

**Enjoy the video and think about the  
topic of the lesson**



# Teenagers' Problems



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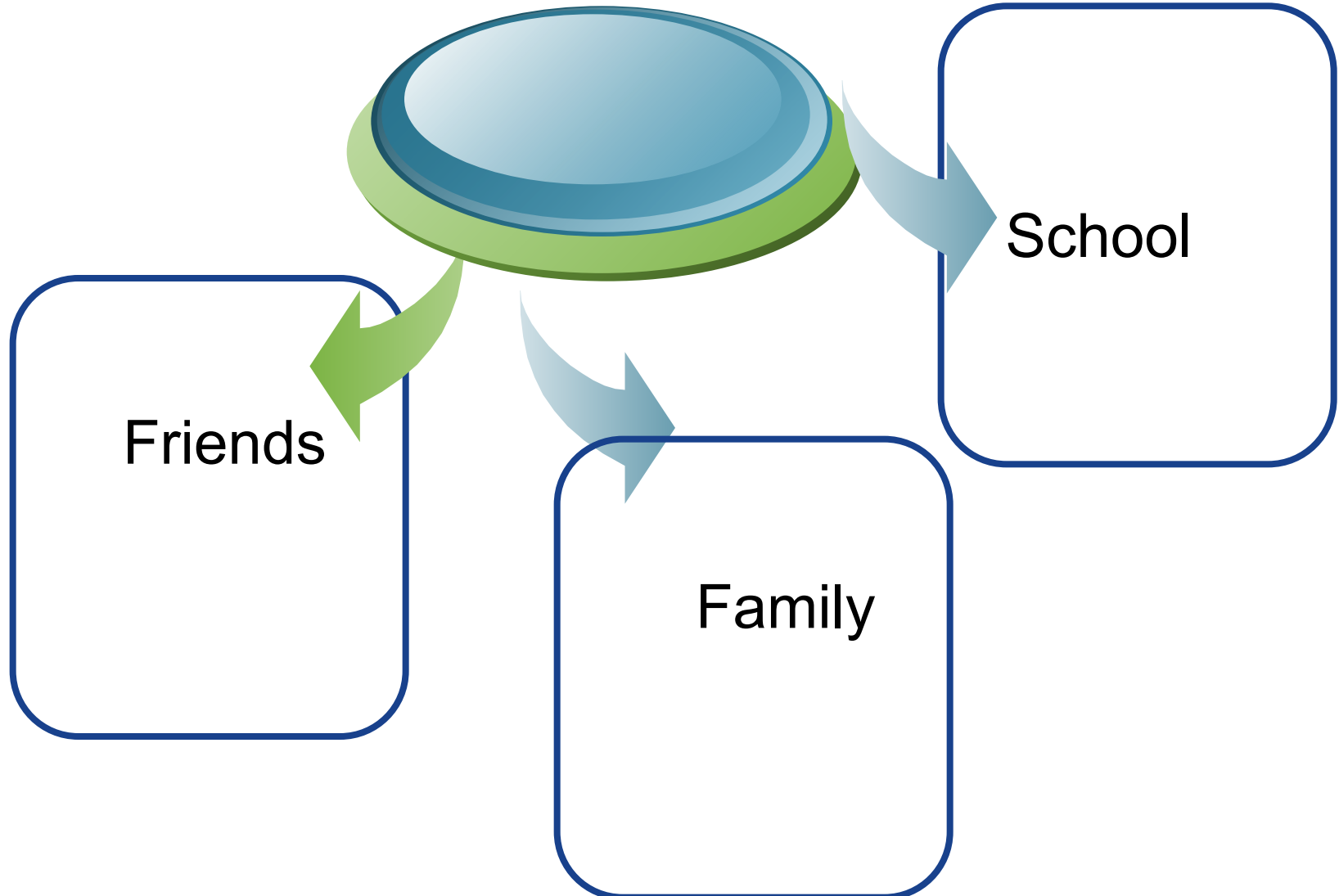
**How is your self-image?**

# *What is a youth?*



- ❖ A youth is the period between being a child and being fully grown.
- ❖ This time of madneses, opening and new interesting acquaintances.
- ❖ It is a very nice period of life, but young teenagers have a lot of problems.

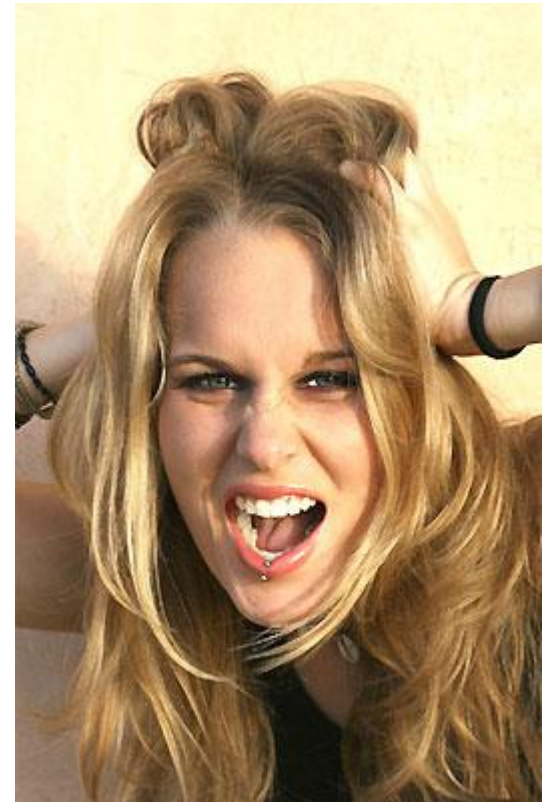
Which of these things do you think are the most important in teen's lives?





# What are the teenagers' problems?

- ❖ *family problems;*
- ❖ *smoking;*
- ❖ *drinking;*
- ❖ *drugs;*
- ❖ *fights;*
- ❖ *trouble with the police;*
- ❖ *personal problems;*
- ❖ *school problems;*
- ❖ *loneliness;*
- ❖ *poverty;*
- ❖ *violence;*
- ❖ *cruelty;*
- ❖ *discrimination;*
- ❖ *stress;*
- ❖ *generation's gap*
- ❖ *parents' expectations are too high*



# Different pressures teenagers face today

## *Time to talk!*

Look at the pictures which show different pressures teenagers face today.

Describe:

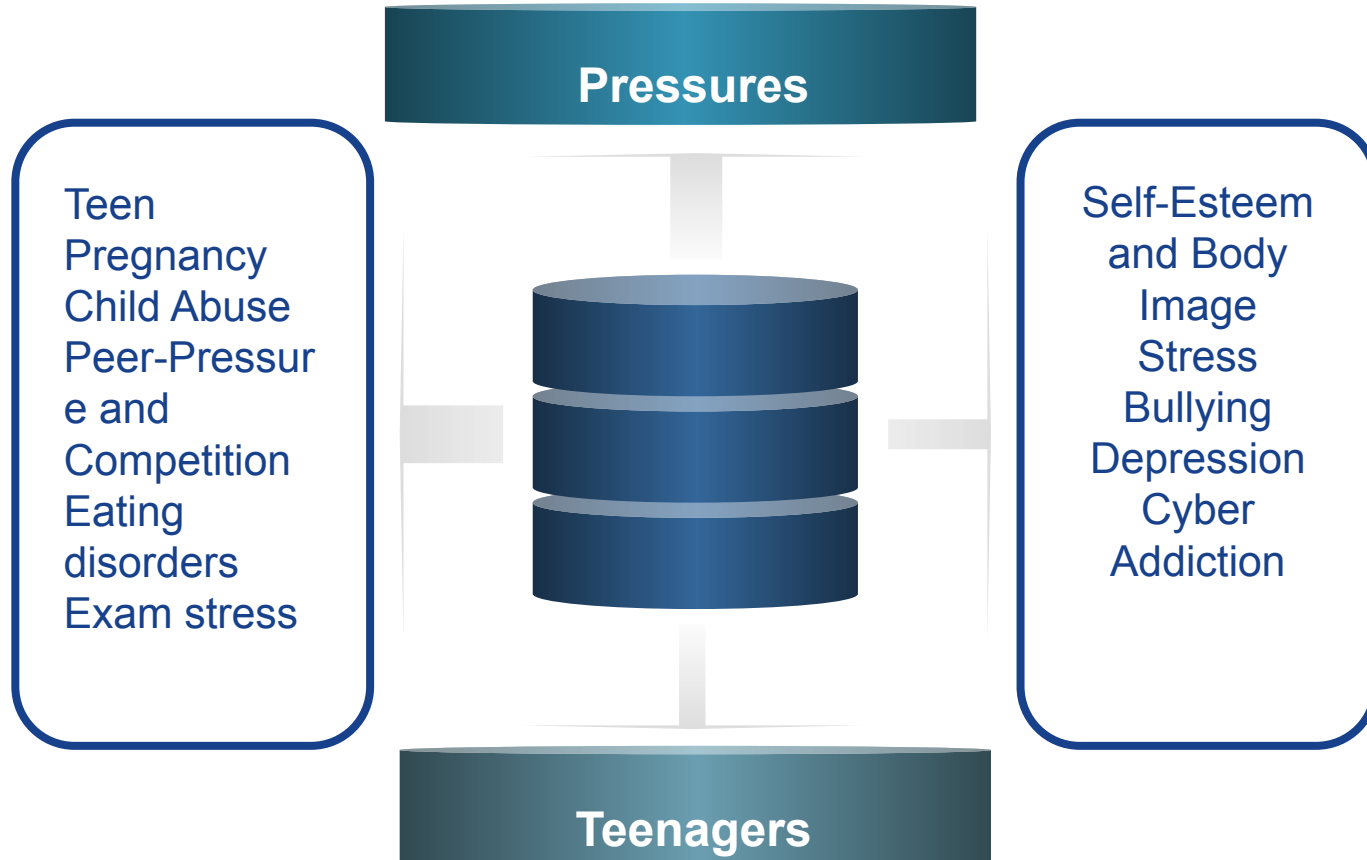
- who is in the picture.
- where they are and what they are doing.
- what kind of pressure the picture shows.

What do you think are the biggest pressures teenagers face today?

What can be done to help teenagers cope with pressure?



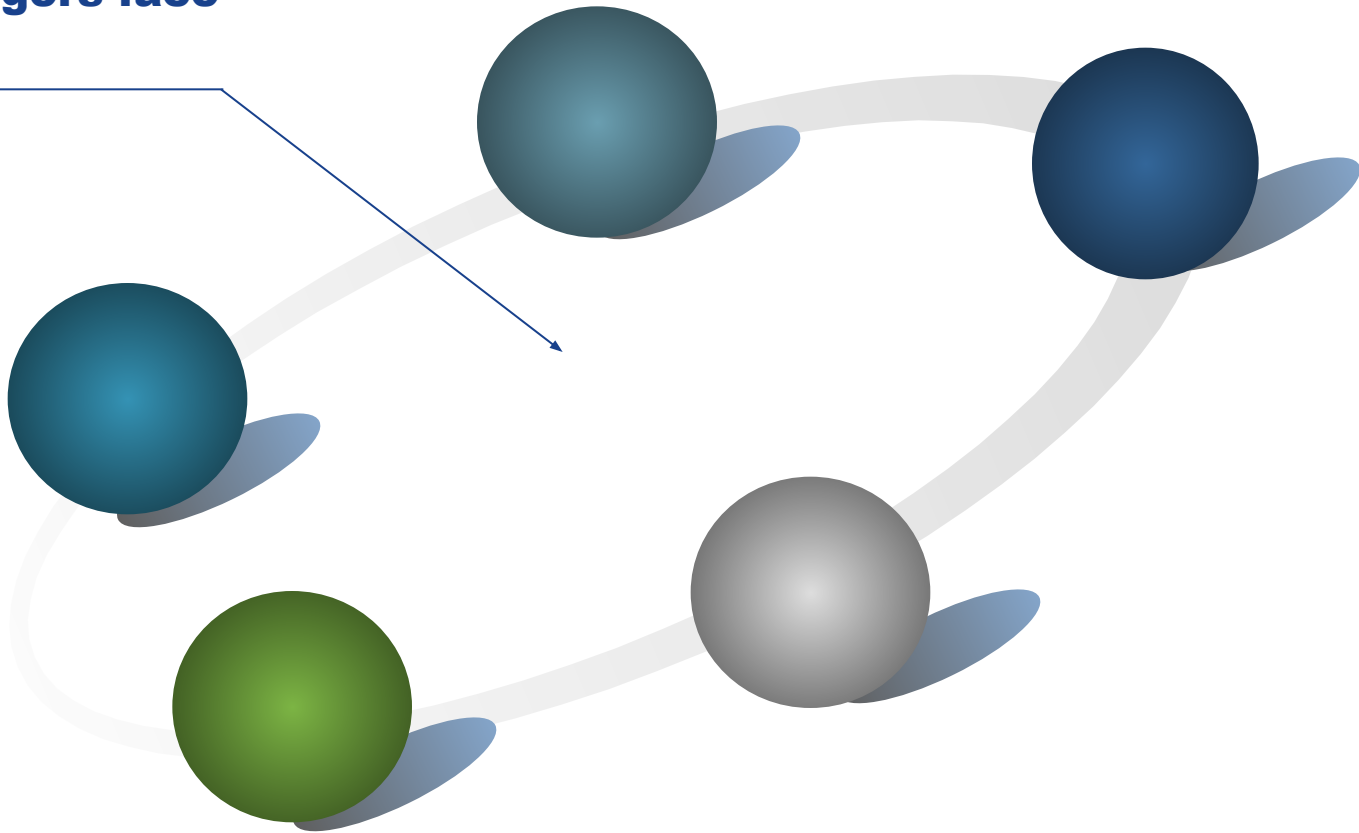
# Different pressures teenagers face today



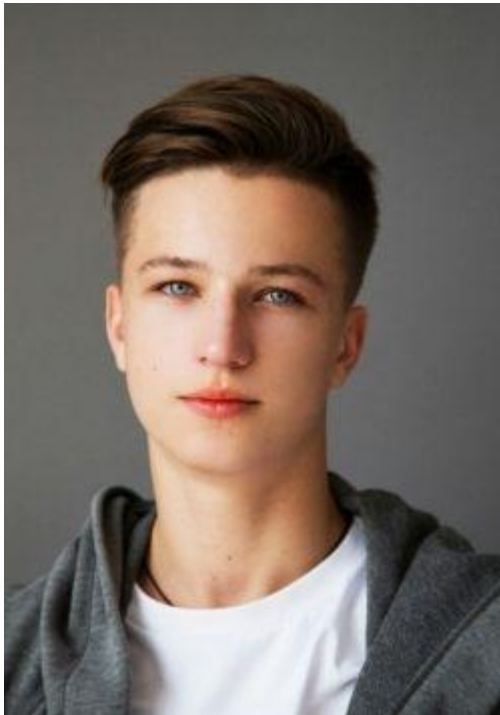


All of these pressures are connected to one another, like a chain reaction.

**Different pressures teenagers face today**



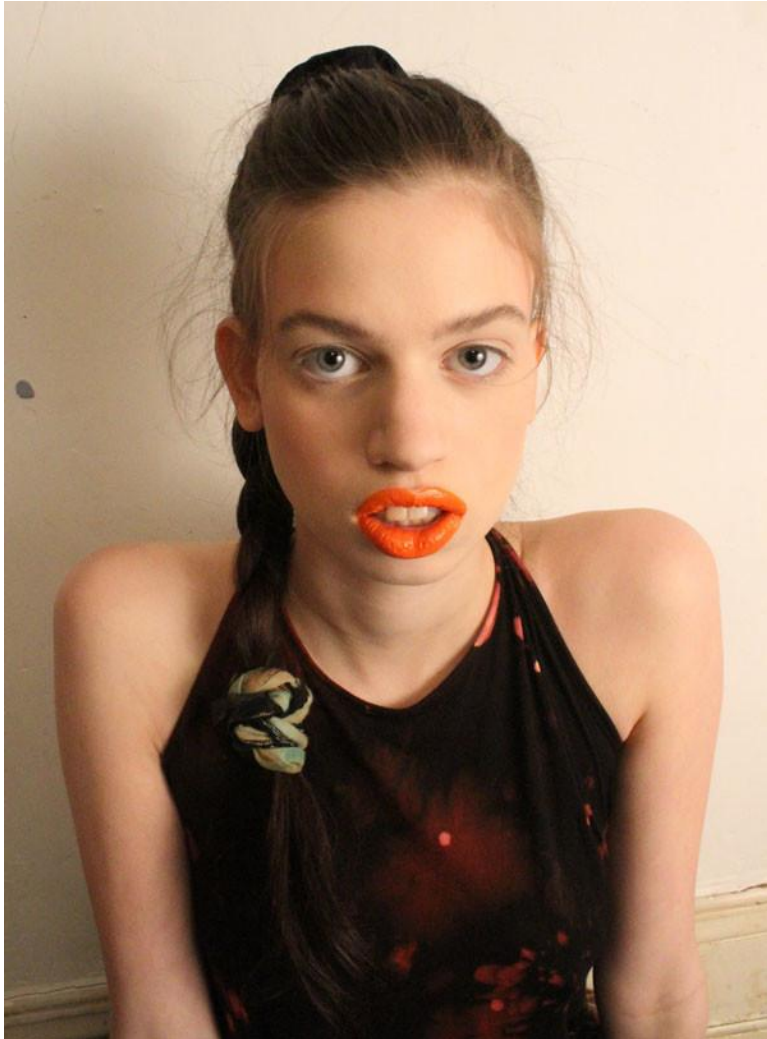
# I'm a teen, therefore I'm bad



There are so many pressures on us teenagers – it's unbelievable! We have to behave, look and even talk in a certain way! Adults and parents don't understand us and we always seem to irritate them too much.

**Paul, 16**

# I'm a teen, therefore I'm bad



**Sometimes I feel that life isn't worth living at all. All my friends are gorgeous, they've got so many guys after them. And I am ugly! When I see my face in the mirror, it literally makes me sick! I'm just horrible!**

**Jane, 15**

# I'm a teen, therefore I'm bad



My mum is a single parent. She has two jobs can't afford to give us much money. I know I'm lucky to have a roof over my head and a family who loves me, but sometimes I feel so sad. I'm the only one in my class without a mobile phone. And I wish I have some pocket money too.

Nick, 15



# I'm a teen, therefore I'm bad



**I'm 13 years old and I'm an Internet addict. I spend 8-10 hours a day chatting. Why? Because people on the Net care about me.**

**Sam, 13**



# I'm a teen, therefore I'm bad



**We have constant pressure from TV, Internet, magazines, billboards and parents, as to how we should act. Our society places a lot of emphasis on perfection and winning, so it's not surprising that so many teenagers across the world are lacking in self-esteem.**

**Jim, 17**

# A typical American Teen

- ❖ **What's your idea of a typical American teenager?**
- ❖ **A rich kid with his own car?**
- ❖ **A girl whose parents let her do anything she likes?**
- ❖ **A drug addict?**
- ❖ **Or a poor guy with ordinary problems?**
- ❖ **Express your own ideas in groups, make a project work and protect it.**

# *What are teens' life ambitions?*

- ❖ *enjoy life;*
- ❖ *be independent;*
- ❖ *earn money;*
- ❖ *rebel against the society;*
- ❖ *change the world to the best;*
- ❖ *do well at school;*
- ❖ *express their individuality*

# Who can help?



- ❖ ***teenagers themselves;***
- ❖ ***parents;***
- ❖ ***adults;***
- ❖ ***school;***
- ❖ ***The Government***

# How is your self-image?

**Answer these questions and find out.**

- 1. Do you worry about others think about you?**
- 2. Are you good at what you do?**
- 3. Do you wear what others expect you to wear?**
- 4. Do you worry if you upset others?**
- 5. Do you often apologise to people?**
- 6. Do you do things that you don't want to just to keep the peace?**
- 7. Do your classmates like you?**
- 8. Do you find it easy to accept a compliment?**
- 9. Do you wish you were more talented?**
- 10. Do you keep your opinions to yourself?**



# Test yourself

## ❖ **Mostly Yes**

Your self-image tends to be dictated by others. Try learning to be more assertive and stick up for yourself, and focus on things that you are good at, and you enjoy doing. Be nice to yourself, respect yourself, and others will do the same.

## ❖ **Mostly No**

You have a strong self-image, a strong sense of purpose in life, and you are aware of your strengths and weaknesses. Be careful about becoming too big-headed.

## ❖ **Mixed Answers**

You feel rather positive about yourself, but you may feel a little insecure from time to time. Remind yourself of your strengths and achievements, instead of thinking about your weaknesses and insecurities.

# Reflection

- ❖ What new things have we learnt at this lesson?
- ❖ Did you like the lesson? What do you feel now?

## Emoji Exit Ticket

Circle the Emoji(s) that reflects how you got on today in the lesson. Explain your reasons why...



I chose this Emoji because .....

.....

.....

# Assessment

Name \_\_\_\_\_

Today in class, we learned \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ and it was important to me because \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**I was interested in what  
we learned today:**



**I understood what we  
were doing today:**



**I completed all of my  
work in class today:**



A person in a blue suit stands on a road that leads to a bright sunburst. The background is a complex, blue and green grid pattern. The text "Thank You!" is overlaid on the image.

*Thank You!*