

Daily routine

Режим дня.

Режим дня — точно размеренный распорядок действий на день - порядок выполнения повседневных дел, установленный распорядок жизни человека, включающий в себя труд, питание, отдых и сон.

I get up at 7 o'clock in the morning.



Then I make my bed, wash myself, brush my teeth and do morning exercises.



I have breakfast at half past 7.



Then I go to school.



My lessons start at 8 o'clock.
I usually have 5-6 lessons a day.



I come home from school at 3
o'clock.



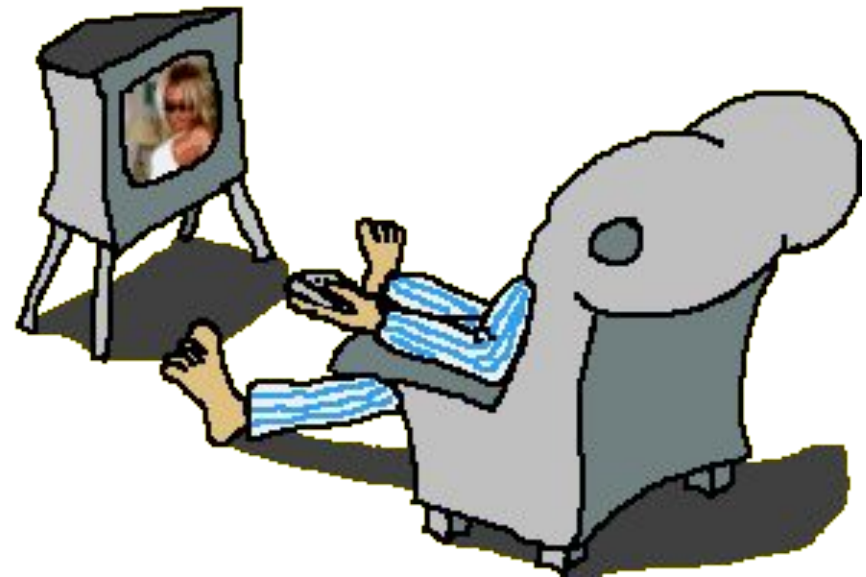
I have lunch after school.



I do my homework from 15:20 o'clock till
17:40 o'clock in the evening.



Then I go for a walk, watch TV or play
games



After that, I have dinner.



I go to bed at 10 o'clock.

