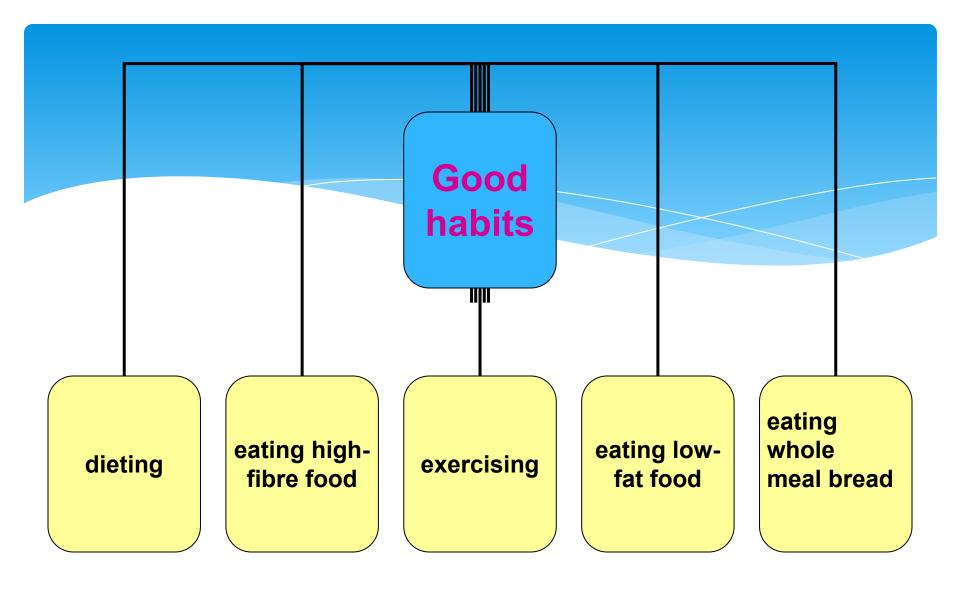
Good and Bad Habits.

- * When do you usually get up?
- * Is it easy or difficult for you to get up early?
- * Do you follow a diet?
- * Is your lifestyle regular or chaotic?
- * What is your favourite food?
- * Do you do morning exercises?

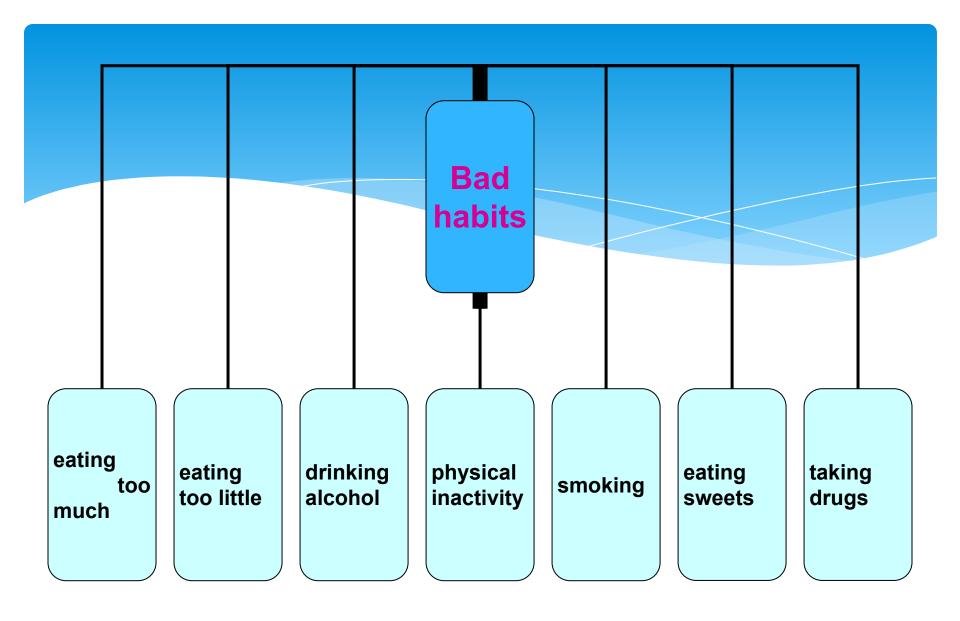
















Why does he look so unhealthy?





