

# **My life style**

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I get up at 7 am o'clock



Then I go to wash



**I eat for breakfast porridge and go to school.**



I go to school at 9 am and return 3 pm.



**When I came after school, I have lunch**



# After lunch I do my homework



# After my homework I do sports





**I eat healthy food, for example,  
vegetables, fruits, salad.**



I go to bed at 9 or 10 pm



