

# English Idioms



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***Food  
idioms***

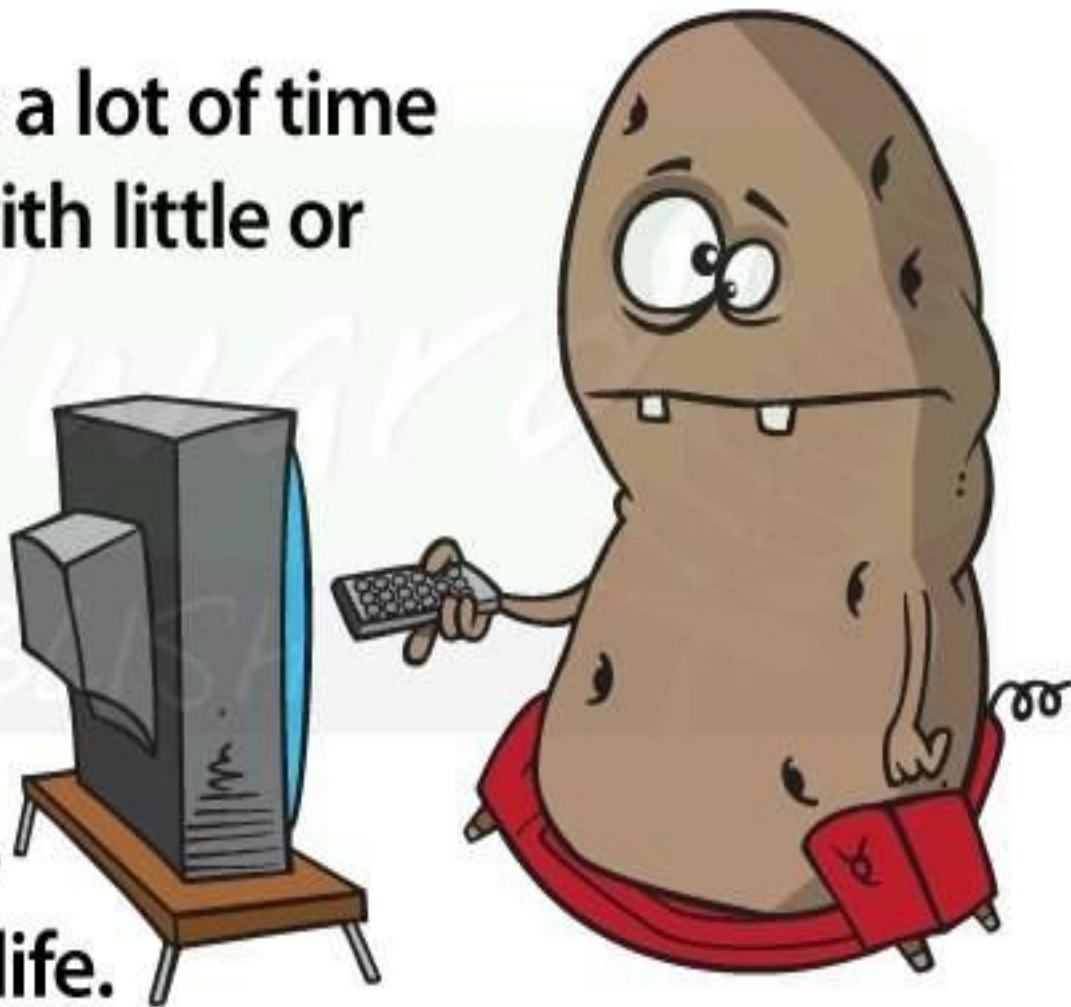
# Couch Potato

## MEANING:

A person who spends a lot of time watching television with little or no physical activity.

## EXAMPLE:

Stop being a couch potato! Turn off the TV and go out and do something with your life.

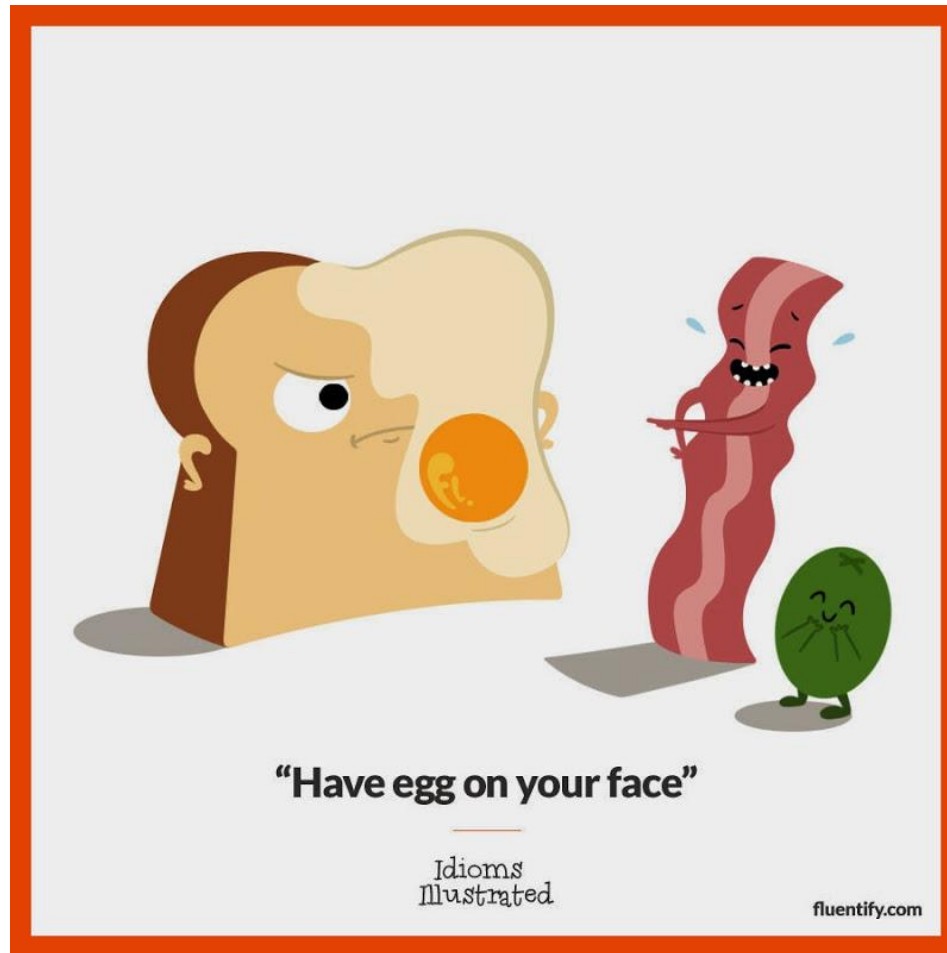




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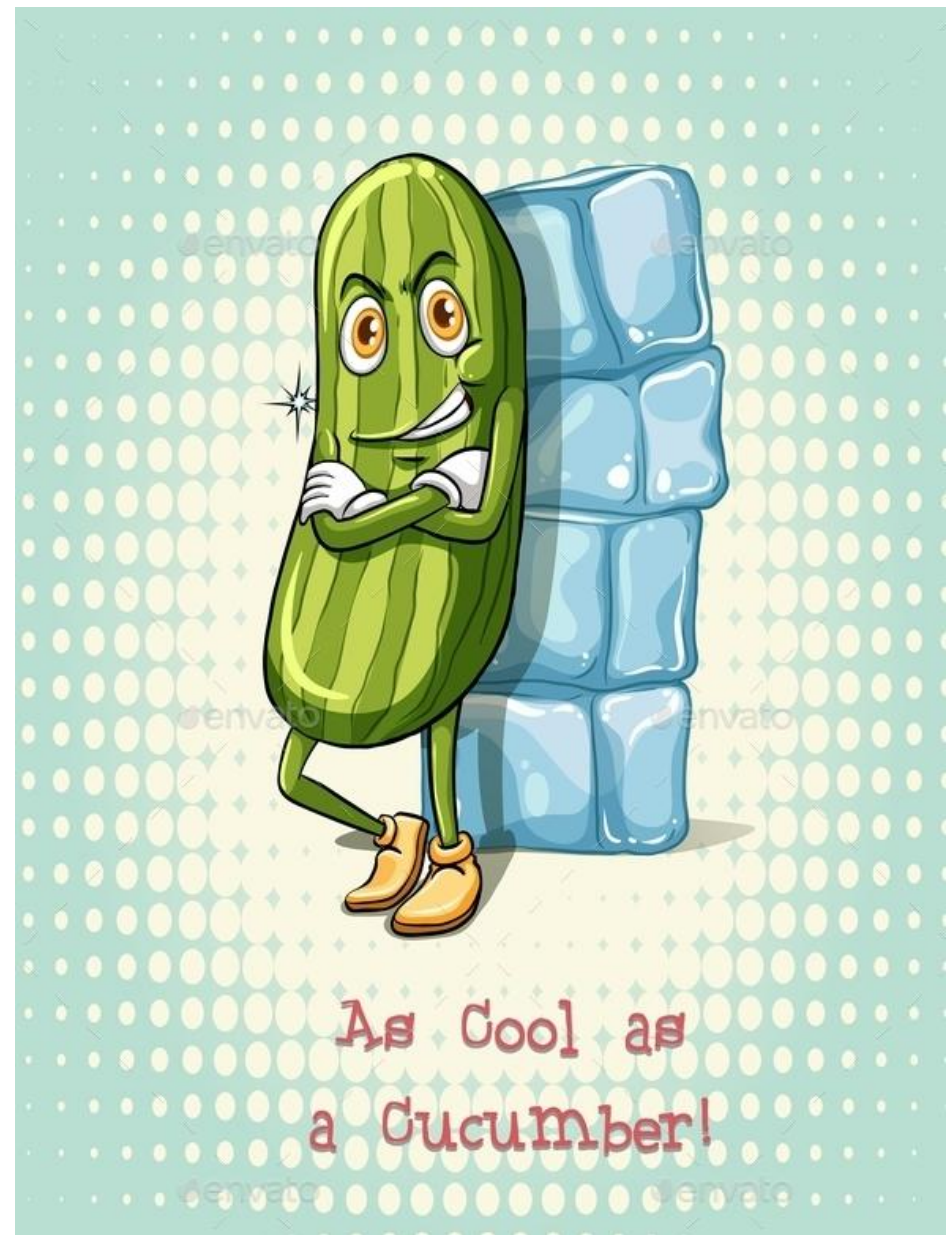
**HAVE EGG ON YOUR FACE**

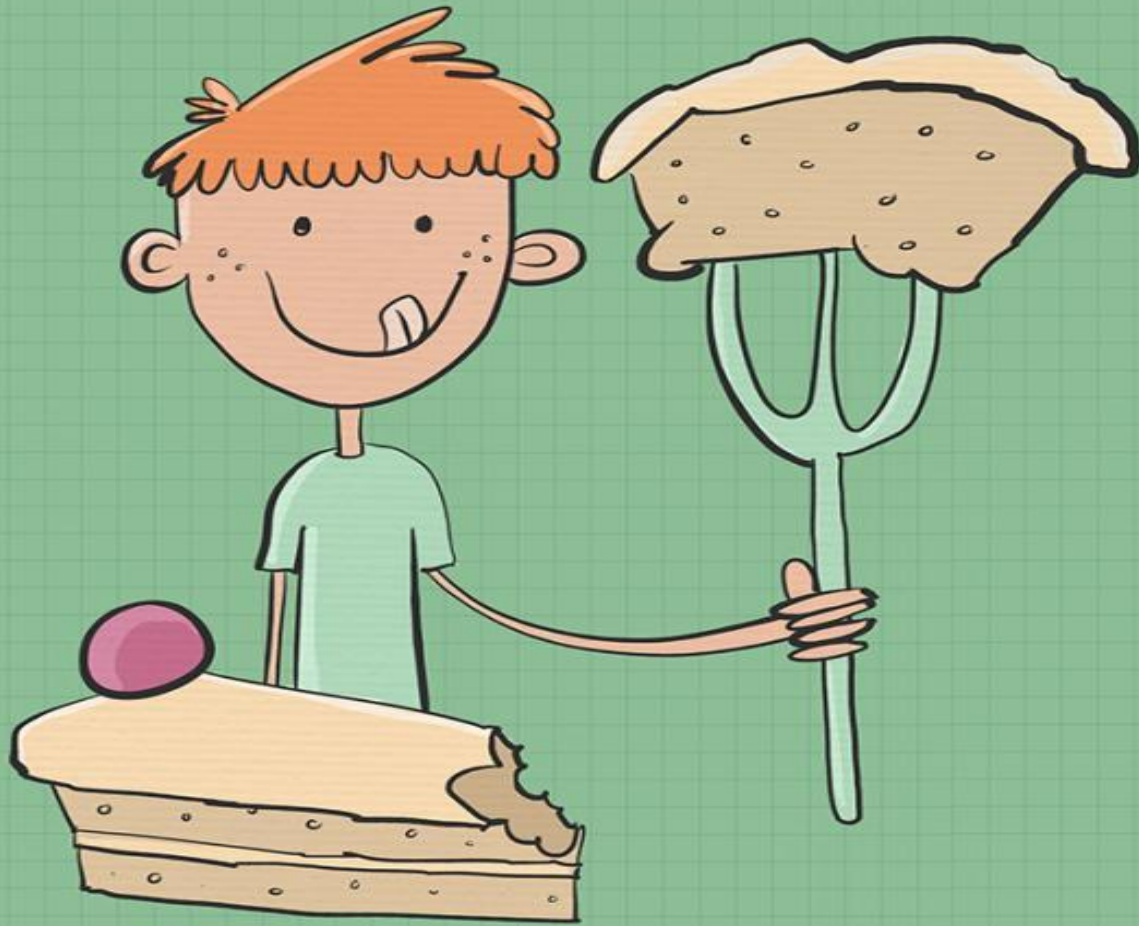
*It means to be confused*





*Выражение «As cool as a cucumber» стало известно в 16 веке, когда был изобретен термометр. Исследования ученых показали, что даже если в жаркий день огурец был на солнце, температура внутри этого овоща на несколько градусов ниже температуры воздуха.*





a piece of cake  
(проще простого)

*The chemistry exam was a piece of cake* — Экзамен по химии





# English Idioms: Food

## Bad apple



**A troublemaker.**

*A person who negatively impacts an entire group of people through his or her words or actions. Taken from the proverb "a bad apple spoils the bunch."*



## English Idioms: Food

### Top banana



The chief person in a group.



Top Banana!

**босс, шеф, главарь, шишка,  
заправила**

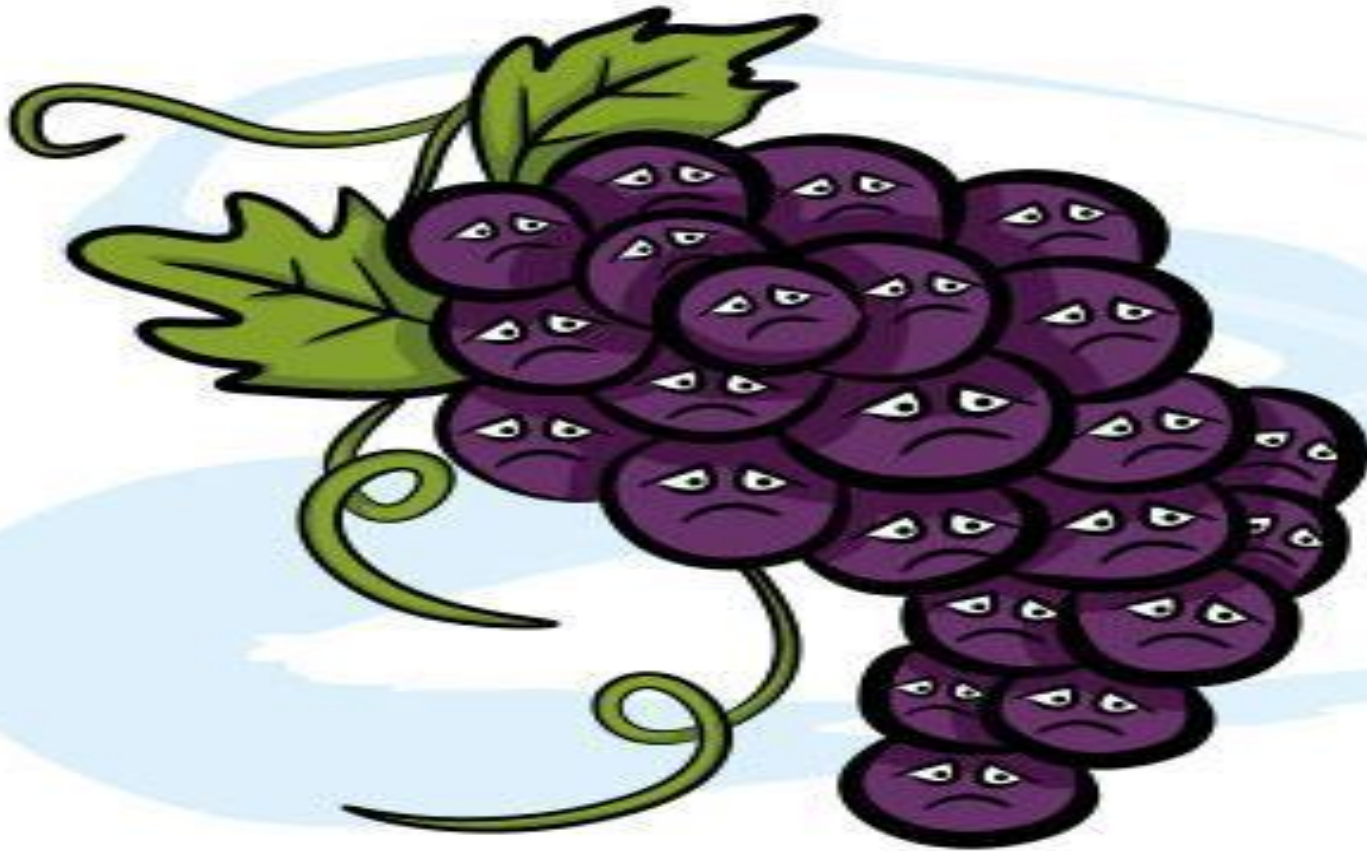
*Tom is the captain of the handball team. Everyone  
knows  
he is the top banana!*





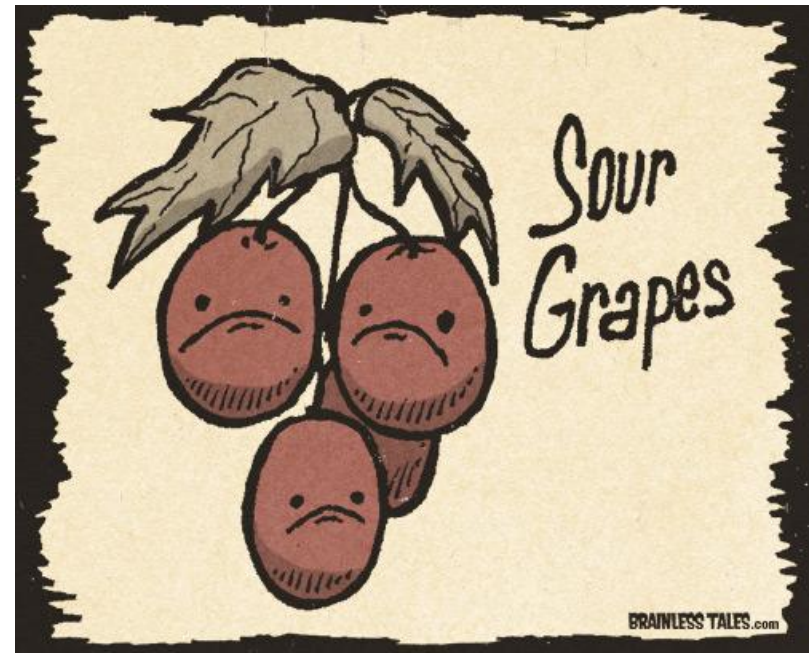
# English Idioms: Food

## Sour grapes



**Pretending to dislike something  
you cannot have.**

- притворное равнодушие, «зелен виноград» (аллюзия на басню «Лиса и виноград»)
- *She said she didn't want to join the club anyway, but I bet it was clearly sour grapes.*



## English Idioms: Food

### Lemon law



**An American law that protects  
purchasers of faulty cars.**



- лимонный закон (гарантируют покупателям возврат денег за товары, которые не соответствуют заявленному качеству)
- ***Automobile Lemon Law of this state is designed to protect the consumers from unsafe and defective new cars.***





## English Idioms: Food

Egg head



A very studious and academic person.

- *Заучка, ботан*
- *In spite of his love of reading he denied being an egghead.*



**Big cheese**



**An influential person.**

- *Важная персона, шишка*
- *The big cheese will give everyone a bonus at the end of the year*

