



# HEALTH

УРОК АНГЛИЙСКОГО ЯЗЫКА В 6 КЛАССЕ

# PHONETIC EXERCISE

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- **What's the matter?**
- **A disease**
- **Nose drops**
- **Cough syrup**
- **The plague**
- **To cure**
- **To have a cough**
- **To be ill**
- **To have/get a flu**
- **To have/get a cold**
- **I have a headache**
- **I have a sore throat**
- **A toothache**
- **A stomachache**
- **An earache**
- **A broken leg**
- **To feel better**
- **To feel worse**
- **To go to hospital**
- **Exactly**



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- ❑ **When should people get up and go to bed?**
  - ❑ **How many times a day should people clean their teeth?**
  - ❑ **What should people do before eating?**
  - ❑ **What healthy food should people eat?**
  - ❑ **Whom should people consult to prevent an illness?**
  - ❑ **What should people do if they have a cold?**
  - ❑ **What should people do if they have a toothache?**
  - ❑ **What should people do if they have a flu?**

# FIND THE RUSSIAN EQUIVALENTS FOR THESE ENGLISH PROVERBS

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□ **Good health is above wealth**

□ **An apple a day keeps a doctor away**

□ **Early to bed and early to rise makes a man healthy, wealthy and wise**

□ **A sound mind in a sound body**

□ **Кто рано ложится и рано встаёт, здоровье, богатство и ум наживёт**

□ **В здоровом теле – здоровый дух**

□ **Кушай по яблоку в день, и доктор не понадобится**

□ **Здоровье дороже богатства**

# PUT THE WORDS OF THE PROVERBS ABOUT HEALTH IN A LOGICAL ORDER

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- **wealth is good above health**
- **a day apple an away keeps doctor a**
- **to and healthy bed wise makes a rise man  
early and early to wealthy**
- **a mind sound in body a sound**

# MAKE UP A DIALOGUE

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- - Hello!
- - How are you?
- -That's a good idea!
- -I've got a stomachache.
- -What's the matter?
- -Hi!
- -I don't feel well.
- -Thank you.
- -I'm sorry to hear that. You should take some tablets.
- -I hope you'll better soon.



# AT THE DOCTOR'S

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# MAKE AS MANY SENTENCES AS YOU CAN

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- If you've got flu **you should** . stay in bed and keep warm
- If you've got a cold **you** . drink hot milk with honey
- If you've got a cough **shouldn't** . go out
- If you've got a cut . take tablets and drink much water
- If you've got toothache . pull your tooth out
- If you've got a sore throat . put a plaster on it
- If you've cut your finger . put your finger under cold water
- If you've burnt your arm . drink hot tea with jam
- If you've broken your leg . eat onion and garlic
- If you've broken your arm . eat ice-cream and drink cold water

# EX. 3, 4 P. 215



# READ THE TEXT

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**Last Sunday morning Ronald took part in the football match. It was rather cold. The weather was not fine at all. And it even started to rain. When Ronald came home he had a terrible headache and a red throat. Mother called the doctor. The temperature was high. Doctor said: Ronald is really ill!**

**He is running a high temperature. He is sneezing and coughing now. I am going to prescribe some medicine. Ronald should stay in bed for three days at least. He will be much better soon.**

# **FIND AND READ THE SENTENCES TO DESCRIBE:**

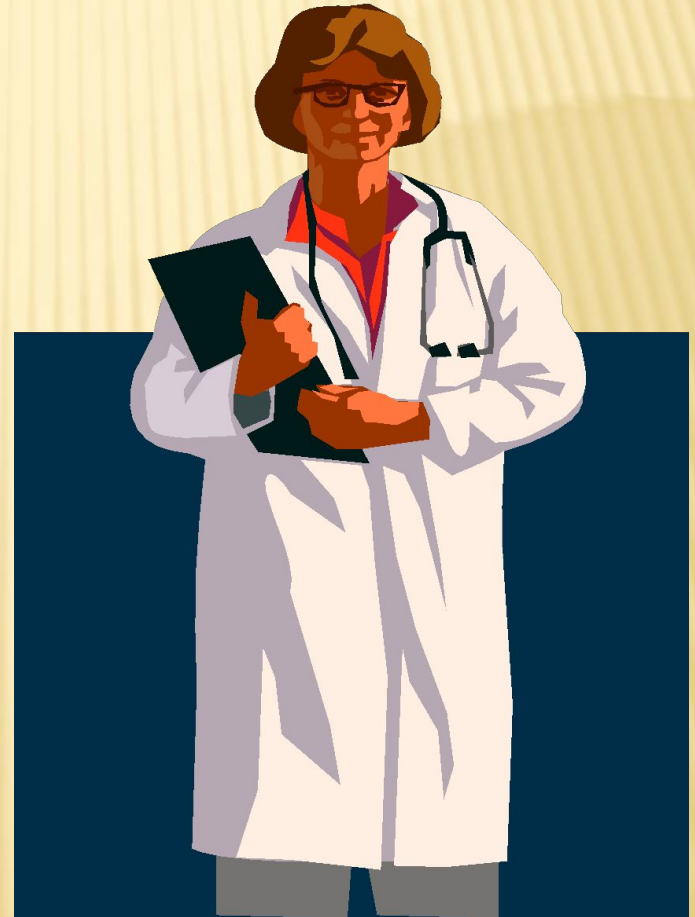
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- The weather
- Ronald's illness
- What the doctor did when she came
- What the doctor asked Ronald to do

# PUT THE POINTS IN LOGICAL ORDER:

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- ❑ the doctor's advice
- ❑ the mother's call to the doctor
- ❑ the weather on the day of the football
- ❑ the doctor's visit
- ❑ Ronald's health at the end of the day



# HEALTH

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graph TD; HEALTH((HEALTH)) --> A1((To eat healthy food)); HEALTH --> A2((To wash hands before eating)); HEALTH --> A3((To clean teeth twice a day)); HEALTH --> A4((Never smoke)); HEALTH --> A5((To air the room)); HEALTH --> A6((Get up early and go to bed early)); HEALTH --> A7((To go in for sports)); HEALTH --> A8((To do morning exercises));
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**To eat  
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**To wash  
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**To clean  
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**Never  
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**To air the  
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**Get up early  
and go to bed  
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**To go in for  
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**To do  
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**THANK YOU FOR  
YOUR  
ATTENTION!**