


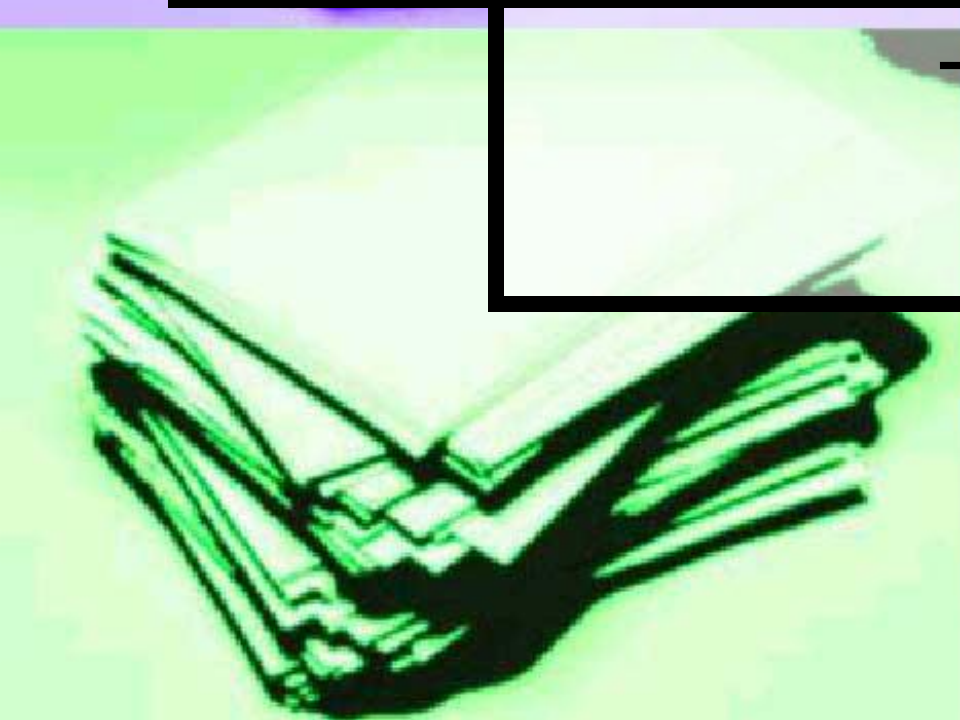


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Урок: «Один день в моей жизни»



# A day in my life



Teenage life  
19.12.11

# Questions of the day

“What are your daily routines?”

“How can we spend a good day?”

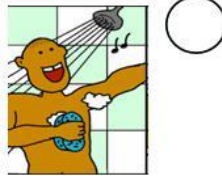
“What is a favourite day?”

“What is teenage life in Russia?”





# daily-routines.ppt My day presentation



# Questions

- When do you usually get up?
- What do you do then?
- At what time do you come to school?
- How many lessons do you have every day?
- What's your favourite lesson? Why?
- When & where do you do your h/w?
- What do you do in the evening?
- Do you always watch TV before you go to bed?



# Daily routine

## My day





# Spotlight on Russia

**Spotlight on Russia** talks to Marina Smirnova – a 12-year-old student from St Petersburg.

Hi, my name is Marina Smirnova. I'm 12 years old and I live in the beautiful city of St Petersburg. My daily routine is typical of most students my age.

I get up at 7:00 am and after a quick breakfast I walk to school. School starts at 8:00 am and finishes at 2:00pm from Monday to Friday. There are 30 students in my class and every day we have 6-7 lessons. Each lesson lasts 45 minutes with a 10-minute break in between. My favourite lessons are history and maths. They are both very interesting. We have lunch in the school canteen during the longer break in the afternoon. We have many exciting things to do at school after classes. On Tuesday and Thursday I have guitar lessons.

After school I go home and eat a snack before I start on my homework. We always have lots of homework to do and it usually takes me 2-3 hours to finish it. Around 6 o'clock in the evening, I have dinner with my family. I enjoy this time because on weekdays it's the only chance we have to relax and be together as a family.

After dinner, I usually watch TV. I like watching Sports and Music shows. Sometimes I play a game of chess with my father. Most nights I go to bed at 10:30pm and read for a while before I go to sleep.

What kind of life do you lead? Write in and tell us.

ACTIVITIES

Discuss in class:

- What time do you usually wake up? Do you have late nights, or do you always go to bed early? Have you got a strict daily routine? What do you usually do every day? How different is it in different seasons?



# Spotlight on Russia

- 1) Where is the girl from?
- 2) What daily routine has she got?
- 3) When does the school start?
- 4) How many lessons does she have every day?
- 5) What are her favourite lessons? Why?
- 6) What does she have twice a week?
- 7) How many hours does she spend on her homework?
- 8) What are her TV habits?
- 9) What are her hobbies?









# LEAFLET

## “ How to spend a good day”



### Rules:

1. Get up \_\_\_\_\_.
2. Have a \_\_\_\_\_ to feel fresh.
3. Have a big \_\_\_\_\_.
4. Don't be late to \_\_\_\_\_.
5. Study \_\_\_\_\_.
6. Don't argue with \_\_\_\_\_.
7. Do your \_\_\_\_\_ every day.
8. Read \_\_\_\_\_ you go to bed.

- 
- 
1. Breakfast
  2. school
  3. shower
  4. hard
  5. teachers
  6. early
  7. before
  8. h/w





# LEAFLET

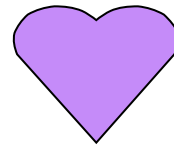
## “ How to spend a good day”



### Rules:

1. Get up early.
  2. Have a shower to feel fresh.
  3. Have a big breakfast.
  4. Don't be late to school.
  5. Study hard.
  6. Don't argue with teachers.
  7. Do your h\w every day.
  8. Read before you go to bed.
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Listening – I



SATURDAY !!!





# Fill in the gaps:

1. Saturday is a \_\_\_\_\_ day for me.
2. It starts at \_\_\_\_\_ o'clock with a big breakfast.
3. Then, I set off for the scout \_\_\_\_\_ with my friend.
4. We arrive at the forest & put up our \_\_\_\_\_.
5. After that, the leader teaches us new things, like how to tie knots & \_\_\_\_\_ fires.
6. At 6 we play & cook dinner on the \_\_\_\_\_.
7. Before we go to sleep we \_\_\_\_\_ stories.
8. I absolutely \_\_\_\_\_ Saturdays.



# My favourite day



Tell the class about your mum's daily routine

12-15 sent. – "5"

9 - 11 sent. – "4"

10 - 7 sent. – "3"







# The end



# Good luck!