



**It stereotypes  
about Italians,  
Italy, and Caesar  
salad.**

# Winding spaghetti on a spoon

- Italians never wind the spaghetti on a spoon , and if someone does so , then immediately pass for discourteous and rude. The same applies to the attempt to cut long pasta with a knife or fork. If you have a problem with winding pasta on a fork , just find another way to help yourself.



Italians eat pasta every day

- Pasta is a staple food, but many Italians prefer to replace it with rice, vegetables and soups.



Italians eat a lot during dinner

- During dinner, Italians eat no more than other countries, but lunch can actually consist of many dishes.



# Caesar salad

- The most popular salad in many restaurants is not really Italian, and American. Named "Caesar" is not in honor of a politician, and in honor of its inventor - Caesar Cardini, an Italian chef from the U.S..



# Italians have large families

- Italian family of 6 and 8 children in the past. Italians now have families late (after 30 years), and low fertility leads to population decline .

