

Hello!



GOOD
MORNING



SPORTS

EXTREME

SURFING ADRENALIN

CRASH DIVING

FREE STUNT

DANGER FREE FALL

SANDBOARDING SKYSURFING

LATER CERTAIN WATER RIVER GIVEN IN LINE CATEGORY RELATIONSHIP
WIND PEER EXERCISE WEATHER
BOARDING MOUNTAIN RALLY
ENVIRONMENTAL DEBATABLE WAKEBOARDING
MAINTAINING SNOWBOARDING ADDITION
OBSTACLES INEVITABLY LEVEL RISK
ATHLETES ADVENTURE

FORM BOULDERING FLYING
ACTION CHARACTERISTICS ACTIVITIES
LOW

UNCONTROLLABLE DEMOGRAPHIC
MOUNTAINBOARDING RIVERBOARDING

DESCRIBE WIDE CRASH DIVING INHERENT ACTIVITY
OUTCOME WINDSURF VARIABLES DIS

CH DANGER SPECIALIZED INCLUDING FREE FALL VITECHIDEMIC 5 SKYSURFING CANYON



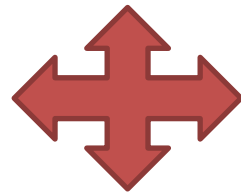
BUNGEE JUMPING



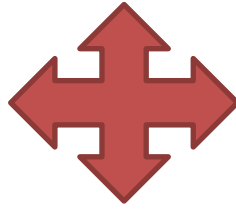
ICE CLIMBING



KITE SURFING



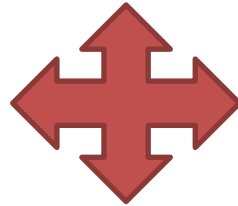
VOLCANO SURFING



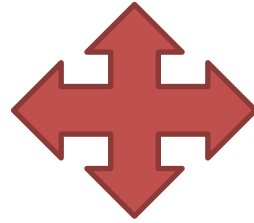
QUAD RACING



WOK RACING



RIVER BUGGING



EXTREME IRONING





**Inflatable
armchair**



**Chinese frying
pan**



ladle



Ice axe



**Webbed
gloves**



Metal spikes

Metal

track

Short

clothing

Smoking

spikes

World

championship

Protective

flippers

Icy

volcano

Metal

Short

Smoking

World

Protective

icy

spikes

flippers

volcano

championship

clothing

track

3**b** Extreme outdoors

Vocabulary

Extreme activities

- 1 Match each activity (A-H) with the equipment (1-8).
🔊 Listen and check, then say.

- | | | |
|---|--------------------------|-------------------------------------------|
| 1 | <input type="checkbox"/> | an inflatable armchair and flippers |
| 2 | <input type="checkbox"/> | a Chinese frying pan, a helmet and ladles |
| 3 | <input type="checkbox"/> | an ironing board and an iron |
| 4 | <input type="checkbox"/> | an ice axe and boots with metal spikes |
| 5 | <input type="checkbox"/> | a four-wheeled motorbike and a helmet |
| 6 | <input type="checkbox"/> | a board and protective clothing |
| 7 | <input type="checkbox"/> | a surfboard connected to a kite |
| 8 | <input type="checkbox"/> | an elastic rope |

You need an inflatable armchair and flippers to go river bugging.

Reading

- 2 a) Look at the text. What do you know about these three activities? How can you go faster when doing each one? Read to find out.

A
wok racing



B
river bugging



C
volcano surfing



D
quad racing



E
bungee jumping



Check these words

weird, craze, erupt, ash, protective, slope, speed, world championship,

Reading

- 2 a) Look at the text. What do you know about these three activities? How can you go faster when doing each one? Read to find out.

A
wok racing



Check these words

weird, craze, erupt, ash, protective, slope, speed, world championship, competitor, tip, bottom, compete, melt, rest, rapids, control, webbed gloves, backwards

EXTREMELY WEIRD!

Volcano Surfing

If you want to try this new craze, you'll have 1) to Nicaragua's Cerro Negro volcano. When this active volcano erupts, it throws out ash that's perfect 2) surfing on. Hike for 45 minutes to the top of the mountain, walk around inside the smoking volcano, then put on some protective clothing and fly down the slope at 50 kmph! If you sit down on your board, you'll go even faster.

Wok Racing

Imagine speeding down an icy track at 60 kmph in a Chinese frying pan. Wok racing started as a joke on German TV, but it soon became very popular and now 3) is a world championship every year. For protection, competitors wear a special suit and helmet and they also put ladles on their feet! So how do you 4)? Well, here's a hot tip – if you warm the bottom of your wok before competing, it melts the ice and you go faster.

River Bugging

You can sit in it, but you won't get any rest in this inflatable armchair. A river bug speeds you along a river and down rapids. If you 5) to control it well, you'll need webbed gloves and short flippers. Go backwards to go faster. The only problem is that you can't see 6) is coming if you go backwards. Watch out for that rock!

- b) Read the text and for each gap (1-6) choose the word that best fits.

- | | | | | |
|---|-----------------|--------------|---------|---------|
| 1 | A to travelling | C travel | | |
| | B to travel | D travelling | | |
| 2 | A in | B with | C at | D for |
| 3 | A it | B that | C their | D there |
| 4 | A win | B beat | C come | D earn |
| 5 | A see | B think | C feel | D want |
| 6 | A what | B that | C there | D it |