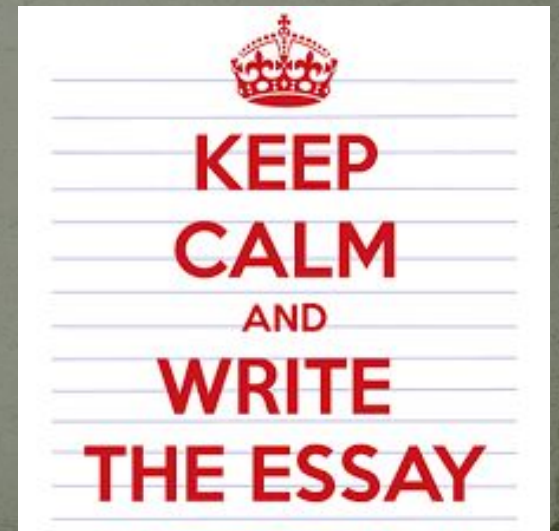


**An essay making suggestions  
for solutions to a problem**



BY THE END OF THE LESSON WE  
WILL BE ABLE TO:

WRITE AN ESSAY  
MAKING  
SUGGESTIONS FOR  
SOLUTIONS TO A  
PROBLEM






# WHAT SHOULD WE DO?

1. Learn the structure of an essay making suggestions for solutions to a problem.
2. Learn useful vocabulary for writing an essay making suggestions for solutions to a problem.
3. Analyse an example of an essay making suggestions for solutions to a problem.

# WRITING TIP

1. Formal or semi-formal style. (in newspapers or magazines)
2. - the introduction (state the problem)  
- the main body (present our suggestions with possible results)  
  
(each suggestion is presented in separate paragraphs)
- the conclusion (summarise our opinion)

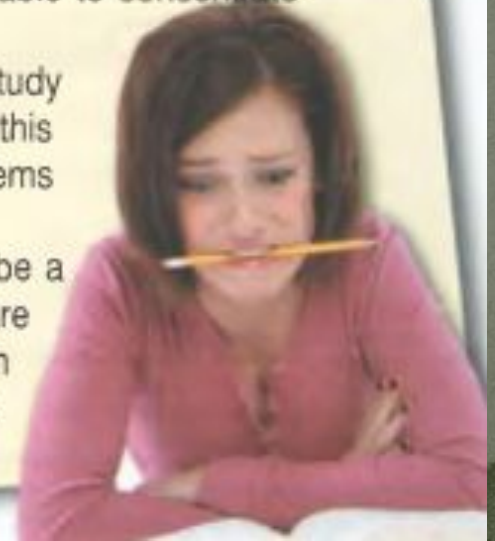


# THE STRUCTURE

Read an essay in  
exercise 1(a)  
on page 73

## What Can You Do About Exam Stress?

- 1 Exam stress is normal, but it can sometimes get out of control and make you unwell. What can you do, then, to reduce stress and study for success?
- 2 To begin with, it's important to make a study timetable and stick to it. As a result, you will feel more organised and confident that you have time to prepare well for your exams.
- 3 Secondly, you should take good care of yourself by eating healthy, getting enough sleep and taking regular breaks to do something fun. Consequently, your body and mind will stay healthy and you will be able to concentrate better when studying.
- 4 Another helpful suggestion is to study with a friend. Some people might find this useful as they can discuss any problems that come up.
- 5 All in all, I think exam stress can be a major problem. However, if you are organised and healthy and get help from others, exam stress will never be a problem for you again.



IN W



THE

1. present his second suggestion and results/consequences? (3)
2. summarise his opinion? (5)
3. present his first suggestion and results/consequences? (2)
4. state the problem? (1)
5. present his second suggestion and results/consequences? (3)









DEDICATE THE LINKERS IN THE ESSAY IN



others, exam stress will never be a problem for you again.





## HOW TO BEGIN AN ESSAY

1. State the problem. Mention that this problem is important/vital for (teenagers, the elderly,...)

Exam stress is normal, but it can sometimes get out of control.

2. Formulate a question.

What can you do to reduce stress and study for success?

## HOW TO FINISH AN ESSAY

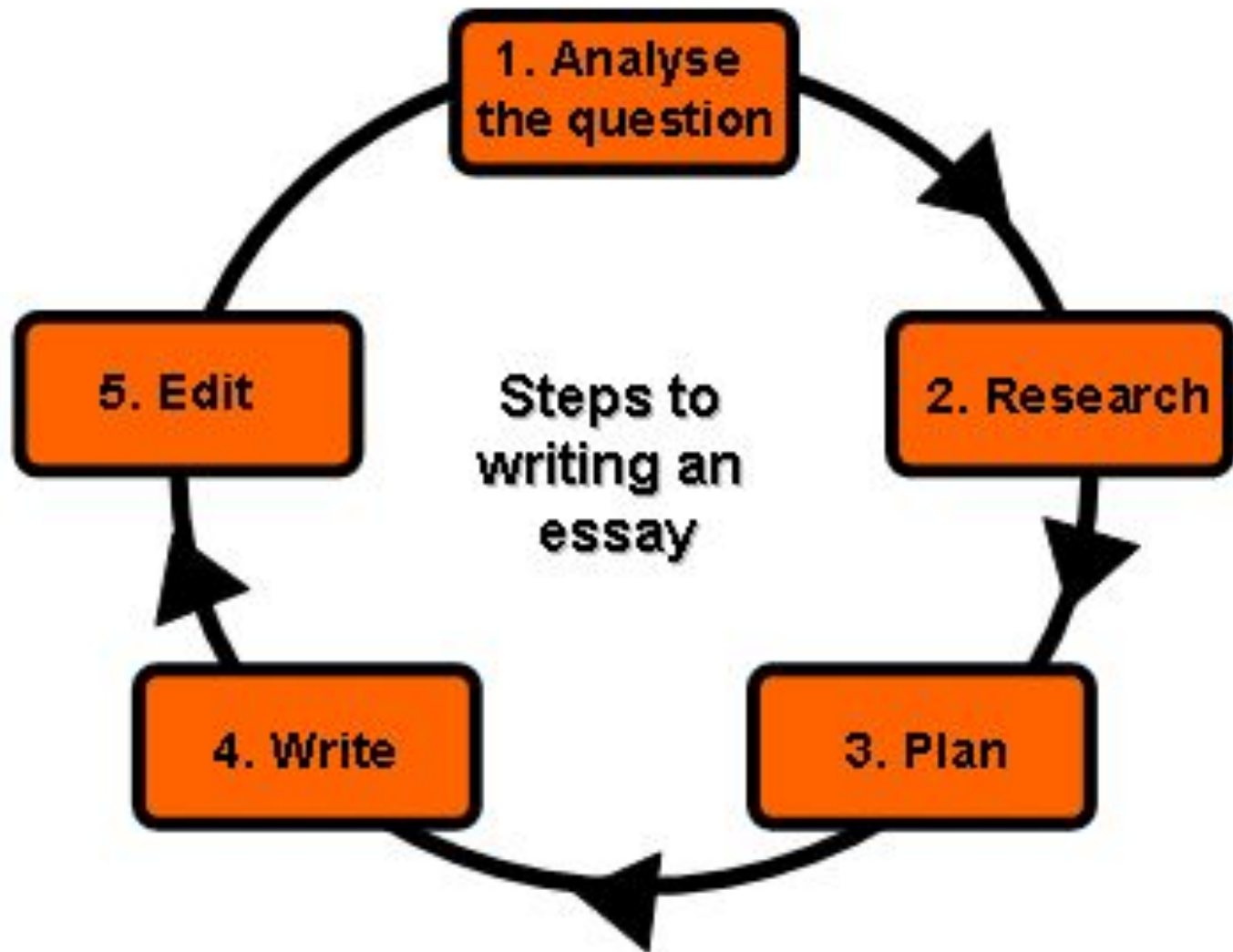
1. Mention the importance of the problem again (don't forget to use a linker).

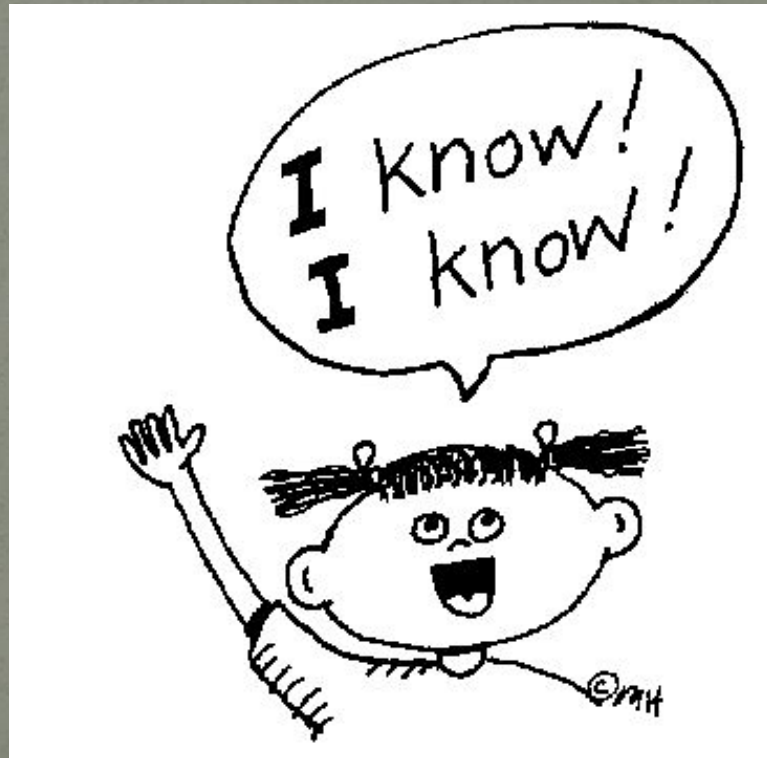
All in all, I think an exam stress can be a major problem.

2. Point out that this problem has several solutions (use the word *HOWEVER*).

However, if you are organised and healthy, exam stress will never be a problem for you









# HOMETASK

Ex. 4, p. 73  
(write an essay  
following the  
plan)



**THANK  
YOU  
FOR YOUR  
HARD  
WORK**