It stereotypes about Italians, Italy, and Caesar salad.

Winding spaghetti on a spoon

 Italians never wind the spaghetti on a spoon, and if someone does so, then immediately pass for discourteous and rude. The same applies to the attempt to cut long pasta with a knife or fork. If you have a problem with winding pasta on a fork , just find another way to help yourself.

Italians eat pasta every day

•Pasta is a staple food, but many Italians prefer to replace it with rice, vegetables and soups.

Italians eat a lot during dinner

 During dinner, Italians eat no more than other matries, but lunch can actually consist of many dishes

Caesar salad

 The most popular salad in many restaurants is not really Italian, and American. Named "Caesar" is not in honor of a politician, and in honor of its inventor - Caesar Cardini, an Italian chef from the U.S..

Italians have large families

 Italian family of 6 and 8 children in the past. Italians now have families late (after 30 years), and low fertility leads to population decline .