

An apple a day keeps a doctor
away.



Match the proverbs:

1. Здоровье дороже богатства.	A. Early to bed and early to rise makes a man health, wealthy and wise.
2. Самое великое богатство – это здоровье.	B. Health is better than wealth.
3. Весёлое сердце – хорошее лекарство.	C. The greatest wealth is health.
4. Болезнь легче предупредить, чем лечить.	D. A merry heart is a good medicine
5. Кто рано ложится и рано встаёт – здоровье, богатство и ум наживёт.	E. Prevention is better than cure.

earache
backache
toothache
stomachache
headache
cold
flu
appendicitis

1. Consult

2. take

3. take

4. take

5. stay

6. keep

7. have

8. get

in bed

out of bed

the medical check

the doctor

vitamins

tablet

syrup

warm

Запомни глаголы

must

должен

should

следует

mustn't

не должен

shouldn't

не следует

Children have got a stomachache.



**Linda
has got
a sore
throat**



Kate has got the flu.



A man has cut his finger.



He has broken a leg.



Вредные советы



1. If you have a toothache, you **must** consult a dentist.
2. If you have a sore throat, you **shouldn't** drink hot milk.
3. If you have a cut, you **mustn't** put a plaster on it.
4. If you have a stomachache, you **should** eat garlic.
5. If you have a cough, you **should** drink herbal tea.

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Who said so?

- If you are ill you should always call a pediatrician. (Bob)
- I think you should always consult a doctor when you have a problem. (Bob)
- You should go in for sports. (David)
- If you have a headache you should drink herbal tea. (Steven)
- You should have a medical check every year. (Steven)
- I don't like doctors. (David)

To be healthy:

- ❖ you should eat fruit and vegetables
- ❖ you should sleep 8 hours a day
- ❖ you shouldn't watch TV too much
- ❖ you should spend much time in the open air
- ❖ you shouldn't play computer games much
- ❖ you should go to the dentist twice a year
- ❖ you should do morning exercises
- ❖ you should go in for sports