

# Figure skating



- All the mandatory figures were in the UK. This is explained by the fact that it was here that the first skating clubs arose (Edinburgh, 1742). Then were the first official rules of the competition.

- The very first edition of the rules for figure skating, published in England, refers to 1772.



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**Figure skating**



- A surge of interest in figure skating came after the European tour of American figure skater Jackson Gaines. He showed the unexpected possibilities of performing swift figures in the graceful movements of the body.
- Jackson became the first "skater" who studied choreography and introduced elements of rhythm and plasticity.





● Figure skating - a winter sport in which athletes move on ice on ice with the implementation of additional elements, most often to music. In official competitions, as a rule, four sets of medals are played: in women's single skating, in men's single skating, in pair skating, and also in sports dances on ice. Figure skating is included in the program of the Winter Olympic Games.



After 100 years (since 1742) in figure skating almost all modern obligatory figures and the basic techniques for their execution were already known, as evidenced by the books "The Art of Skating" by D. Anderson, president of the club of skaters of the city of Glasgow, and work X. Vanderwell and T. Maxwell Whitman from London. These books contain descriptions of all eights, threes, hooks and other elements that underlie modern figure skating.



# Kinds of figure skating

- Male and female single skating
- Doubles Skating
- Dance Sport
- Synchronous skating

