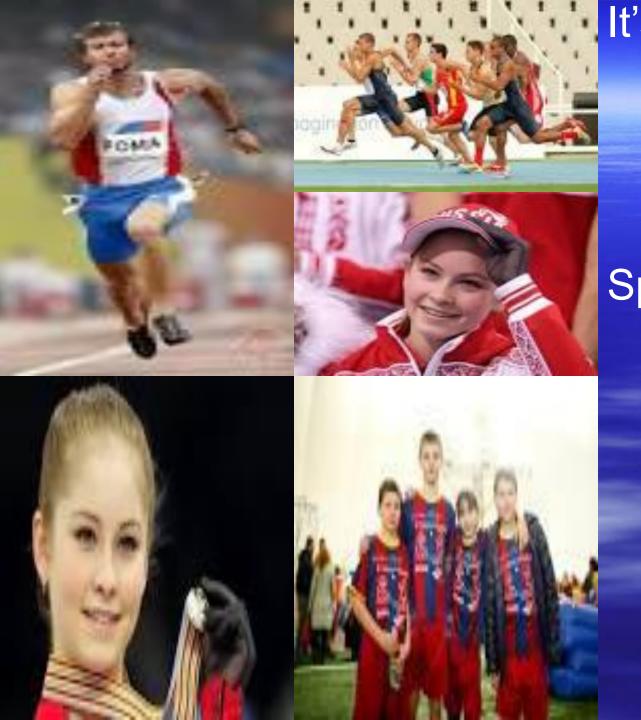
Sports in our Life

Sports in Brief



People all over the world are fond of sports and games. Sport makes people healthy, keeps them fit. Sport is an exiting creative sphere of hard work and competition.

Also, in sport everyone seeks answers to his own problems.



It's a sphere where men and women want to surpass themselves.

Sport makes a person's character. It's good for moral development as well. It's a way to meet other people, even people from other countries.



Kinds of Sport

There are many kinds of sport.
But people divide them into 2
types.



Playing



Fighting



Playing is a type of Sport, which needs for entertaining. People do it to get relax and pleasure. Playing type of **Sport** includes football, basketball, volleyball, tennis, hockey, etc.

In Fighting type of sport people train to protect themselves and people who are around them. **Fighting** kinds of sport includes judo, karate, boxing, and many more.



Many people do sports on their personal initiative. All the necessary facilities are provided for them: stadiums, sports grounds, fitness clubs, swimming pools, skating rinks, e.t.c. Sport is paid much attention to in our educational establishments.



Alexander Ovechkin

- Hockey RussianChampion.
- Getter Gagarin's goblet.
- World Champion.
- Olympiad player.



Irene Isinbaeva

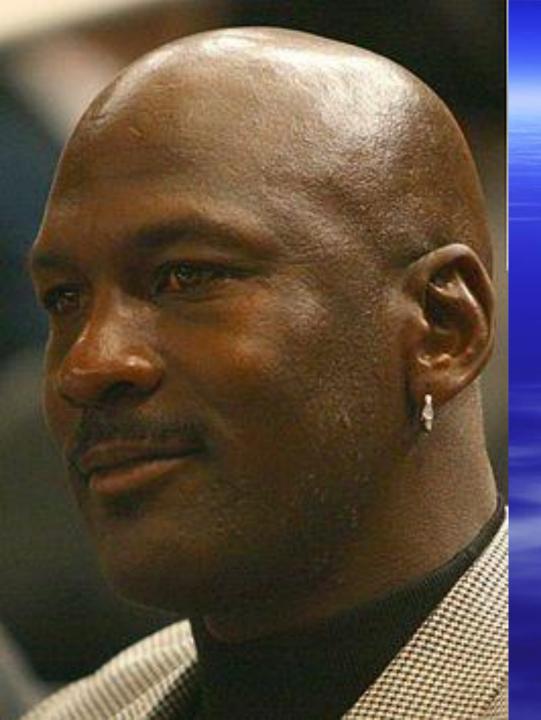
- Russian Champion
- 2006 EuropeChampion
- 2004, 2008 -OlympiadChampion
- 2005, 2007, 2013 –World Champion





- 1988, 1993 –OlympiadChampion
- 1997, 1998, 1999
 - World Champion

Alexander Karelin



Michael Jordan

- 1992 AmericanChampion
- 1984, 1992 –OlympiadChampion



Michael Shumaher

1994, 1995,
2000
2001,2002,
2003, 2004
World
Champion

Luis Ronaldo

- 1994, 2002 World
 Champion
- 1997, 1999 –American Champion



l'am a sportsman



As for me, I' am a sportsmen too. Every Sunday I go to swimming pool. On Monday and Friday do karate. Sometimes I like to play volleyball or basketball. I also do exercise every day.

