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ФГАОУ ВО «КФУ им. В.И. Вернадского»**

Индивидуальный проект

**Тема: «История английских и русских чайных традиций»
«The history of English and Russian tea traditions»**

Выполнила обучающаяся группы СП-17


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CONTENTS:

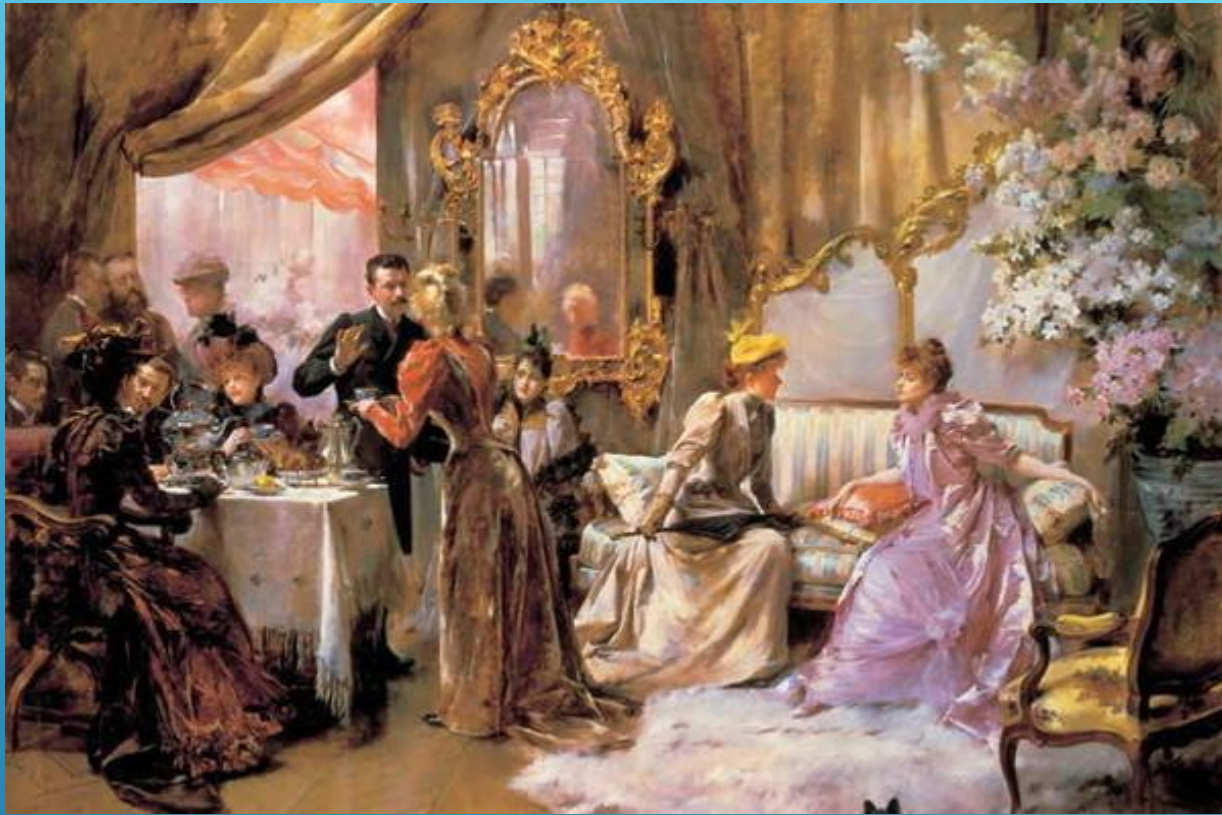
- 1)The history of tea in England.
 - 2)The history of tea in Russia.
 - 3)The differences between the two great traditions.
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THE HISTORY OF TEA IN ENGLAND





English tea drinking traditions have a long history. Tea was brought to England in the 17th century by a Portuguese princess, who married king Charles II of England, and since then it has been popular in the country.



When the first tea was brought to England from China and India, it was very expensive. So it was a drink for the elite, for the rich, the aristocracy.

However from the 18th century tea began to be used by the common people too, thanks to tea-smuggling in Cornwall.

Tea was brought in illegally — it was not imported by the East India Company, and it did not pass through customs. Tea was lighter and easier to transport than gin and brandy, small sacks of tea were easy to hide under clothes, so it was very profitable for tea-smugglers.



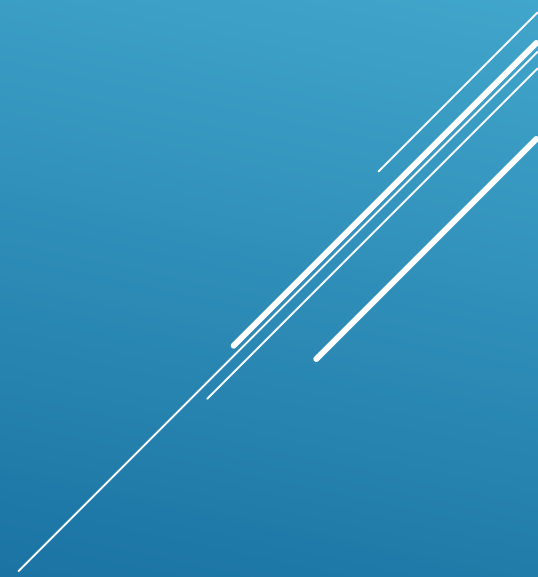
Traditions of tea drinking in England

The British drink tea 6 times a day.

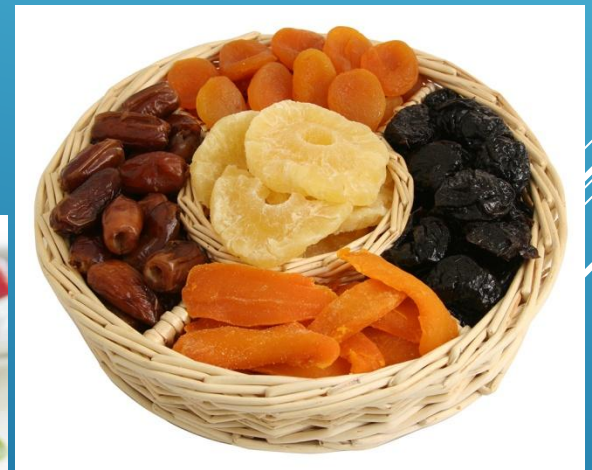
- **Early morning cup** - An early cup of tea before washing and dressing - because of the wet climate of England, famous for its morning fog. The British wake up early. They need a cup of strong tea to wake up.
- **For breakfast** English people have another cup of tea.
- **Lunch.** This tradition appeared during the reign of Queen Victoria as a small meal with a cup of tea.
- **5 o'clock tea.** Traditional snacks for tea - warmed sandwiches, toasts.
- Tea at 7-8p.m. is called **High Tea**
- A cup of tea – **before sleeping.**



Tea is traditionally served with milk. It is possible that milk was used to cool the tea down when the hostess did not want to have her guests for too long. Another explanation of milk in tea is the fear to break the delicate porcelain that tea cups were made of. Real porcelain does not normally break but early examples of British porcelain cups sometimes fell apart. Because porcelain was very expensive at that time, it was safer to put in some milk first to reduce the temperature of the tea so the cups did not break. This is how the habit of putting milk in tea remained.



The classical tea ceremony is served with traditional meal: thin, triangular or rectangular sandwiches (finger sandwiches) with butter and cucumber, traditional British scones, dry fruits baked right before tea time. At the "high" tea table (high afternoon tea) there is always a large selection of fresh pastries, which is traditionally served in a special bookcase. Assortment of cakes typically includes fruit cake, Victorian Cake (Victoria sponge), chocolate cake, ginger bread, biscuits, baskets of fresh fruit and more.



THE HISTORY OF TEA IN RUSSIA



In 1567 Cossack atamans Petrov and Yalyshev visited China where they tried a local drink – tea. In 1638 an ambassador Vasiliy Starkov brought a present to the Russian Tsar from one of Mongol Khans – 64 kg of tea. In 1665 when the Tsar Aleksey Mikhaylovich had got stomach aches the court doctor, Samoylo Kallins treated him with tea. So Russian tea history began.

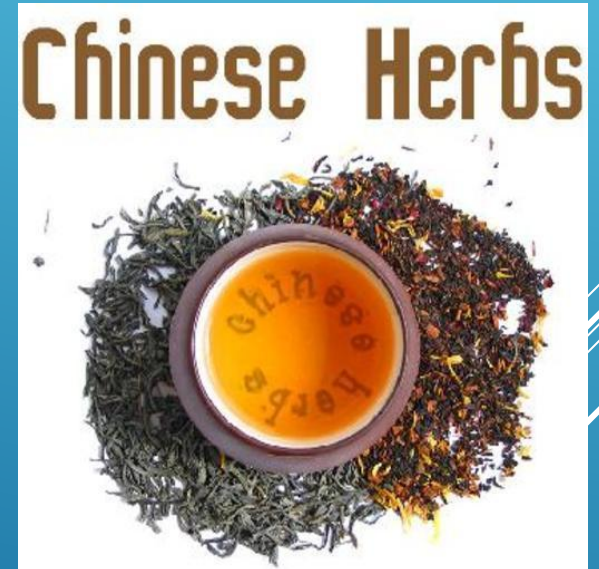


Tsar Aleksey Mikhaylovich



Vasiliy Starkov

Tea was brought to Russia from Northern China where it was called “cha-i” or “cha-e” that is why in Russia the drink got the name “chay” (tea). In Russia tea was often called “the Chinese herb” or “the Chinese dry herb”.



By 1820 the set of rules and customs, called Russian tea traditions, generally had formed – though tea was still too expensive to become a mass drink.

In 1833 first tea plantations appeared in Georgia which was a part of Russian Empire.

In 1882 in St. Petersburg the first official tea-room was opened.



The last point of the Russian tea history is 1900. That year the construction of the Trans-Siberian Railway was finished. The transportation of tea by this road made the drink rather cheap and mass in Russia.



Russian people drank tea from samovars. It is a symbol of comfort, hospitality. Sugar was used only in the form of refined sugar. A lot of Russian people like to drink tea with herbs (Raspberry, thyme), lemon or with honey, jam, pies, cakes, cookies, sweets. In Russia tea is served after meals and during mid- afternoon breaks.



DIFFERENCES:

English tea

- English tea-drinking became a tradition in 1840.
- English people like to drink tea with milk or cream.
- English people drink tea 6 times a day.

Russian tea

- Russian tea- drinking became a tradition at the end of the 18 th century.
- Russian people like to drink tea with lemon, herbs, and honey.
- Russian people usually drink tea 3 times a day.

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Thank you for attention!!!

