PAST PERFECT CONTINUOUS

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FORM: had+been+Ving

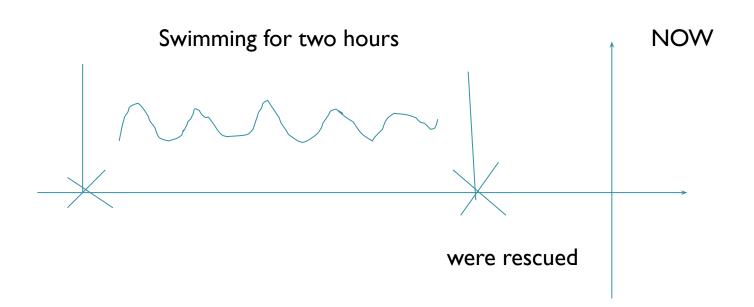
USE: 1) duration of an activity up to a past point in time

2) result of an activity at a past point in time

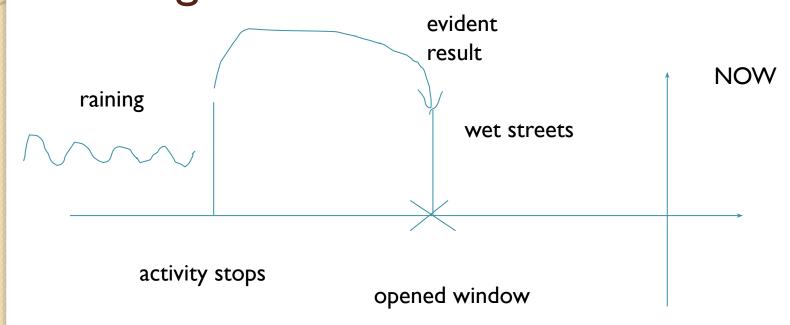
TIME EXPRESSIONS:

- Yesterday since
- For some time in the past

They had been swimming in the water for two hours when they were rescued



I opened the window and saw the streets were wet. It had been raining.



- I. They felt tired that morning because they (drive) all night.
- a) were driving
- b) had been driving
- c) had driven

- 2. Diana (wait) for an hour before Nick (arrive).
- a) was waiting/arrived
- b) waited/was arriving
- c) had been waiting/arrived

- 3. She understood the problems of the company because she (work) there since it started.
- a) was working
- b) worked
- c) had been working

- 4. When she was young she (dance) a lot.
- a) danced
- b) had danced
- c) had been dancing

Practice

- I. Tom was tired. He (to play) football for hours
- 2. Susan was very happybecause she(to win) the firstprize in the art competitions3. Lisa was upset because she(to have) a horrible nightmare