

Helpline ChildLine

*Skills — reading for specific information
— reading for detailed understanding*

Reading: an informative text from
ChildLine's
homepage

Writing: a few sentences about *ChildLine*

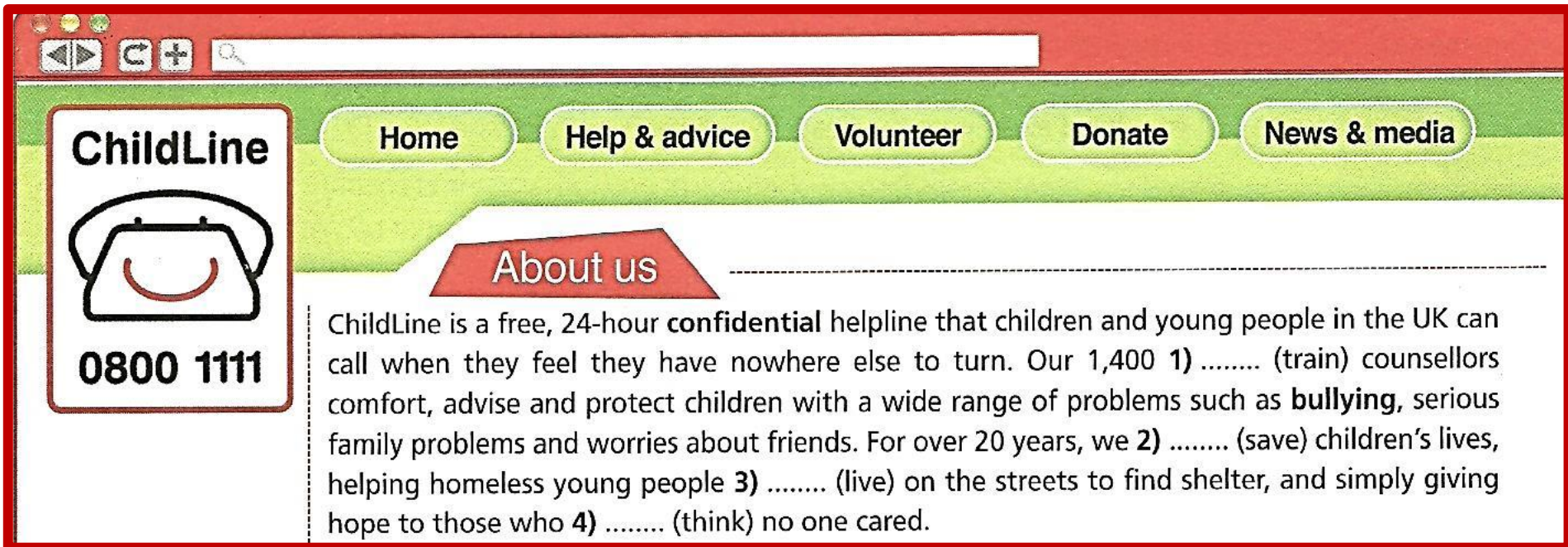
Speaking: giving a summary

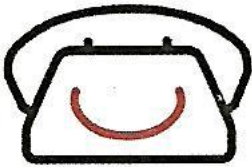
Project: a presentation about a helpline or a
charity



I was being bullied at school but was afraid that telling a teacher would only make things worse. After I called ChildLine and spoke to one of their counsellors, I felt more confident about my right to ask for help and what I should say.

‘ChildLine’ is a telephone helpline that offers advice to children who have problems



ChildLine

 0800 1111

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About us

ChildLine is a free, 24-hour **confidential** helpline that children and young people in the UK can call when they feel they have nowhere else to turn. Our 1,400 **1)** (train) counsellors comfort, advise and protect children with a wide range of problems such as **bullying**, serious family problems and worries about friends. For over 20 years, we **2)** (save) children's lives, helping homeless young people **3)** (live) on the streets to find shelter, and simply giving hope to those who **4)** (think) no one cared.

trained

have been saving

living

thought

1 When can I call?

2 Who will I speak to?

3 How many calls do you get every day?

Facts & Figures

- Every day, **5)** (many) than 4,500 children and young people call ChildLine.
- ChildLine has counselled around two million children and young people since 1986.
- ChildLine receives almost three times as many calls from girls as from boys.
- 22% of callers are aged 5-11, 60% are aged 12-15 & 18% are aged 16-18.
- About 550 teens per year call because of **6)** (press) from exams.

more

pressure

1 When can I call?

2 Who will I speak to?

3 How many calls do you get every day?

counsellor /kʌnsələʔ/ (n) советник, консультант

Get Involved

Help beat bullying: Sadly, bullying is the **7)** (common) problem that children call ChildLine about. We can send you an anti-bullying pack full of great activities, tips and ideas. Or why not **fundraise** for us during anti-bullying week and help us to raise money to answer calls from a **further** 1,000 children every day?

Start a peer support scheme: Young people can help each other! We can help you set up a 'peer support scheme' at your school and train volunteer pupils in **8)** (listen), empathy¹ and problem-solving skills.

Help us take more calls: Only around half of the young people who call us every day get through. You can help by making a **9)** (donate) or even **volunteering** as a childline counsellor yourself.

most common

listening

donation

1 When can I call?

2 Who will I speak to?

3 How many calls do you get every day?

fundraise /fʌndreɪz/ (n) сбор средств

bully /bʊli/ (v) запугивать, издеваться

donate /dəʊneɪt/ (v) помогать, делать пожертвование



Match the words in bold to their meaning: *extra, private, terrorising, protection/ somewhere to live, collect money, offering unpaid help.*

confidential — *private*

bullying — *terrorising*

shelter — *protection/somewhere to live*

fundraise — *collect money*

further — *extra*

volunteering — *offering unpaid help*



Listen and read the text. Answer the questions. Use your answers to tell the class a short summary of the text.

- What is ChildLine?
- Where is it located?
- Who does it help?
- How can someone get involved?

ChildLine is a free helpline for children and young people in the UK. There are many ways to get involved. You can find out how to stop bullying by ordering an anti-bullying pack, or you can do some fundraising during antibullying week. Another idea is to set up a 'peer support scheme' in your school. Or you can simply make a donation or volunteer to become a childline counsellor



THINK!

Would you consider getting involved with ChildLine? Think of two reasons you would join it. In three minutes write a few sentences on the topic.

As for me, I would like to get involved with ChildLine

*I would like to help them put an end to bullying
and also help young people help each other*

*Young people can learn important skills such as
listening to each other, empathy and problem solving
skills*

*I think it is an important
organisation*



Project: In groups, find information about a helpline or other charity that helps children and teens in your country. Use the questions in Ex. 4. Present it to the class

‘Action for Russia’s Children’ is a British charity that works to help Russian charities provide an alternative to orphanages and children’s homes

It helps children and young people in Moscow who have all kinds of special needs: physically and mentally disabled children and the homeless

To help ARC you can take part in fundraising events, for example the ARC’s annual ball, volunteer to help on one of their projects or donate money

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Thanks for the lesson !