

«FIVE O'CLOCK TEA»



Prim Englishmen are known for their commitment to special rituals and traditions. One of these traditions, known almost all over the world, is a five-hour tea. Residents of "foggy Albion" spread this custom and are proud of it.



Tourists who want to get to England, try to try traditional English tea and understand what it attracts the British. It is important not only the taste of tea and a certain time of tea drinking, but also the tea ceremony itself, communication with loved ones, have a good time with a Cup of tea.



The spread of tea in England began in the XVII century. Before that, coffee was a popular drink. When the king of England married the Portuguese Princess Catherine of Bragan, everything changed. Her dowry was the Indian city of Bombay. No wonder that it was she who introduced England to the tradition of drinking tea at any time of the day. At first, tea was available only to the aristocracy because of the high prices. When tea prices fell it began to drink and ordinary people.

Until now, the British consider tea an exquisite drink. English tea is included in the daily routine at different times.

They start the morning with tea – drink it immediately after waking up, during Breakfast, during lunch, in the middle of the day and in the evening.

The British drink a variety of teas at different times of the day, preferring classic or non-traditional tastes.



Now tea ceremonies are gradually fading into the past. Because of the frantic pace of life, many people tend to eat quickly and do not spend a lot of time.

Therefore, more than 90% of tea consumed in modern England is tea bags.



But sometimes the British arrange a traditional tea break, gathering friends or family members, observing all the rules that have come down to our times since the XIX century.



For traditional English tea is characterized by compliance with certain conditions: a special table setting, a large selection of teas and tea etiquette. The room in which to drink tea, should be spacious to be able to move freely and



A small tea table is covered with a white tablecloth. To the tablecloth are selected suitable napkins that are in harmony with her color or texture of the fabric. In the center of the table for decoration, you can put a vase with fresh flowers, preferably also a light color.



All utensils, which is used for English tea, should be from one set. The traditional set includes a large number of items: cups with saucers, milk jug, cups under marmalade / jam, sugar bowl, teapot, plates for snacks, tea spoons, a tray for spoons, a kettle for boiling water, etc.



By the way, the British came up with a modern design of cups. According to their idea in China attached in a usual bowl the handle. And they invented the saucers, which were needed so that the tea does not drip on the white tablecloth.



