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НОВИЧКОВА**

**Я спокоен**                      **1 или 0**

**У меня хорошее настроение** **1 или 0**

**An apple**

**keeps** **the doctor**

**away.**

**a day**

**An apple a day  
keeps the doctor  
away.**

## **Keeping simple rules:**

- **do morning exercises;**
- **clean teeth and visit a dentist;**
- **wash hands before meals;**
- **no eat dirty fruit;**
- **have regular meals;**
- **no drink cold water in hot weather;**
- **have medical checks.**

**Some of us like apples,  
Some drink juice at night,  
Some of us eat many sweets,  
Some don't think it's right.**

# Match the words:

**МОЛОКО**

**яйца**

**ананас**

**виноград**

**шоколад**

**ЧИПСЫ**

**МОРКОВЬ**

**ОВОЩИ**

**ВЕТЧИНА**

**milk**

**eggs**

**pineapple**

**grapes**

**chocolate**

**crisps**

**carrot**

**vegetables**

**ham**

2



4

5



1

3

4 M

1	C	2	L				6	C			
	H		E	3	A		L	5	T		H
	E		M		P		K		O		E
	E		O		P				M		R
	S		N		L				A		R
	E				E				T		Y
									O		

6





**Health is wealth.**

**Thank you for the lesson!!!**