



“Eating Habits”

The appetite grows by eating

Listen, read and repeat

[ɪ]- sweet, tea, tea-break, Easter, meat, meal,
cheese, pizza

[i]- biscuit, foreigner, tin, chips, Christmas

[aɪ]- pie, slice, kind, type, like, knife

[æ]- sandwich, salad, Valentine's Day, have

[eɪ] – cake, break, made, mayonnaise, plate, table

[ʌ]- bun, Mother's Day, others, lunch, discuss,
butter

[o]- shop, strong, tablecloth, sausage, teapot,
foreigner

[o:] – sort, fork, salt, water, more, before

[ʊ]- pudding, woman, put, full, look

[u:] – tooth, juice, spoon, food, too

[əʊ]- roll, slow, rose, phone, know

Proverbs

- Every cook praises his own broth Каждый повар хвалит свой бульон
- After supper mustard После ужина горчица
- Tastes differ Вкусы расходятся
- A hungry man is an angry man Голодный человек – сердитый человек
- It is no use crying over spilt milk Бесплезно плакать над разлитым молоком
- Dry bread at home is better than roast meat abroad Сухой хлеб дома лучше, чем жареное мясо за границей
- Too many cooks spoil the broth Слишком много поваров портят бульон
- You cannot make an omelette without breaking eggs Невозможно сделать омлет, не разбив яиц
- Before you choose a friend, eat a bushel of salt with him Прежде чем выбрать друга, съешь с ним мешок соли
- Better an egg today than a hen tomorrow Лучше яйцо сегодня, чем курица завтра
- To lengthen your life, lessen your meals Чтобы продлить свою жизнь, уменьши\сократи\ свою еду
- The way to a man's heart is through his stomach Путь к сердцу мужчины лежит через его желудок
- He has other fish to fry Он жарит другую рыбу (т.е. он занят другими делами)
- First catch your hare, then cook him Сначала поймай своего зайца, а потом готовь его

PRACTICE THE FOLLOWING BITS CONVERSATION "IN A CHAIN", SUBSTITUTING THE ITALICIZED WORDS BY THE WORDS SUGGESTED IN THE LISTS

-
- E.g. A (to B). What shall I cook for dinner?
- B (to A). Cook **roast chicken**, please. We haven't had **roast chicken** for dinner for a long time.
- (to C). What shall I cook for dinner?
- C (to B). Cook **fried fish**, please. We haven't had **fried fish** for dinner for a long time.
- (to D). What shall I cook for dinner?
- D (to C). Cook **mushroom soup**, please. We haven't had **mushroom soup** for dinner for a long time.
- (to E). What shall I cook for dinner? Etc

1

- Pass me the **salt**, please.
- Here you are.
- Thank you.
- You are welcome.

(Words for substitution: *bread, butter, sugar, pepper (перец), mustard (горчица), spring onion (зеленый лук), parsley (петрушка), dill (укроп), jam, marmalade, cheese, sour cream (сметана).*)

2

- These **cookies** are delicious! Can I have another one?
- Of course. Help yourself.

(Words for substitution: *pies, chocolate, peaches, cakes, pancakes, rolls, buns, marinated cucumbers*)

3

- Your **fish salad** is delicious! Can I have another helping?
- Certainly, you are welcome.

(Words for substitution: *meat salad, Russian salad, cabbage soup, buckwheat porridge (гречневая каша).*)

4

- Shall I cook **liver** for dinner?
- Oh, great! We haven't had **liver** for dinner for a long time.
(Words for substitution: *kidneys, turkey, cutlets, fish soup, spaghetti, stewed cabbage, mushrooms, beef-steak, roast beef, fried potatoes.*)

5

- Help yourself to **the salad**.
- Thank you, with pleasure.
(Words for substitution: *mushrooms, green peas, herring, cheese, sausage, ham, bacon, cake, pie, chicken.*)

6

- What smells so tasty?
- It's **chicken broth**, I've just cooked it.
(Words for substitution: *cabbage soup, roast turkey, roast beef, buckwheat porridge, mushroom soup, fried fish, liver.*)

Исчисляемые

образуют множественное
число

A banana – banana**s**

An orange – orange**s**

An egg – egg**s**

A nut – nut**s**

A cake – cake**s**

A strawberry – strawberr**ies**

A pepper – pepp**ers**

Неисчисляемые

не имеют множественного
числа

Some meat

Some bread

Some milk

Some coffee

Some cheese

Some porridge

Some tea

МНОГО

Many

Much



bananas



carrots



juice



coffee



cucumbers



oranges



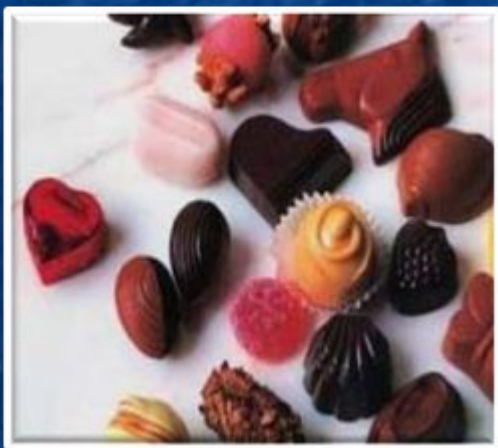
cheese



honey

A lot of

С любыми словами в утвердительных предложениях



I have got a lot of sweets



I have got a lot of juice

Разложи продукты по корзинам!



sweet tooth puddings *at work* *buns*

holidays *at home* *Valentine's Day*

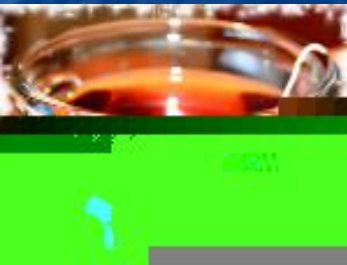
The British have a _____. That means that they like eating sweet things like _____ and pies, jams, biscuits and _____, cakes and rolls.

For the British, any time is eat-a-sweet time: tea-break _____, break at school, watching TV _____ on a car journey, in the cinema or theatre. During _____ like Christmas and Easter, and on special days like Mother's Day and Valentine's Day, they eat even more sweet things.

Answer the questions

- 1. What do the words "the British have a sweet tooth" mean?**
- 2. What kinds of sweet things do you know of?**
- 3. What sweet things do you like?**
- 4. When do the British eat cakes, biscuits?**
- 5. When do the British eat more sweet things?**

English Sandwiches and English Tea



A lot of people in England eat sandwiches for their lunch. There are a lot of sandwich shops in London. You can buy all sorts of sandwiches in these shops. You can get meat sandwiches, or salad sandwiches, or meat –and –salad sandwiches. And you can get cheese, egg or fish sandwiches. You can even buy fruit sandwiches. Each sandwich has 2 thin slices of bread. You put butter and meat between the 2 slices. Lots of foreigners don't like English sandwiches. They like the kind of sandwich we call a roll. Some foreigners don't like English tea, either. English tea is very strong. The Englishmen drink a lot of tea. They drink it with lemon, we drink tea with milk, so it is called the Russian tea.

1. There are a lot of sandwich shops in London.

T

2. You can't buy all sorts of sandwiches in these shops.

F

3. You can even buy milk sandwiches.

F

4. Each sandwich has 2 thin slices of bread.

T

5. You put butter and meat between the 3 slices.

F

6. English tea is very strong.

T

7. We drink tea with meat, so it called the Russian tea.

F

Your impression after the lesson

- 1. На уроке я работал
 - активно \ пассивно
- 2. Своей работой на уроке я
 - доволен \ не доволен
- 3. Урок мне показался
 - коротким \ длинным
- 4. За урок я
 - не устал \ устал
- 5. Мое настроение
 - стало лучше \ стало хуже
- 6. Материал урока мне был
 - понятен \ непонятен
 - полезен \ бесполезен
 - интересен \ скучен
 - легким \ трудным

HOME-TASKS

1. **MAKE YOU TYPICAL MENU FOR A DAY**
2. **MAKE A CROSSWORD ON THE TOPIC "MEAL"**

Match the words with the pictures

- coffee
- sandwich
- cheese
- strong tea
- fish
- pudding
- egg
- porridge
- juice



sandwich



cheese



strong tea



fish



pudding



egg



juice



Match the words

- 1. milk
- 2. an apple
- 3. a dinning room
- 4. a lunch
- 5. an English tea
- **a) a second breakfast**
- **b) where pupils go during break to eat**
- **c) it grows on the apple -tree**
- **d) it gives a cow**
- **e) a tea with lemon**

C	A	T	O	C	F	C	O	N	H
E	P	E	R	A	I	H	R	M	O
G	P	A	B	K	S	E	A	I	N
G	L	A	N	E	H	R	N	L	T
M	E	P	E	A	R	R	G	K	Y
B	A	N	A	N	A	Y	E	B	J
N	U	T	Z	L	E	M	O	N	A
C	H	O	C	O	L	A	T	E	M
H	O	N	E	Y	A	V	Q	W	E
I	C	E	C	R	E	A	M	P	A
P	I	Z	Z	A	R	B	U	L	T
S	A	N	D	W	I	C	H	R	L

C	A	T	O	C	F	C	O	N	H
E	P	E	R	A	I	H	R	M	O
G	P	A	B	K	S	E	A	I	N
G	L	A	N	E	H	R	N	L	T
M	E	P	E	A	R	R	G	K	Y
B	A	N	A	N	A	Y	E	B	J
N	U	T	Z	L	E	M	O	N	A
C	H	O	C	O	L	A	T	E	M
H	O	N	E	Y	A	V	Q	W	E
I	C	E	C	R	E	A	M	P	A
P	I	Z	Z	A	R	B	U	L	T
S	A	N	D	W	I	C	H	R	L