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**Present Simple  
and  
Present  
Continuous**

# PRESENT SIMPLE AND PRESENT CONTINUOUS

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## Present Simple

- ▣ регулярное действие

**We read every day.**

**He reads every day.**

## Present Continuous

- ▣ действие происходит сейчас и длится какое-то время

**We are reading now.**

# Present Simple

- Действие происходит:  
**every day**  
**often**  
**usually**  
**always**  
**sometimes**  
**never**

# Present Continuous

- Действие происходит:  
**now**  
**at the moment**  
**Look!**  
**Listen!**



## Present Simple

You **swim** in the sea.

She **swims** in the sea.

## Present Continuous

You **are reading**.

He **is sleeping**.

I **am standing**.

# PRESENT SIMPLE OR PRESENT CONTINUOUS

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- Listen! The baby \_\_\_\_\_ (cry).
- We often \_\_\_\_\_ (read) texts in English.
- She usually \_\_\_\_\_ (walk) to school.
- Look! Monkeys \_\_\_\_\_ (laugh).
- We \_\_\_\_\_ (eat) vegetables every day.
- The hippo \_\_\_\_\_ (run) at the moment.