

Smoking Herbal Mixes:



harmless pastime or evil ?

OBJECT OF RESEARCH

- Smoking mixes and the problem of their spreading among teens.

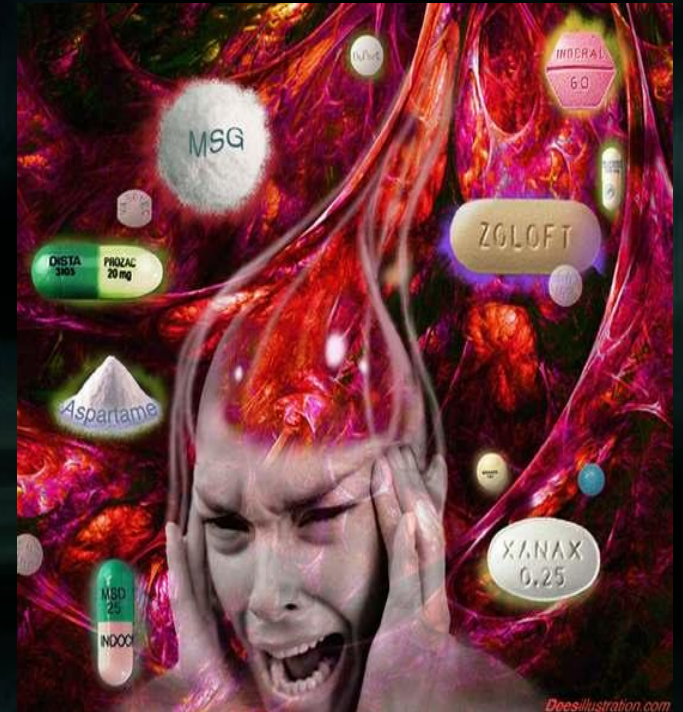
SUBJECTS OF RESEARCH

- the study of smoking herbal mixes
- their components
- the influence exerted on the human body
- the situation in Belarus, Mogilev and in our school



AIM OF RESEARCH

- to consider the smoking blends as one of the harmful factors affecting teenagers.



Deesillustration.com

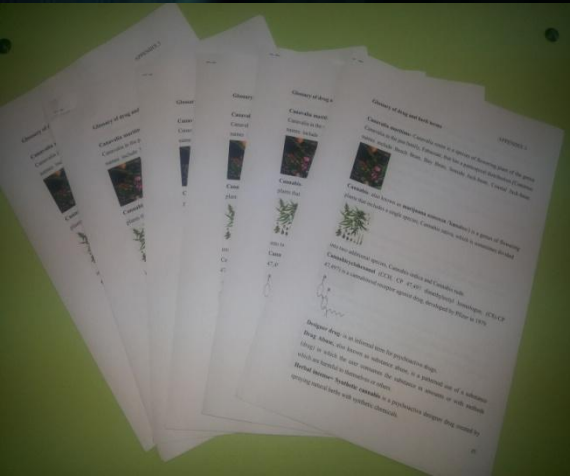
TASKS OF RESEARCH

- **to provide general information on smoking blends**
- **to study the history of their origin**
- **to investigate their components**
- **to assess the health effects of Spice**
- **to overview the situation with smoking mixes in Belarus**
- **to find out the information with smoking mixes spreading in Mogilev**
- **to identify and analyze the situation in our school**

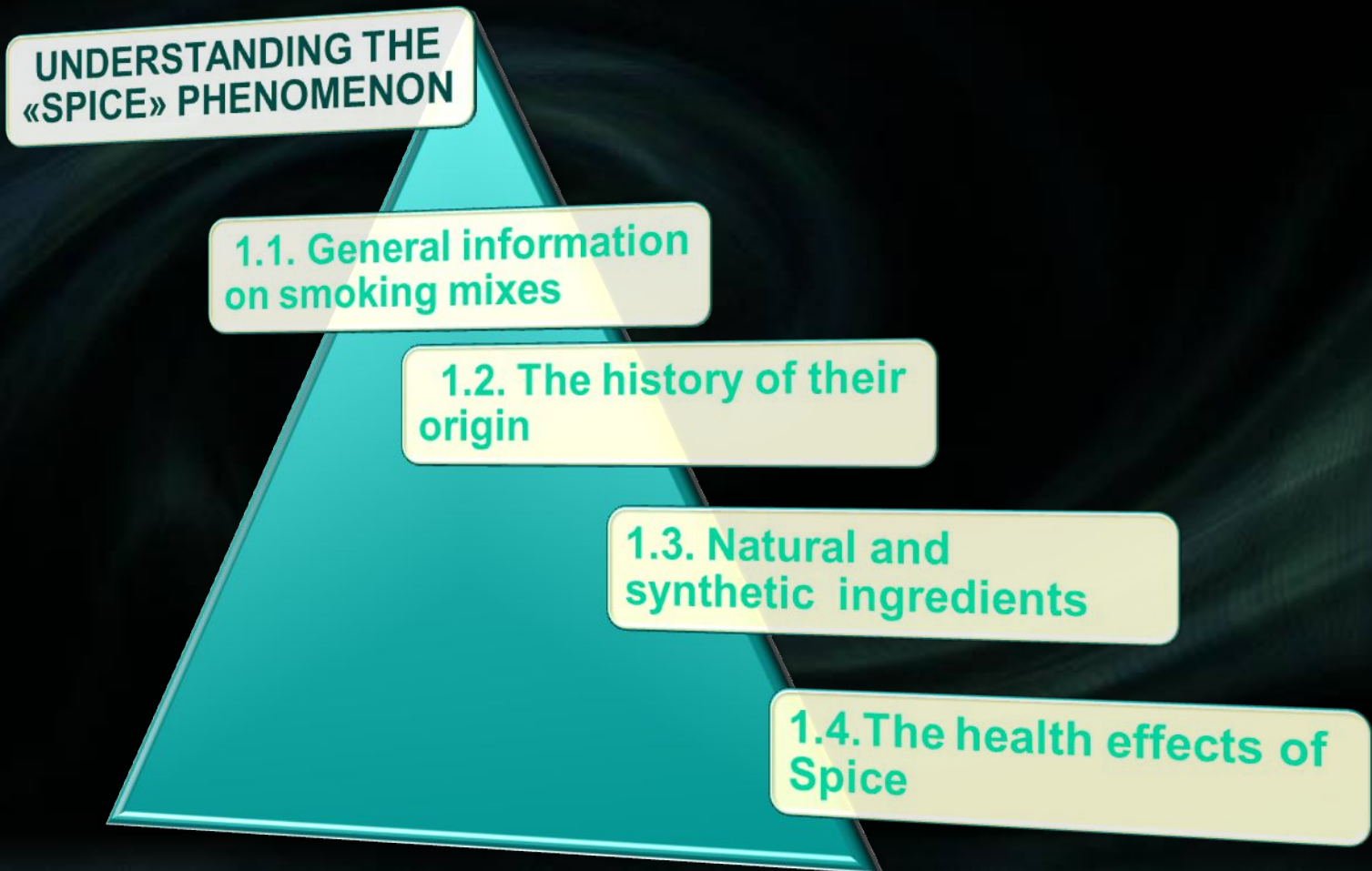
HYPOTHESES OF THIS STUDY

- smoking blends are **harmful** for teens health
- smoking mixes are **illegal**
- there is a **problem** with spreading of smoking mixes in Belarus

THE MAIN MATERIAL OF OUR RESEARCH WORK



THEORETICAL PART



1.1. General information on smoking mixes



1.2.The history of their origin

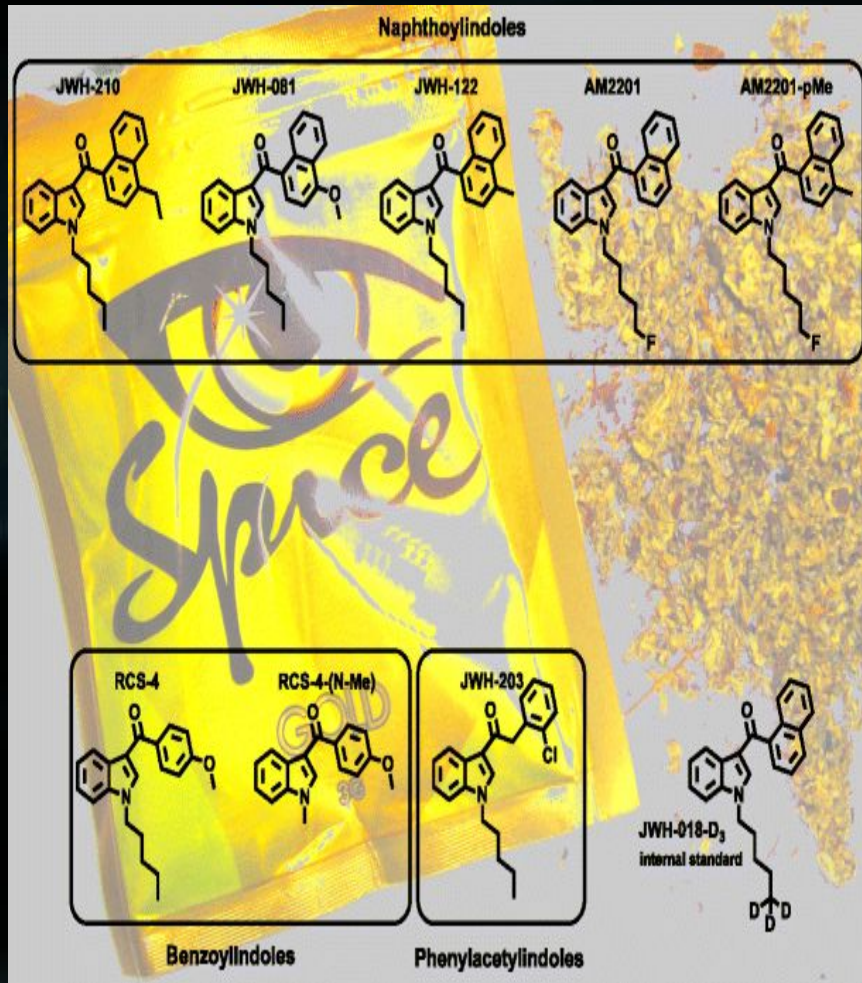


John W. Huffman

“People who use it are idiots”.

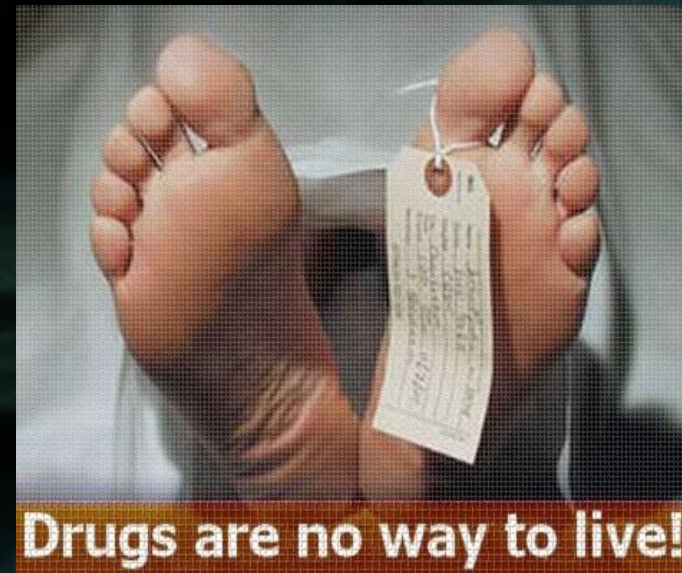
“You don't know what it's going to do to you”.

1.3. Natural and synthetic ingredients



1.4. The health effects of Spice

- Paranoia
- Hallucinations
(sometimes violent ones)
- Tremor
- Seizures
- Tachycardia
- Cardiac problems
- Kidney damage
- Mental illness
- Death**



Drugs are no way to live!

PRACTICAL PART

**THE PROBLEM OF
SMOKING BLENDS
SPREADING**

**2.1. Smoking mixes in
Belarus**

**2.2. Smoking mixes
spreading in Mogilev**

**2.3. The questionnaire
survey of school
students**

2.1. Smoking mixes in Belarus

- Smoking herbal mixes were first mentioned in Belarus in 2007.
- But they started to talk about mass using in 2009.
- Smoking mixes were banned in Belarus from January 1, 2010.

- 2013 - six deaths
- 652 people were taken to hospital

2.2. Smoking mixes spreading in Mogilev

- Smoking herbal mixes were first mentioned in Mogilev in 2010.
- About 40 people were arrested for spreading in 2013.

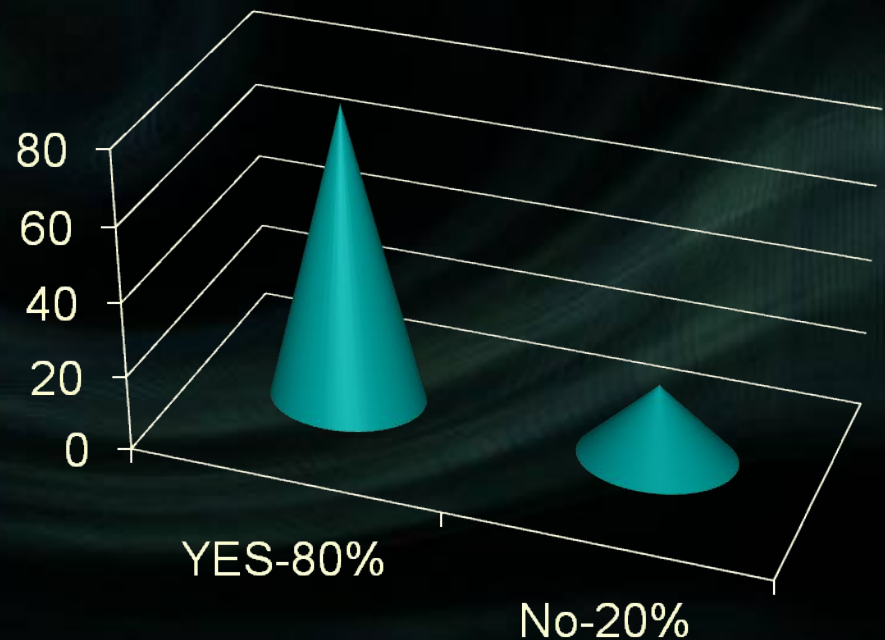
- 2 people died in Bobruisk in 2013
- 1 death in Mogilev
- 28 were taken to hospital (overdose)

2.3. The questionnaire survey of school students

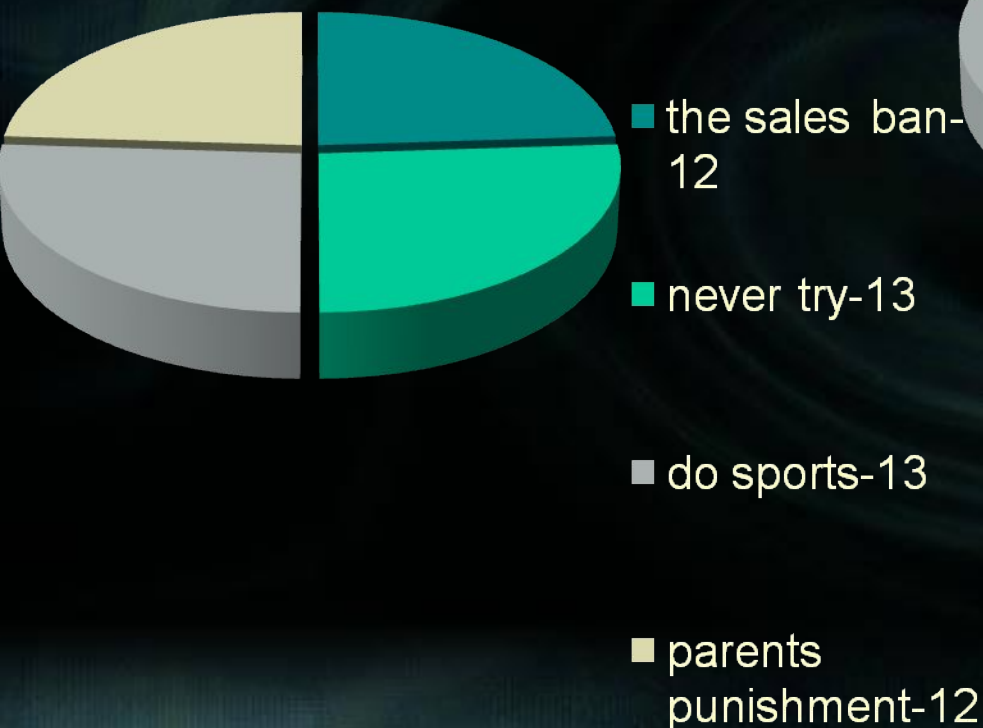
Participants



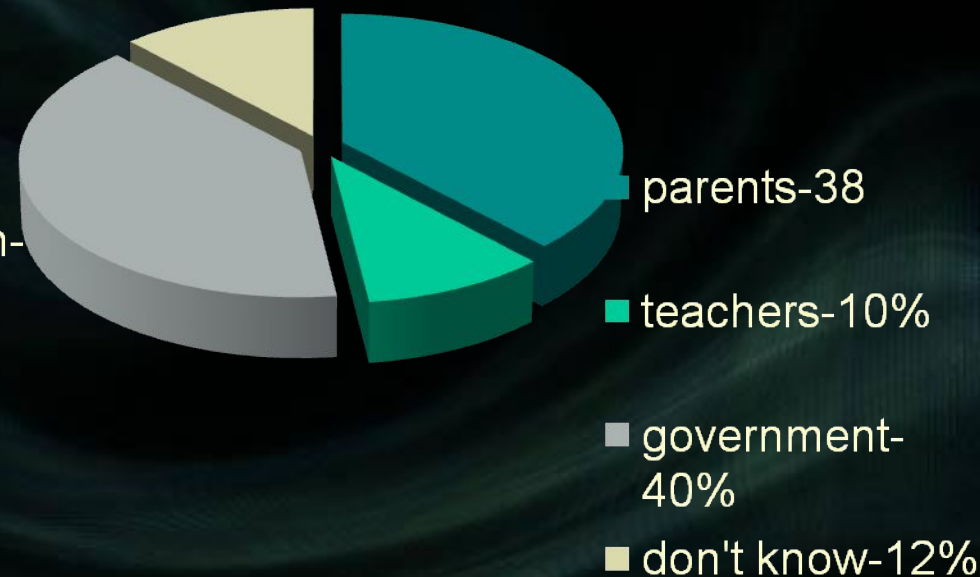
Do you know that ingredients of SB include narcotic substances?



Do you see the ways of solving it?



Who has to solve the problem?



PRACTICAL VALUE

- can be used by form teachers
- can be spread among the teens of our district or even of our city
- can be used for informative booklets' creation
- for web-site making
- can be used by teachers of English

**Your life is given to you only
once**

and I wish you:

- **to live it happily**
- **without health problems**
- **with lots of love, joy and**

prosperity...



with best wishes

from Margarita Alkhovik

Thank you for your attention!

