You'll need to rely on your brains.

You is a personal pronoun in the nominative case.

Men don't always like smart girls.

Men is a noun in the common case, plural

Did you have a fight?

You is a personal pronoun in the nominative case

Why does it have to be so complicated?

It is a notional subject which refers back to a noun, which was previously mentioned

They gave her a hug to congratulate her.

They is a personal pronoun in the nominative case.

And as usual, only Gracie celebrated for her and with her.

Gracie is a proper name.

What a beautiful sister you are!

What a beautiful sister you is a clause.

She managed to avoid Jack at school all the next day.

She is a personal pronoun in the nominative case.

My mom died.

Mom is a noun in the common case, singular.