.
- ▣ There is a lot of activity going on around the lake such as rowing boats and motor boats for hire on the lake.



# Fells

- ▣ Hills or mountains in the Lake District are known by the local name of Fells.
- ▣ Not high (about 1000 metres).
- ▣ There are 214 Fells
- ▣ Many opportunities to ridge-walk between the fells.
- ▣ The highest is Scafell Pike (pronounced "Score-fell"). Great Gable and Helvellyn are popular choices.



# What can you do?

**Go walking.** Most visitors spend their time walking on the Fells or by the Lakes.



The park has over two hundred fells, all of which are open to visitors.

- ▣ **Ullswater Steamer.**
- ▣ **Keswick Launch** offers clockwise and anticlockwise circuits of Derwentwater.
- ▣ **Windermere Lake Cruises.** There is a small narrow-gauge steam railway and a tourist steam railway at the foot of Lake Windermere.



# Literature:

- <http://www.lakedistrict-stay.co.uk/>
- [http://www.picturesofengland.com/England/Cumbria/Wasdale\\_Head/Wast\\_Water](http://www.picturesofengland.com/England/Cumbria/Wasdale_Head/Wast_Water)
- [http://wikitravel.org/en/Lake\\_District\\_National\\_Park](http://wikitravel.org/en/Lake_District_National_Park)
- <http://www.lake-district.com/>
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