

2 Match the words in the columns. Which of these do/ don't you like?

A

grilled
roast
mineral
soft
milk
fruit

B

shake
beef
water
drink
chicken
salad

Reading

3 Choose from the sentences (A-H) to complete the conversation. What did Alex order?

Waiter: Good evening. What can I get you?

Alex: 1)

Waiter: And as a main course?

Alex: 2)

Waiter: Can I suggest the roast beef? It's very good.

Alex: 3)
Maybe next time.

Waiter: Would you like chips or rice with that?

Alex: 4)

Waiter: And would you like something to drink?

Alex: 5)

Waiter: Would you like anything for desert?

Alex: 6)

A I think I'll have the spicy chicken.

B I'll have the chocolate cake, please. Thank you.

C Rice, please.

D A glass of mineral water, please.

E Would you like a cola?

F For starters, I'll have a salad, please.

G I still prefer the chicken, thank you.

H Yes, thank you.

4 Choose the correct item.

- 1 My mum and dad **go/are going** to the cinema on Fridays.
- 2 I'm **cooking/cook** with my friend Julie at the moment.
- 3 We always **buy/are buying** fresh fruit from the market.
- 4 She is **having/has** breakfast every day at 7:30.
- 5 She **makes/is making** some fresh orange juice. Would anyone like some?

Let's cook

To make delicious things

V R S L





Odd one out. Circle out the odd word and explain your choice.

milk juice water oil
onion banana garlic tomato
fish yoghurt milk sour-cream
apple orange carrot grape

Match the words in two columns to get expressions with containers and quantities.

A bottle of	cereal
A carton of	olive oil
A box of	potato
A packet of	milk
A piece of	chocolate
A kilo of	crisps
A jar of	bread
A bag of	jam
A loaf of	cheese





Put the words in the correct order.

still/fizzy/water/or/mineral? _____

I/ like/would/the/pate. _____

ready/you/are/order/to? _____

I'd/chicken/for/like/main/the/course. ____

What/would/you/vegetables/like? _____

Use *much* or *many*.

Did you buy _____ food yesterday?

There aren't _____ oranges left in the fridge.

Nick hasn't got _____ money.

Use *little/a little/few/a few*.

There was _____ food in the fridge. It was nearly empty.

Do you want sugar in your cocoa? – Yes, _____, please.

There's very _____ rice left for pilaw (ПЛОВ).

• boil • fry • stir • dice • mix • bake • add • melt • peel • pour



<http://learningapps.org/display?v=p7q7bthx216>

Time to rest

<http://www.mes-games.com/food.php>



R

Ex.2, p.90

Ingredients

- 2 cups flour
- ½ cup sugar
- 1½ tsp. baking powder
- 1 tsp. baking soda
- ½ tsp. salt
- 1 egg
- 1 cup yoghurt
- ¼ cup milk
- 2 tbsp. orange juice
- 1 cup diced apple
- ½ cup raisins

Apple Muffins



- Preheat oven to 400 degrees.
- In a bowl, **1) stir** together the flour, sugar, baking powder, baking soda and salt.
- In another bowl, **2) mix** the egg, yoghurt, milk, oil and orange juice.
- **3) Add** the mixture to the first bowl together with the diced apple and raisins and stir well.
- **4) Put** the mixture into 16 muffin cups and **5) bake** for 20-24 minutes.

Preparation: 15 min.

Cooking: 20-24 min

Portions: 16

- a menu
- a shopping list
- a receipt
- a recipe

R

Ex.3, p.90

- 1 time it takes to make **40 min**
- 2 how many it serves **16**
- 3 where you need to make it
- 4 what you need to make it
- 5 how to make it

**Preheat, stir, mix,
add, put, bake**

**Flour, sugar,
soda, salt,
an egg, yoghurt,
milk, oil, apples**





core

Chocolate Protein Pancakes

(makes 4 servings)

2 scoops of CORE
Double Chocolate Shake

1 cup Flour

3 tsp Baking Powder

1/2 tsp Salt

1 tbsp Sugar

2 tbsp Oil

1 Egg (separated)

1 cup Skim Milk

see full directions at
myntproducts.com



The self-preparation work

Ex.2 p.55 WB



The achievements



My mark is ...



- I know vocabulary.
- I can read the text.
- I can tell how to make pancakes.
- I feel comfortable.

- I have some mistakes in vocabulary /speaking/ reading.
- I feel nervous.