

WHAT DO YOU DO WHEN THE DOCTOR IS NOT AROUND?



HOME REMEDIES



HOME REMEDIES

Warm up:

Word tennis – ‘parts of the body’

Cross out - put down 5 words you associate with the word ‘disease’

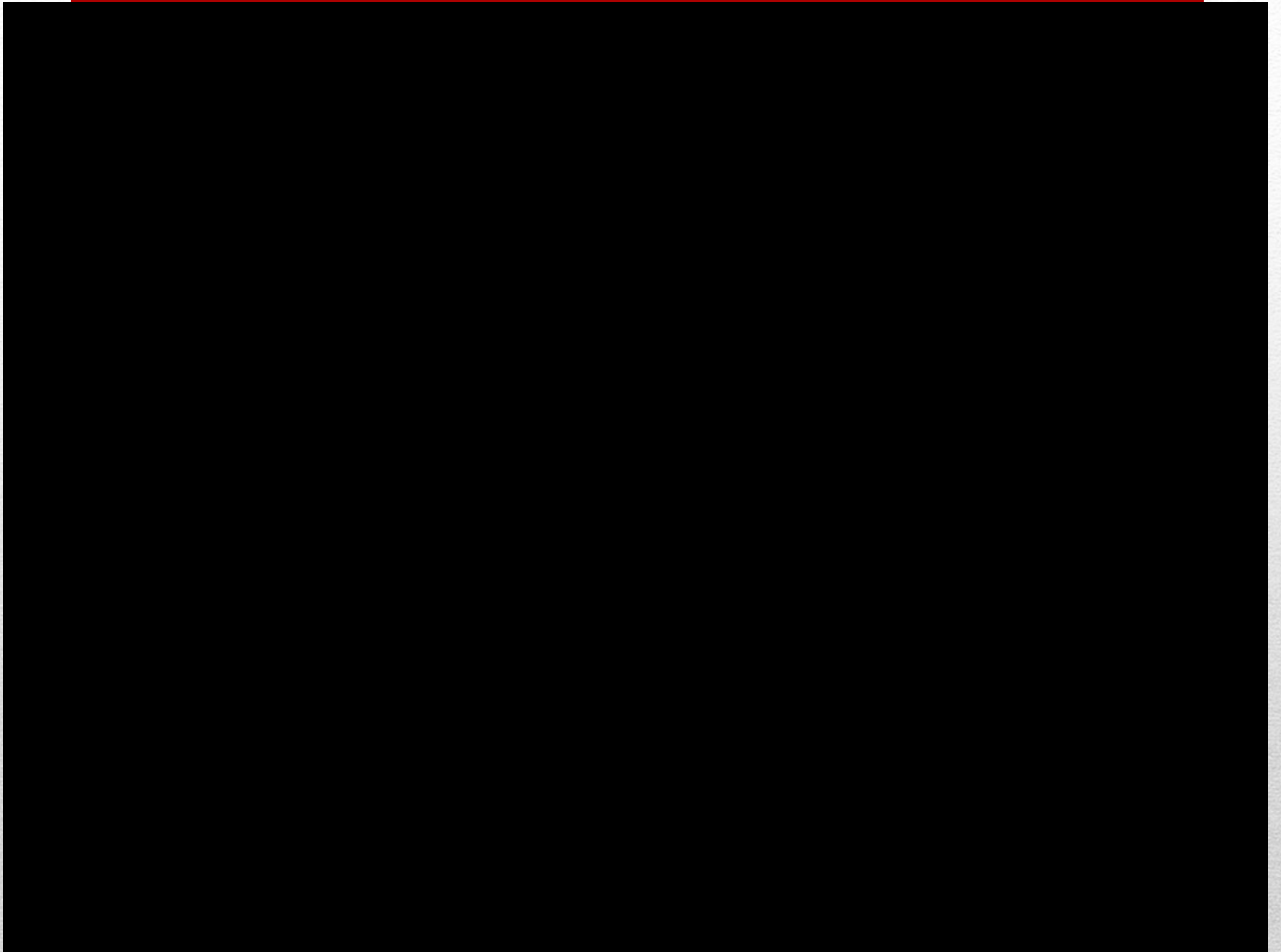
HOME REMEDIES

Setting the problem:

My cure game –

A: I've got a...(headache, toothache, cold...)

B: You should...(go to the doctor, take pills, have a rest, keep to a diet...)



Listen and repeat:

Have a headache

Have a stomach ache

Get a sunburn

Have a mouth ulcer

Have smelly feet

Have hay fever

Get a cold/ the flu



Have a sore throat

Have a bad cough

Have an itchy rash

Have insomnia

Have bad breath

Have a minor cut

Have watery eyes

WHAT HEALTH PROBLEMS CAN THESE FOOD ITEMS HELP?



Garlic
Chicken soup
Milk
Honey
Ginger



WHAT HEALTH PROBLEMS CAN THESE FOOD ITEMS HELP?



Vinegar
Peppermint
Lemon
Tea
Baking soda



WHAT HEALTH PROBLEMS CAN THESE FOOD ITEMS HELP?



Read your extract, fill in the table and share the information with other groups:
Symptoms and the ways to cure them

Remedy	What for	How to apply
Tea	headache	drink a cup of hot tea

Which remedy (or remedies):



- Kills germs/ bacteria?
- Is extremely old?
- Helps you fight skin problems?
- Can soothe a stomach-ache?
- Might help you fight the flu?



Cu
t



lemons
honey
milk
baking soda
garlic
tea
peppermint
vinegar

Sunbur

n



lemons

tea

honey

cucumber

garlic

sour cream

(сметана)

vinegar

Stomach-ache



lemons

ginger

honey

tea

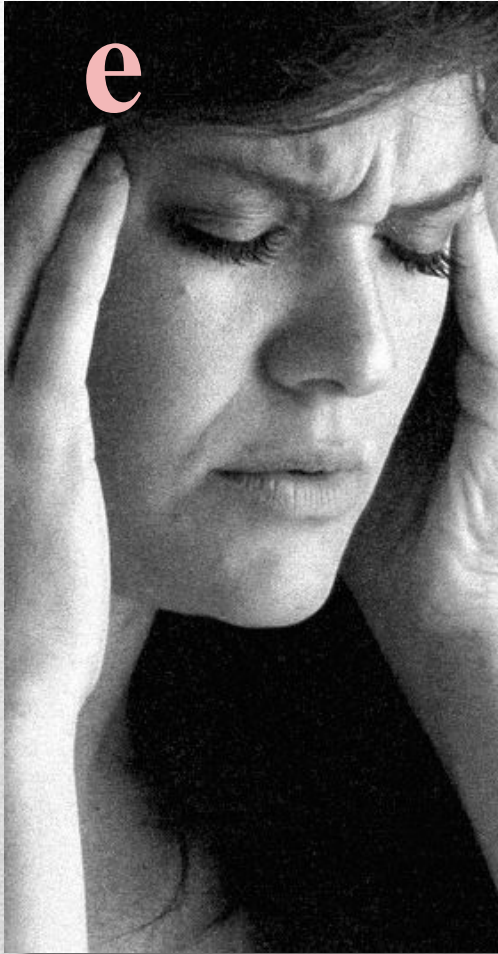
garlic

baking soda

peppermint

vinegar

Headach



lemons
grapefruit
honey
cucumber
baking soda
garlic
tea
peppermint
vinegar

Colds, a sore throat /cough



lemons
baking soda
honey
chicken soup
garlic
tea
peppermint
vinegar

Express your opinion.

I've worked

well

hard

seriously

quickly

I've learnt

about home remedies

nothing at all

how to cure some diseases

homework

Болезнь	Грипп	Причинять боль	Аппендицит
Головная боль	Боль в спине	Боль в желудке	Таблетка
Витамин	Врач	Зубная боль	

P	T	O	O	T	H	A	C	H	E	X	A
M	I	P	X	A	D	T	M	I	O	B	P
N	H	S	Y	B	O	N	N	L	F	A	P
O	N	A	Z	L	C	M	A	L	L	C	A
A	R	C	O	E	T	B	S	H	U	K	N
P	T	B	W	T	O	O	C	E	S	A	D
S	O	D	V	P	R	S	W	S	B	C	A
O	V	I	T	A	M	I	N	S	K	H	C
S	M	O	M	A	C	H	A	C	H	E	I
A	P	P	E	N	D	I	C	I	T	I	S

