

Banya

a Russian type of sauna, a kind of steam bath) is one of the oldest Russian traditions. Usually those Russians who have summer cottages, almost always build their own *banya* there.

A Russian banya (бáня) has a special room, where a large amount of hot steam is created with the help of water and hot air.

The banya atmosphere brings people closer together, allows them to communicate and interact on a more common level.











