

# ENGLISH TEA



***Traditionally the English drink tea  
six or seven times a day:  
in bed,  
at breakfast,  
at lunch,  
during the day and  
at 5 o'clock.***



Prince Charles II



Catherine of Braganza

In 1662 Prince Charles II married the Portuguese princess, Catherine of Braganza, who brought to the court the habit of drinking tea.

Firstly tea had the success among rich men, and then among other English citizens.





The popularity of tea was formed slowly but FOREVER.



A mug

Nowadays the English  
usually drink tea with milk  
and sometimes  
with sugar in a mug.



milk



sugar



They like strong tea.





In England they say jokingly:  
“The test of good tea is simple.  
If the spoon stand up in it,  
then it is strong enough;  
if the spoon starts to wobble,  
it is a feeble makeshift”.





*Even very slightly formal events can be a cause for cups and saucers instead of mugs.*





*There are two types of tea rituals – AFTERNOON TEA and HIGH or FIVE O’CLOCK TEA. They haven’t great differences.*



# ENGLISH TEA RITUAL





*For English tea ceremony you need:*

# 1. A table covered by a white or blue tablecloth



## 2. A small vase with fresh white flowers



### 3. Napkins





## 4. A teapot with tea



## 5. A tea cup and a saucer



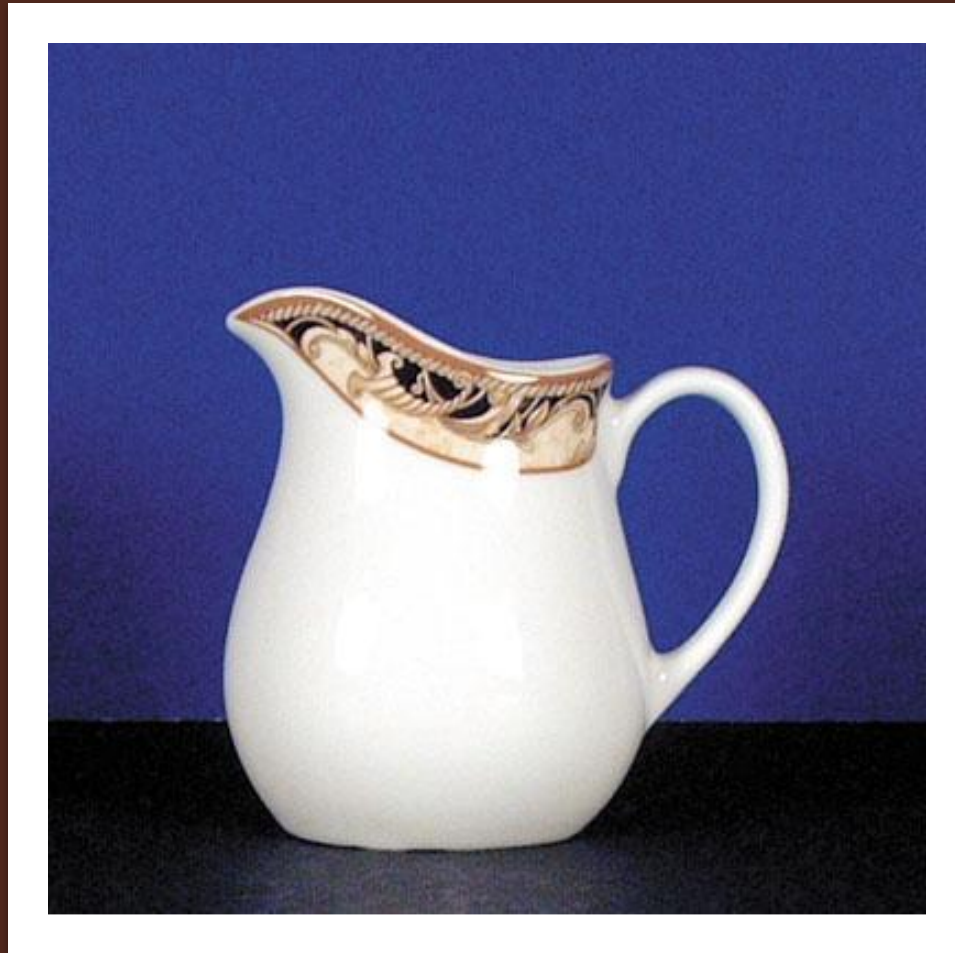
## 6. A dessert plate



## 7. A teaspoon, a fork and a knife



## 8. A jug with milk or cream



## 9. A tea strainer with a saucer for it



# 10. A sugar-bowl with sugar cubes



## 11. A tea-cozy





# HOW TO MAKE ENGLISH TEA



1. Fill the kettle with cold water



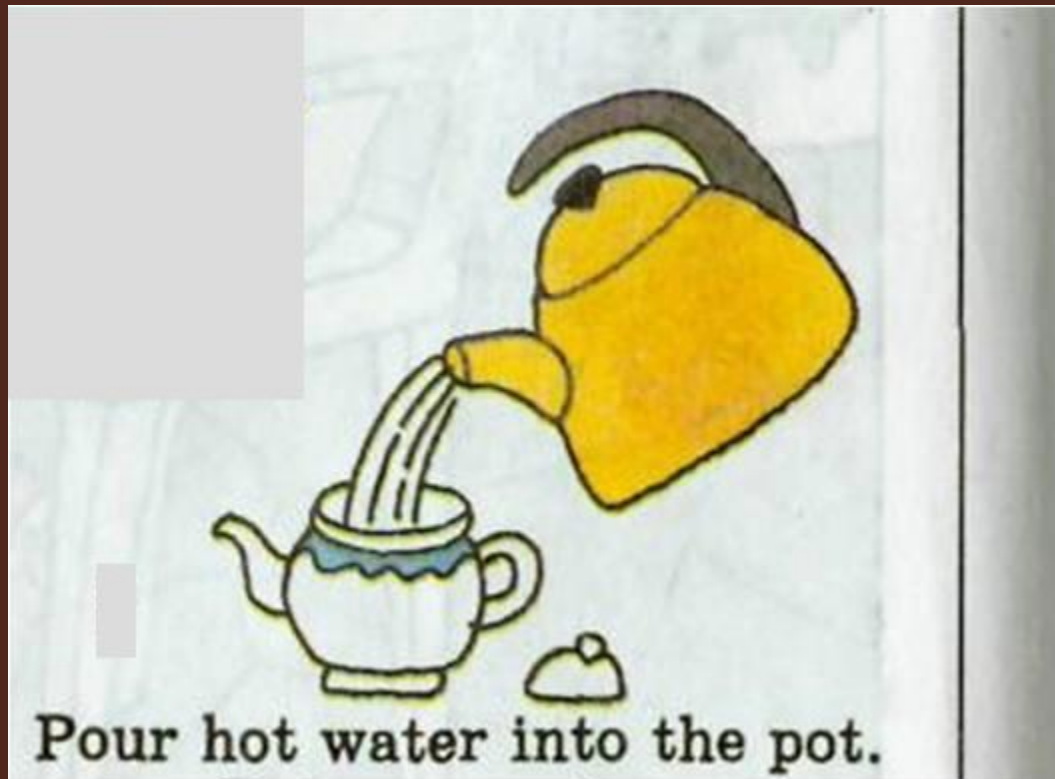
2. Boil the water.



3. Warm the pot.



5. Pour hot water into the pot.



6. Place a tea strainer over the top of the cup and pour the tea in. Add some milk.



7. Place a tea-cozy on the teapot to keep the tea warm.





That's all – you have a nice cup of English tea.



*If you want, you can add some sugar.  
Tea can be served with plenty of scones, teacakes,  
Ginger bread with salted butter, large-cell waffles,  
Creams and jams and many-many other snacks.  
Enjoy your tea!*



I think that this English tradition is a lovely way to spend time with friends in a genteel and special atmosphere.



Cutting a long story short, let's take  
a nice cup of tea!



## Tea Proverbs and idioms:

Reading tea-leaves — predicting when something will happen;

Husband's tea — very weak tea;

Not for all the tea in China — not at any price;

Easy as tea-drinking — easy deal;

Storm in a tea-cup / a tea-kettle — a big fuss made in a small context;

A cup of tea — a person;

— an activity that you like or at which you are super. For example: “Reading is my cup of tea”.

An old cup of tea — an old woman;

An unpleasant cup of tea — a gloomy man;

To be one's cup of tea — to be liked by someone;

A quiet cup of tea — an untroubled state.

## Puzzle

Find the words: чайник для заварки чая, чашка, ложка,  
чехол для чайника, сахар, ситечко, чайник, печенье,  
пирожное, молоко, наслаждаться, кружка

S	U	G	A	R	P	B	O
T	F	D	X	S	C	U	P
R	T	E	A	P	O	T	S
A	Y	W	N	O	Z	U	C
I	E	N	J	O	Y	M	O
N	M	B	R	N	C	I	N
E	U	K	E	T	T	L	E
R	G	Z	E	C	A	K	E