IN THE WORLD OF PROFESSION





В мире профессии

Future is purchased by the present





Будущее приобретается в настоящем



Practice makes perfect

Proverb





Практика ведёт к совершенству







































Exercise №1

Boiled carrots, rice, boiled eggs, cabbage, beef, butter, boiled potatoes, carp, radish, oil, tomato, mayonnaise, salted cucumbers, mushrooms, green peas, veal, cheese, sauerkraut, fish, onions, jam, boiled beetroot, chicken, sausage, mashed potatoes, bacon, salt, pepper

Exercise №2

- Heat the oil in a frying pan.
- Brown on one side. Turn chicken with a spatula.
- Cook the onions in oil until soft. Add chicken.
- Cut the chicken into pieces. Chop the onion.
- Brown on the other side.

Exercise №2

- 1. Cut the chicken into pieces. Chop the onion.
- 2. Heat the oil in a frying pan.
- 3. Cook the onions in oil until soft. Add chicken.
- 4. Brown on one side. Turn chicken with a spatula.
- 5. Brown on the other side.



Tell me what you eat, and I will tell you what you are

Saying

Скажи мне, что ты ешь, и я скажу, кто ты.





Meals in Great Britain

- •Breakfast 7 a.m. 9 a.m.
- •Lunch 12 p.m. 2 p. m.
- •5 o'clock tea 5 p.m.
- •Dinner 7 p.m. 10 p.m.



















THE USA

RUSSIAN RESTAURANTS IN THE USA



Meals in the USA

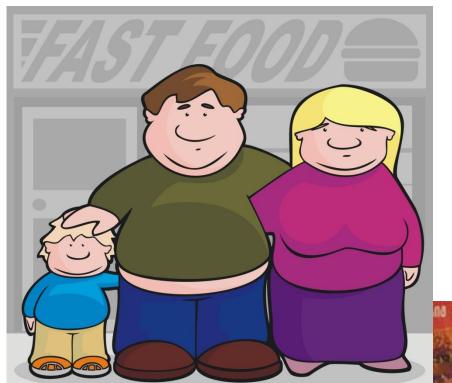
- •Breakfast 7 a.m. 9 a.m.
- •Lunch 12 p.m. 2 p. m.
- •Dinner 7 p.m. 10 p.m.







Breakfast



40% of the British

60% of the Americans



Nutritionist























Proverbs and sayings

- Too many cooks spoil the broth.
- Every cook praises his own broth.
- Hungry bellies have no ears.
- Neither fish nor flesh.
- To fall off the frying pan into the fire.
- You cannot eat your cake and have it.
- Hunger finds no fault with cookery.

Пословицы и поговорки

- Из огня да в полымя.
- Ни рыба ни мясо.
- Всяк кулик своё болото хвалит.
- Голод лучший повар.
- У семи нянек дитя без глазу.
- Голодное брюхо всегда глухо.
- Один пирог два раза не съешь.

You never know what you can do till you try

Proverb

Никогда не знаешь на что способен, пока в деле себя не испробуешь

