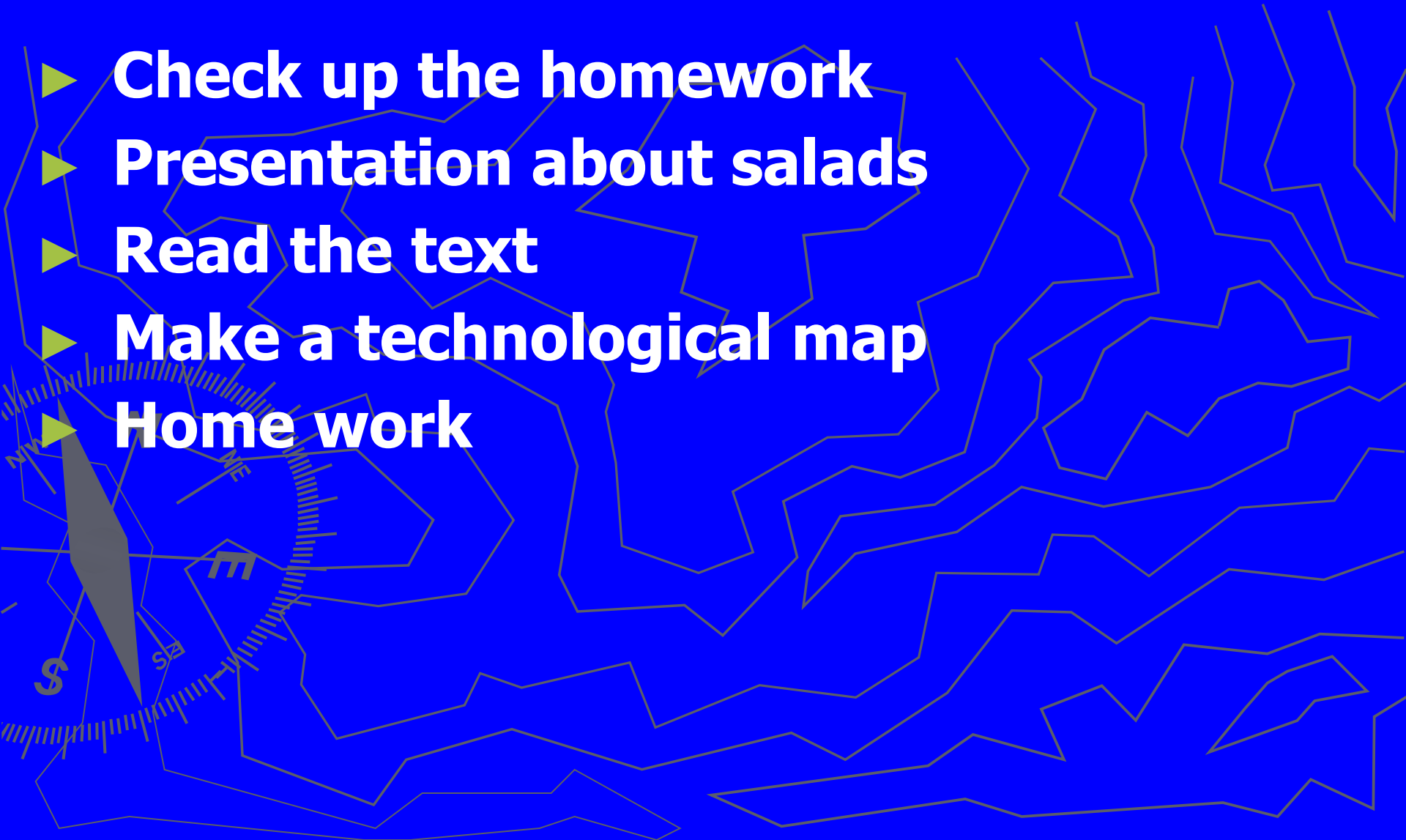


# SALADS



# Plan:

- ▶ **Check up the homework**
- ▶ **Presentation about salads**
- ▶ **Read the text**
- ▶ **Make a technological map**
- ▶ **Home work**



# Glossary for the lesson

- **a mixture of** – смесь чего-либо
- **Is (are) served** – быть поданным
- **Is (are) composed** – создавать
- **build up on** - формировать
- **Contain**- содержать
- **Include** –включать
- **Consist (s) of ...** – состоит из ...
- **Dressing**- заправка
- **Dress** – заправлять

- **Stimulate** - стимулировать
- **Appetite** - аппетит
- **Substantial meal** – плотная еда
- **Nourishing** – питательный
- **Attractive** - привлекательный
- **Delicious** - вкусный

# What is “salad”?

- ❑ **Salad is a mixture of cold foods, usually including vegetables and/or fruits, often with a dressing, sometime nuts**
- ❑ **Salad is often served as an appetizer before a large meal.**



# Where does the word "salad" come?

- The word "salad" comes from the french "salade" of the same meaning.



# Ingredients of salads

- ▣ **Vegetables in a salad include cucumbers, paprika (sweet pepper), mushrooms; spring, red and brown onion, avocado, carrots, celery, and radishes.**
- ▶ **Other ingredients such as tomatoes, olive, hard boiled eggs, artichokes, boiled potatoes, rice, sweetcorn, beans, peas, cheese, meat (e.g. bacon, chicken), or fish (e.g. cod, salmon, shrimps, ) are sometimes added to salads.**

# Salads as an appetizer

- ▣ **Salads as an appetizer are light and tasty**
- ▣ **Salads are served before meal, because they stimulate the appetite**
- ▣ **Usual ingredients for salads are vegetables (tomatoes, cucumbers, onions, greens, lettuce) and fruits (apples, pears, kiwis, peaches, pine-apples)**



# Salads as a side dish

- ▣ **Salads as a side dish is usually served to the main course and make the substantial meal more attractive and delicious.**
- ▣ **The ingredients are vegetables (cucumbers, tomatoes, cabbage)**



# Salads as an entree

- ▣ **Entree salads may contain chicken, either grilled or fried, on top of the salad, or seafood (shrimps, mussels)**
- ▣ **Examples : Caesar salad, Greek salad and Michigan salad**

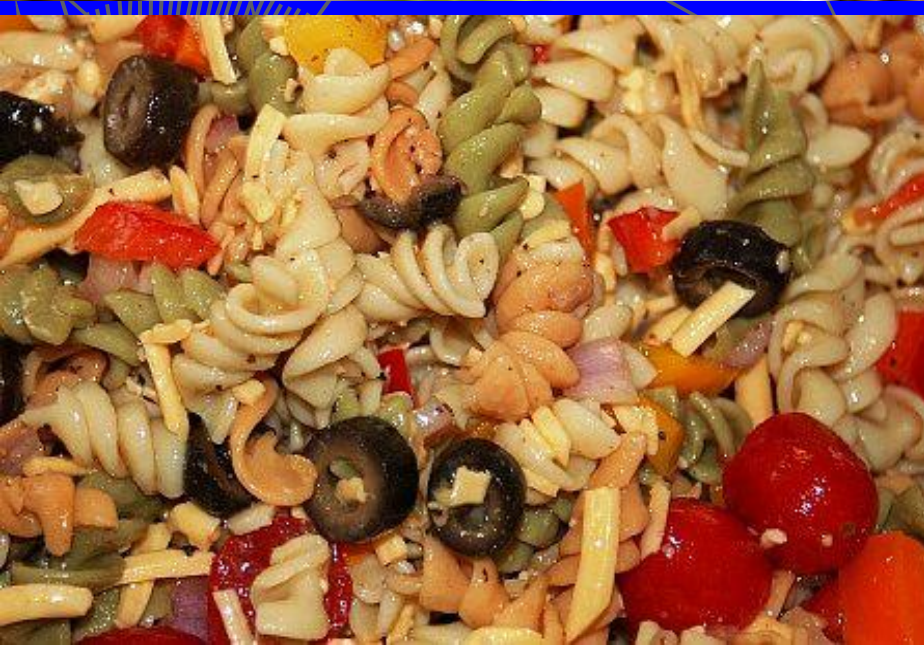


# Salads as a desserts

- ▣ **Salads as a desserts are very tasty. Usually these are fruit salads for different tastes.**
- ▣ **Ingredients for the fruit salads are quite different: fruits (pine-apple, apples, pears, peaces) and berries (strawberry, grapes, bilberry, cloudberry)**



# Guess what are the salads?



# Dressings

- ❑ Traditional dressing for the salads is mayonnaise. This is the mixture of vegetable oil, egg yolk, vinegar and seasonings.
- ❑ French dressing is the mixture of oil, vinegar and seasonings.
- ❑ Sometimes salads dress with sunflower oil, olive oil.





*Read the text*

# Vocabulary

- **Mix salad**
- **Vinaigrette (Russian salad)**
- **Meat salad**
- **Fish salad**
- **Can fish salad**
- **Crab salad**
- **Tomato salad with garlic**
- **Salad from green peas**
- **Shrimps salad with rice**
- **Shrimps salad with cheese**
- **Mix salad with mushrooms**
- **Mix salad with ham**
- **Cherry salad with cottage cheese**
- **Salad from rice, meat and oranges**
- **Beetroot salad with prunes and radish**
- **Fish salad with sour-cream**
- **Chicken salad with eggs**
- **Salad from carrot and sorrel**
- **Salad from radish with apples and carrots**
- **Cabbage salad with cherry**
- **Salad with lobsters, avocado and mango**

# Oral practise

**At first we revise some material. There are some words which are very useful for you.**

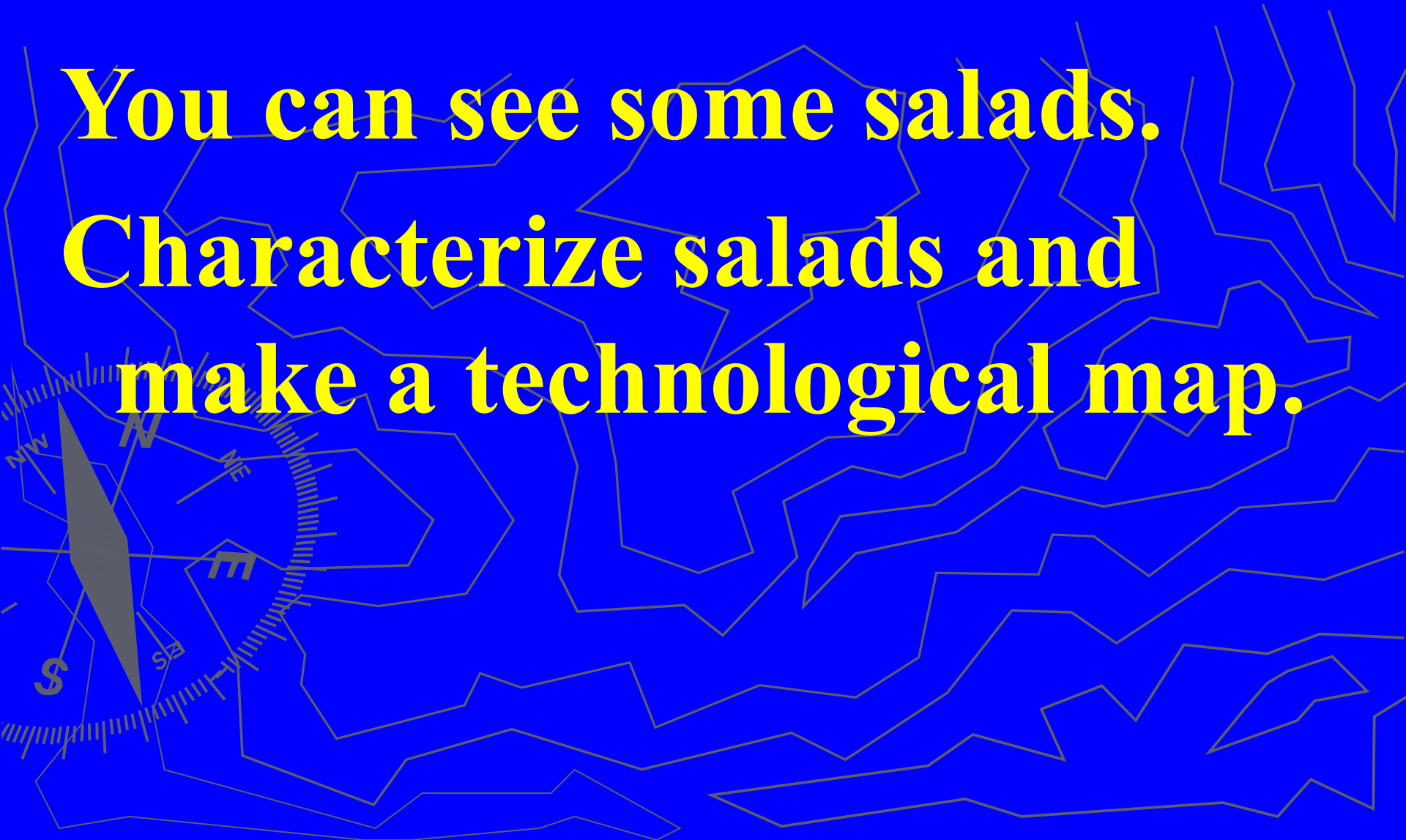


# Some useful words:

- **Add** - добавлять
- **Mix** - смешивать
- **Cut** – резать, нарезать
- **Include** – включать
- **Consists of** – состоять из
- **Boil** – варить
- **Boiled** - отварной
- **Stew** - тушить
- **Stewed** – тушеный
- **Slice** – резать ломтиками
- **Sliced** – нарезанный ломтиками
- **Wash** - мыть
- **Decorate** -украшать
- **Stuffed** - фаршировать
- **Put** -класть
- **Fry** -жарить
- **Fried**- обжаренный
- **Dress** - заправлять
- **Dressed**-заправленный
- **Season** - заправлять
- **Seasoned with** – заправленный чем-либо
- **sunflower oil** - подсолнечное
- **olive oil** – оливковое масло
- **Mayonnaise** - майонез
- **Vinegar** -уксус

Make a technological map.

**You can see some salads.  
Characterize salads and  
make a technological map.**



# For example:

