



the Lake District

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A brief history

- It is 880 square miles, and gained National Park status in 1951.
- Located in Cumbria in the North West of England.
- Sheep farming has been a main stay of the economy over the years.
- The Lake District and the history of English literature in the 18th and 19th centuries go hand in hand. (Thomas Gray, Grasmere, Rydal Mount, Donald Campbell)



Lake district has 5 regions:



Central Lakes

North Lakes

South Lakes

West Lakes & Coast

East Cumbria



Cities, towns and villages

- Windermere and lake of the same name.
- Ambleside at the top of Windermere - a major tourist centre.
- Keswick on the shores of Derwent Water, the heart of the northern Lakes.
- Coniston, village on the shores of Coniston Water.
- Hawkshead, village to the north of Esthwaite Water
- Grasmere and lake of the same name.
- Glenridding on the shores of Ullswater.
- Kendal on the eastern edge of the Lake District
- Penrith - the northern gateway to the lakes.
- Eskdale Green - western side of the lakes.
- Bowness-on-Windermere - at the middle of Windermere (lake).

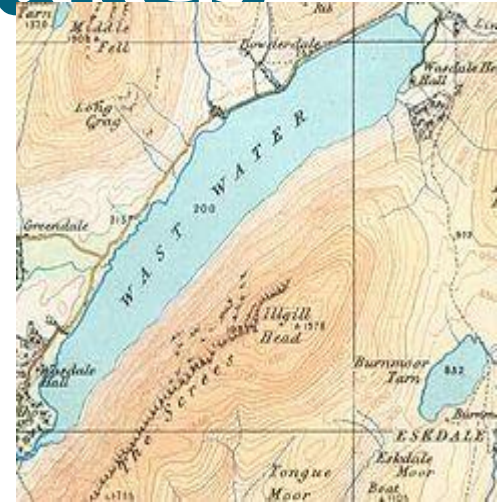
Lakes



The Lake District comprises 16 lakes, 53 tarns, and several “waters”. All possess their own unique features and provide a comforting sense of permanence, standing as they do, framed by glorious backdrops of mountains, fells, and woodland.

Wast Water, Central Lakes

- England's deepest lake.
- This is an isolated area of spectacular beauty.
- Wasdale Head to the north of the area is a popular climbing centre.



Windermere, South Lakes

- ❑ Windermere is England's largest lake.
- ❑ Its name comes from the Scandinavian.
- ❑ You can hire a boat from Bowness and row or sail yourself around the central islands.
- ❑ The cruise boats on Windermere offer 'Round the Lakes' cruises.



Derwentwater, North Lakes

- ▣ Derwentwater is located on the southern fringe of Keswick.
- ▣ Most of the shoreline around Derwent is owned by the National Trust.
- ▣ There is a lot of activity going on around the lake such as rowing boats and motor boats for hire on the lake.

Fells

- ▣ Hills or mountains in the Lake District are known by the local name of Fells.
- ▣ Not high (about 1000 metres).
- ▣ There are 214 Fells
- ▣ Many opportunities to ridge-walk between the fells.
- ▣ The highest is Scafell Pike (pronounced "Score-fell"). Great Gable and Helvellyn are popular choices.



What can you do?

Go walking. Most visitors spend their time walking on the Fells or by the Lakes.



The park has over two hundred fells, all of which are open to visitors.

- ▣ **Ullswater Steamer.**
- ▣ **Keswick Launch** offers clockwise and anticlockwise circuits of Derwentwater.
- ▣ **Windermere Lake Cruises.** There is a small narrow-gauge steam railway and a tourist steam railway at the foot of Lake Windermere.



Literature:

- <http://www.lakedistrict-stay.co.uk/>
- http://www.picturesofengland.com/England/Cumbria/Wasdale_Head/Wast_Water
- http://wikitravel.org/en/Lake_District_National_Park
- <http://www.lake-district.com/>
- <http://www.lakedistrict.gov.uk/visiting/placestogo/explorewindermere/goodtoknowwindermere>