



# OBENTO - A TASTY TRADITION!

Spotlight 8 Module 2a

# What do you usually eat at school? Where do you usually get it/them from?

- A sandwich
- Biscuits
- Soup
- A hot meal
- Crisps
- Salad
- Fruit
- Pizza
- A bun



# Look at the pictures. What do you think an 'obento' is?





## Now tell your friends about an 'obento'.

- An 'obento' is....
- Its origin goes back to ...
- You can buy an obento ...
- To make an obento you need...
- It's important that obentos look...
- Obento portions for nursery schools should be...



# Ways of cooking



**bake**



**boil**



**fry**





# steam



# grate



**peel**



**slice**



1 Which of the ingredients in the pictures are mentioned in the song? Listen and tick (✓).



## I ♥ Cooking

We've got a lot of mushrooms  
And we've got a lot of meat  
Let's make something  
Really good to eat

I love cooking  
I can fry and boil and bake  
Just give me a recipe  
There's nothing I can't make

We've got a lot of onions  
And we've got a lot of rice  
Let's make dinner  
It will be so nice





Thank you!