

UNIT 3



Food



Before you watch

Do you know anything about food in Britain? Try this quiz.

Quiz Window

- 1 Write the names of some traditional British food in the box below:



- 2 Answer these questions:
- a What do milkmen do?
 - b Do British people often eat bacon and egg for breakfast?
 - c When do British people usually have lunch?
 - d When do they usually have their evening meal?
 - e Does London have a lot of foreign restaurants? From how many different countries?
 - f Do British people really eat a lot of fish and chips?

a pizza

d bacon

g pasta

j cereal

b milk

e egg

h fish

k tomato

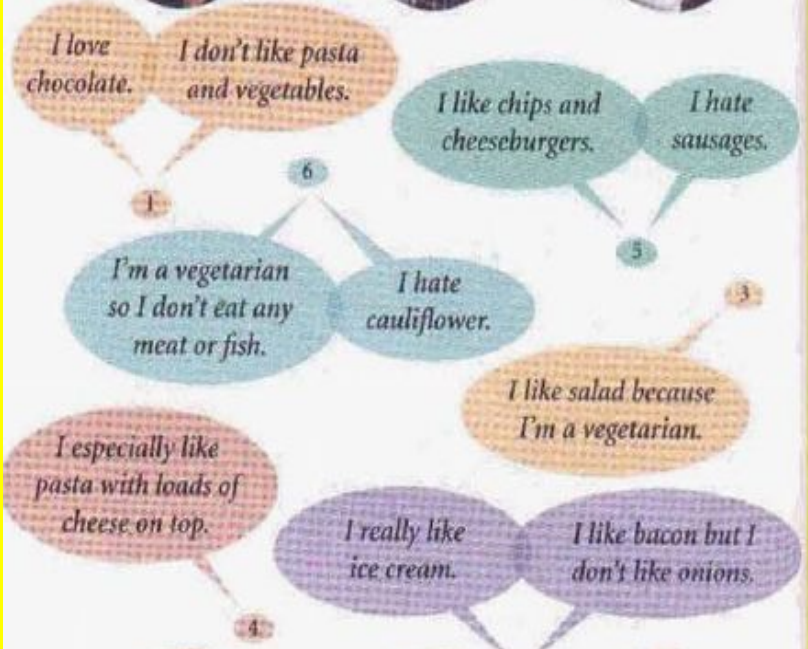
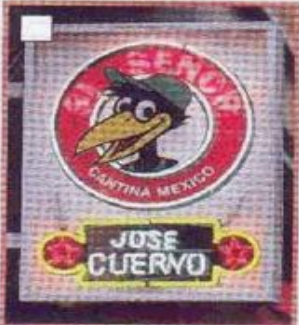
c chips

f sausage

i jam

l toast





What is it? Where is it from?

spanakopitta

roghan josh

lamb cooked in a
tomato and pepper sauce

India

sashimi

gim

dried toasted
seaweed

Korea

gado gado

patatas bravas

fried potatoes in a
hot pepper sauce

Spain

khao pat

pilaki

beans in olive oil

Turkey

kiri hodi

plantain

a type of banana,
cooked like a potato

the
Caribbean

DISH	WHAT IS IT?	WHERE IS IT FROM?
spanakopitta	small cheese and spinach pies	Greece
roghan josh		
sashimi	raw fish	Japan
gim		
gado gado	a vegetable salad with peanut sauce	Indonesia
patatas bravas		
khao pat	fried rice	Thailand
pilaki		
kiri hodi	a coconut milk curry with onions	Sri Lanka
plantain		



SPANAKOPITA

Handmade Greek inspired snack triangles with spinach and feta

48
PIECES

Baking tray included

No artificial colors,
flavors or preservatives

Vegetarian



KEEP FROZEN • BAKE & SERVE
SERVING SUGGESTION • PHOTO ENLARGED



NET WT. 48 oz (1.36 kg)

Keep frozen, do not thaw and eat frozen. Bake at 375°F for 15-20 minutes. Do not refreeze. © Cuisine Adventures, Inc. All rights reserved.

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Mutton
Rogan Josh



GADO-GADO

(VEGETABLE SALAD WITH PEANUT SAUCE)

INDONESIAN FOOD





PATATAS BRAVAS





ALA KIRI HODI (POTATO CURRY)



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