



# Healthy way of life





## Phonetic practice

- Health
- Healthy
- Pressure
- A medicine
- Pulse

- Blood
- A patient
- Temperature
- A diet
- -To cough





## Find the right pair for

### each word

- To keep
- Blood
- ► To fall
- Head
- To take
- To feel

ill

ache

somebody's temperature

the pulse

to a diet

pressure





## Let's check up the task! The right word combinations

- to keep to a diet
- blood pressure
- ▶ to fall ill
- headache
- to take somebody's temperature
- to feel the pulse



#### Jumble proverbs

Put the words of the proverbs about health in a logical order

Think Healthy
Thoughts

- wealth is good above health
- a day apple an away keeps doctor a
- to and healthy bed wise makes a rise man early and early to wealthy
- a mind sound in body a sound

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#### Proverbs about health

- Good health is above wealth
- An apple a day keeps a doctor away
- Early to bed and early to rise makes a man healthy, wealthy and wise
  - A sound mind in a sound body



#### **Health Code**

#### You should

#### You shouldn't

- get up early and go to bed early
- wash your hands before eating
- smoke
- watch TV too long
- go in for sports
- clean your teeth once a day
- sleep enough
- take a cool shower
- eat too much sweets
- spend much time indoors
- eat between meals
- air the room







## Video screen shots "Bob around Britain"

- What do these people complain of?
- What should they do to recover?







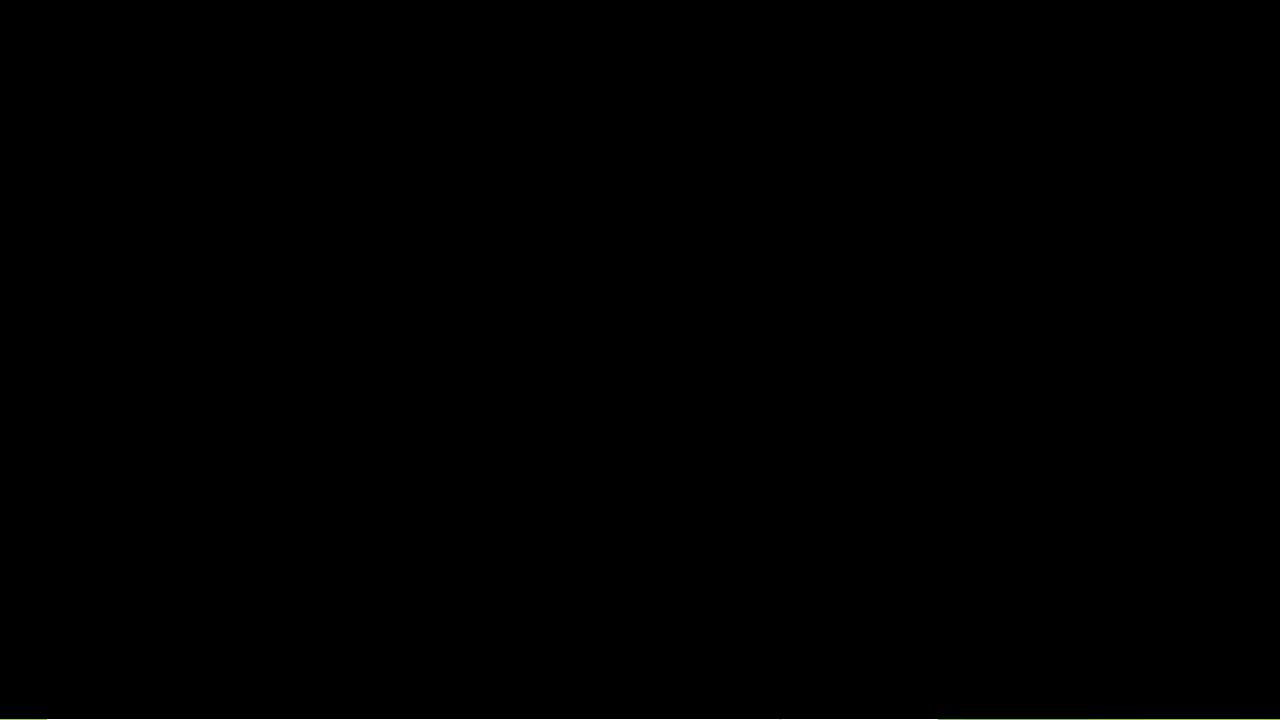




Let's have a rest!

A song "Clap your hands"





## At the doctor's





## A song "I have a headache"

Listen to the song and write out all the words on the topic









### Hometask

Write a prescription for a patient



## Thank you for your work!!





