

Развитие критического мышления через чтение учебных текстов на уроках английского языка

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***Критическое - не значит негативное,
критика толерантна, конструктивна.***

К.Поппер



- **Критическое мышление** – это способность добывать знания, умение анализировать, оценивать и применять знания в стандартной и нестандартной ситуации.
- **Цель данной технологии** - развитие мыслительных навыков учащихся, необходимых не только в учебе, но и в обычной жизни



Первая стадия - вызов.

Пробуждение имеющихся знаний и интереса к получению новой информации

Вторая стадия - осмысление. :

Получение и осмысление новой информации

Третья стадия - рефлексия.

осмысление, обобщение полученной информации;

Рождение нового знания

Методические приемы РКМЧП

Кластер, синквейн, фишбон, Корзина идей», круглый стол,

«Дерево предсказаний», эссе, Прогноз «Логические цепочки»

Концептуальное колесо, РАФТ, Взаимоопрос и взаимообучение

Толстые и тонкие вопросы, Знаете ли вы, что...(верные и неверные утверждения), Круги по воде, Таблица «З-Х-У»



6a Reading Skills

RAINBOW OF FOOD



Vocabulary

Food

- 1 a Which of the following items are **fruits** / **vegetables**? Find them in the picture above. What colour is each?

• grape • apple • broccoli • carrot • corn
 • lettuce • orange • tomato • cherry • radish
 • lemon • celery • melon • strawberry
 • blueberry • cucumber • pea • pineapple
 • peach • pear • raspberry • plum
 • watermelon • banana • pumpkin • fig
 • lime • cabbage

- b Which of these words are **countable** / **uncountable**? What are their plural forms?

Cooking methods

- 2 How do you eat the following foods in your country? How do you prefer them?

bread potatoes fish meat
 cake rice vegetables
 chicken

• steamed • boiled • toasted • grilled
 • fried • roasted • baked • raw

- We usually eat fish grilled or fried. I prefer it grilled.

- 3 Choose the correct word. Check in your dictionary.

- I want a bottle of fizzy/soda water, not sparkling.
- She loves bitter/silly chocolate.
- Cinnamon and ginger are additives/spices.
- Let's eat. I'm starving/greedy.
- Fizzy drinks contain artificial/safe additives.
- We had lamb chops for our main/basic course.

Reading

- 4 a Listen which colour foods you ate yesterday. How do you think colour is related to food? Listen to and read the text on p. 103 to find out.

- b Read the text again. Which colour food should you eat if ...

- you have a difficult exam to study for?
- you are feeling very nervous about meeting someone?
- you are worried about getting lines and wrinkles?
- you've been feeling a bit sad lately?
- you are taking part in a championship swimming match?

A Red foods get you moving. They give you that extra **boost** when you really need it the most. What's more, eating foods in this group will protect you from many serious illnesses and can keep older people active for longer. So, have you got a big game tonight? Is it your turn to do the gardening? Then go ahead and treat yourself to one or even two of your favourite red foods.

B Orange foods are **brain** food. They help you keep your mind on things and really improve your powers of **concentration**. On the physical side, foods like mangoes, oranges and peaches have lots of vitamin C. This is important because that's the vitamin that helps your body fight off **infections**. As everyone knows, carrots are also fantastic for your **eyesight**. After all, you've never seen a rabbit wearing glasses, have you?

C Yellow foods are nature's way of helping us to stay happy. They make you more **optimistic**. Imagine that you're feeling a bit down in the dumps. Eat a banana and you'll feel a bit better. Eat a couple of slices of pineapple and you'll feel a smile coming on and by the time you finish your tall glass of lemonade, you'll be grinning from ear to ear! What could be easier? Enjoying yellow foods is better for you, emotionally, than hearing the best jokes in the world.

D Broccoli, lettuce and cucumbers are all green foods. These foods are great when you want to relax, calm yourself down or keep your **emotions** under control. Green foods are good for you because they contain vitamins and minerals that keep your teeth and bones strong and healthy, so next time your mum tells you to eat all your peas don't **complain**, just do it. Remember, mums always know what's best for you, no matter how old you are!

E You've had a hard day and now you just want to flop in front of the TV for a bit before you go to bed. When your **tummy** starts **rumbling** you go in search of a quick snack – but what should you eat? The best thing at this time of the day is something blue. Blue foods are **soothing**, both emotionally and **physically**, and prepare you for a good night's rest. Say goodnight with a delicious bowl of blueberries or a **handful** of soft raisins.

F Shakespeare, Da Vinci and Picasso must have all been fans of purple foods. This is because fruits and vegetables like figs, prunes and beetroot make people more **creative**. If that isn't a good enough reason to eat them, then think about this ... purple foods can keep you looking young! Imagine being eighty years old, but looking as if you're forty and just about to finish writing your second best-selling novel. Bring on the purple foods!

- 5 Find words in the text related to the body. Compare with a partner. Add some more.

- 6 a Find the verbs / phrases which mean:

- eat or buy sth you really enjoy
- get rid of
- depressed and miserable
- smiling broadly
- looking for

- b Explain the words/phrases in bold. Find all the root words and create word families.

► boost (root word), word family: boost (verb), boosting, boosted etc

Speaking

- 7 Look at the food list you made in Ex. 4a. How healthy do you think it is? Discuss.

Healthy foods

RICH IN	HIGH AMOUNTS FOUND IN
vitamins, minerals, fibre*	fruit, vegetables
protein	chicken, milk, cheese, yoghurt, meat, fish
carbohydrates	eggs, rice, potatoes, cereal
Unhealthy foods	
sugar, fat	sweets, biscuits, fizzy drinks, butter, oil
	chocolate, crops, cakes

*sets of plants that make food pass quickly through your body

- 8 Portfolio: Prepare a two-minute talk about improving eating habits using a rainbow diet. In your speech: • say why we should have healthy eating habits • mention ways a rainbow diet can help us • recommend the diet. Record yourself.

Writing

- 9 Work out a healthy menu for Monday. Use various colours of food/drinks.

Words of Wisdom

Tell me what you eat, and I'll tell you what you are.

(Antoine Brillat-Savarin, French lawyer and politician)

«Верные и неверные утверждения» или «верите ли вы»

«Верите ли Вы, что ...». Если вы верите, то во второй строке поставьте знак «+», если нет, то «-».

1	2	3	4	5	6	7	8	9	10

- 1 ...фрукты и овощи поднимают иммунитет?
- 2...фрукты и овощи красного цвета дают человеку дополнительную энергию?
- 3...ананас помогает держать ваши эмоции под контролем?
- 4...горсть изюма заменяет таблетку снотворного?
- 5...бананы помогают сосредоточиться при выполнении умственной работы?
- 6...для поднятия настроения нужно съесть зеленое яблоко?
- 7...в лимоне много витамина В?
8. .. сливы имеют омолаживающее действие?
9. ..овощи и фрукты оранжевого цвета богаты витамином А?
- 10...инжир, чернослив, свекла стимулируют творческие способности .



Прием «Инсерт»

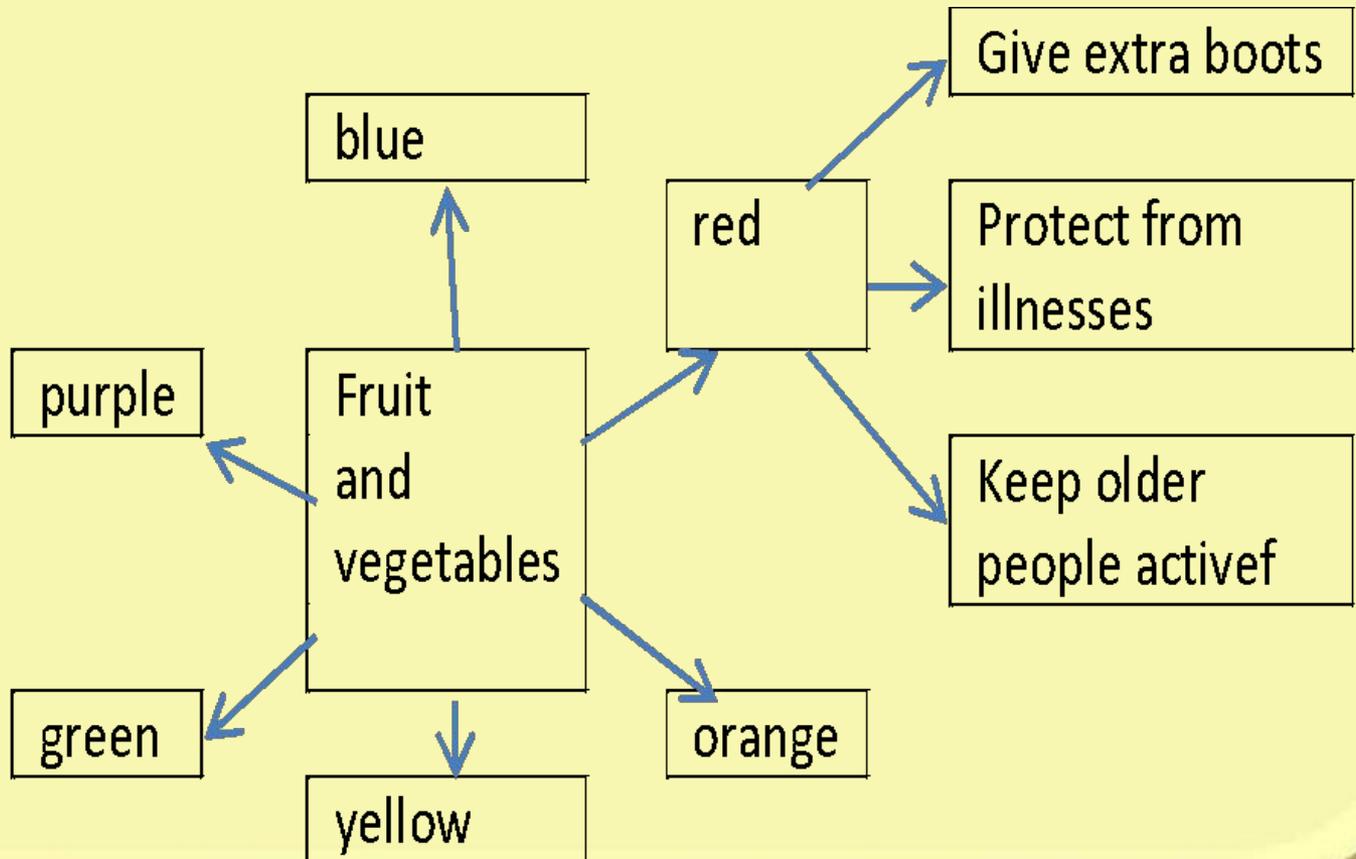
Технологический прием "Инсерт" и таблица "Инсерт" сделают зримыми процесс накопления информации, путь от "старого" знания к "новому". Важным этапом работы станет обсуждение записей, внесенных в таблицу.

«V»	«+»	«-«	«?»
Уже знал	Новое	Противоречит тому, что знал	Хотел получить больше информации
I have already known	It was new	Thought differently	I want to get more information



Прием «Кластер»

Суть приема заключается в том, что информация, касающаяся какого – либо понятия, явления, события, описанного в тексте, систематизируется в виде кластеров (гроздьев).



Прием «Закончи предложение»

1. You should eat (which colour) food if you have a difficult exam, because...
2. You should eat (which colour) food if you are feeling very nervous about meeting someone, because...
3. You should eat (which colour) food if you are worried about getting lines and wrinkles, because...
4. You should eat (which colour) food if you have been lately, because...
5. You should eat (which colour) food if you are taking part in a championship swimming match, because...



Спасибо за внимание!

