

Doing sports



Разработали
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Does sport play an important role in our life?

Yes, it certainly does. People need to go in for sport and lead an active way of life. Movement is life. Every day a person should take care of his body and keep fit. If you go in for sport you will be healthy.



Popular sports and games in Great Britain

Football is the national sport, and it is the passion of many Britons.

Cricket is the main summer sport in Great Britain.

Rugby and **golf** are also gaining popularity among the British. There are hundreds of beautiful fields for this game.

Tennis, badminton and squash are also very popular.

Darts was born in England several centuries ago. Now this game has become part of the British way of life.



Popular sports and games in Russia

Recently **football** has become the most popular sport in Russia.

72% of Russians watch football now.

The second most popular winter sport is **biathlon**. This sport includes skiing and rifle firing at targets.

About 64% of Russians watch biathlon.

The third most popular sport in Russia is **hockey**. **About 63% of Russians watch hockey now.**



Sport in our town

In our town there are schools, clubs, sections and different associations of more than 30 kinds of sport.





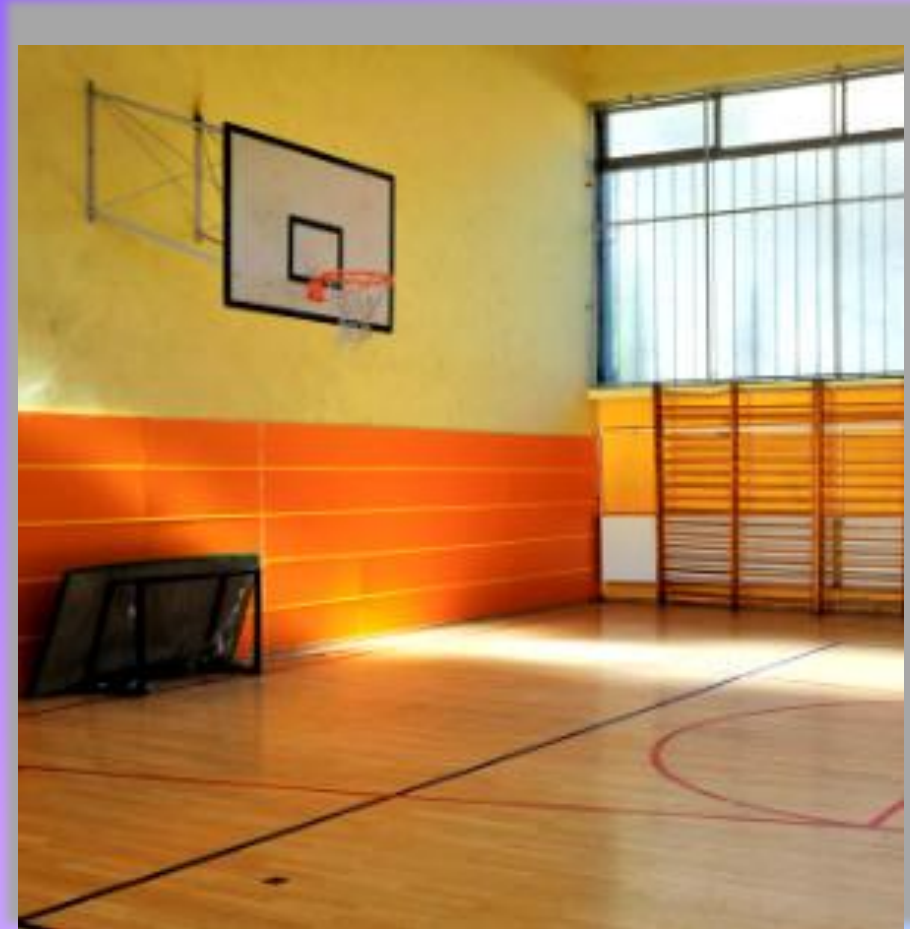
- In our town there are two sport complexes, one swimming pool and one parachuting club.



PE lessons in our school

The lessons of physical culture in our school are very active and interesting.

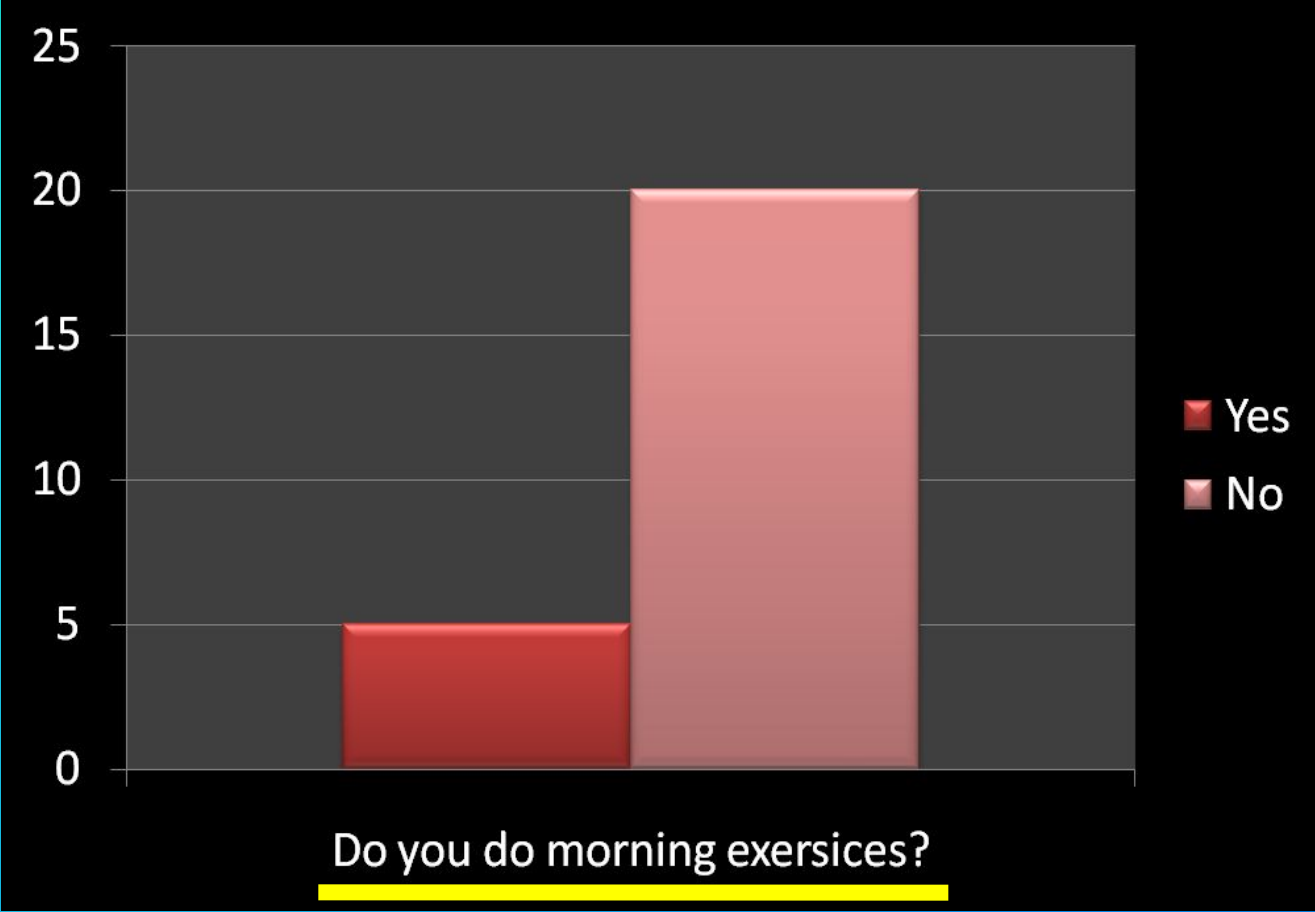
We all get great pleasure from these lessons. Most of the school year we spend in the gym, but in summer we play different games at our school ground. In winter we walk to the hills to ski.

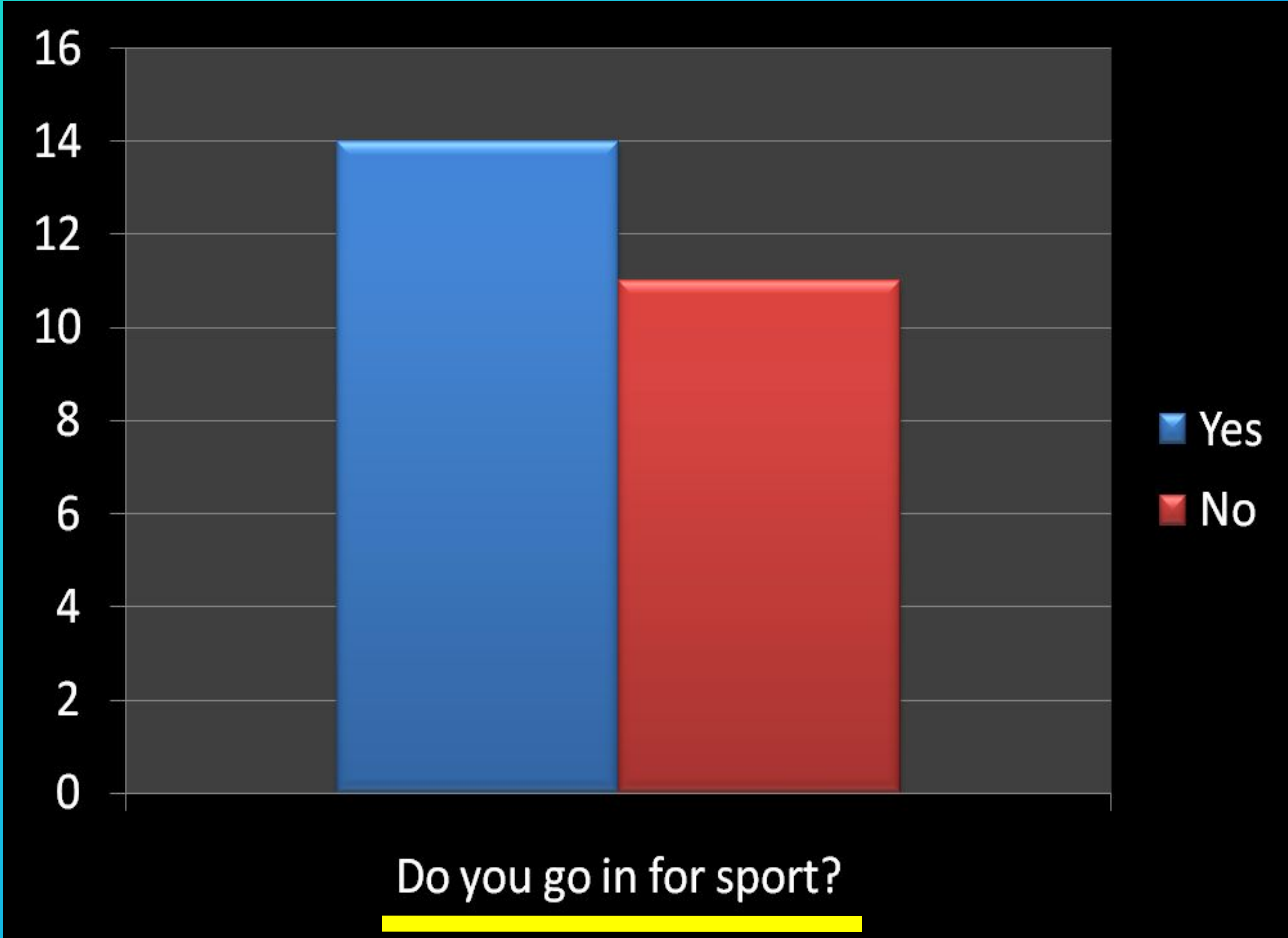


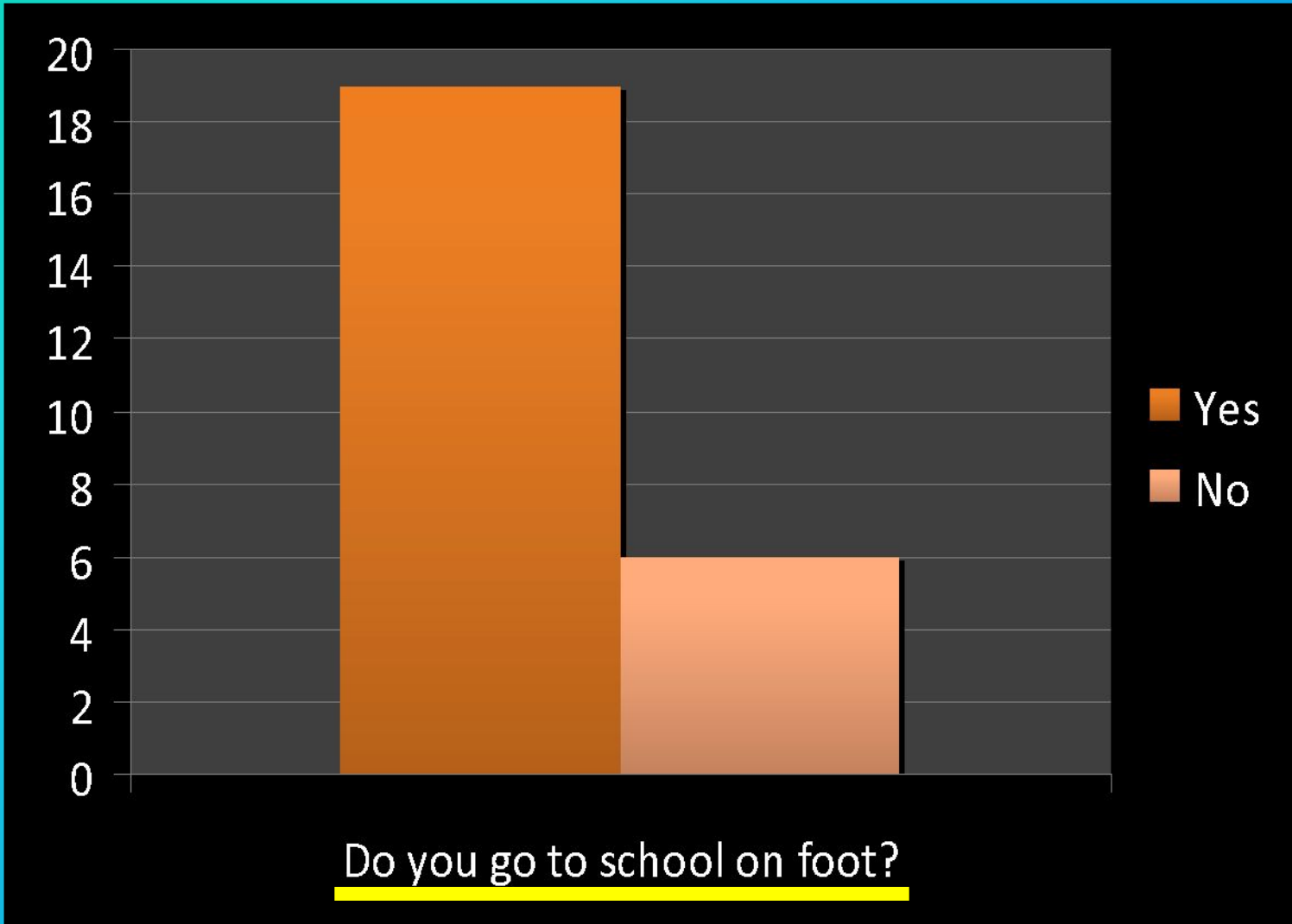
An interview

We asked the pupils of our class
a few questions.

These are the results:

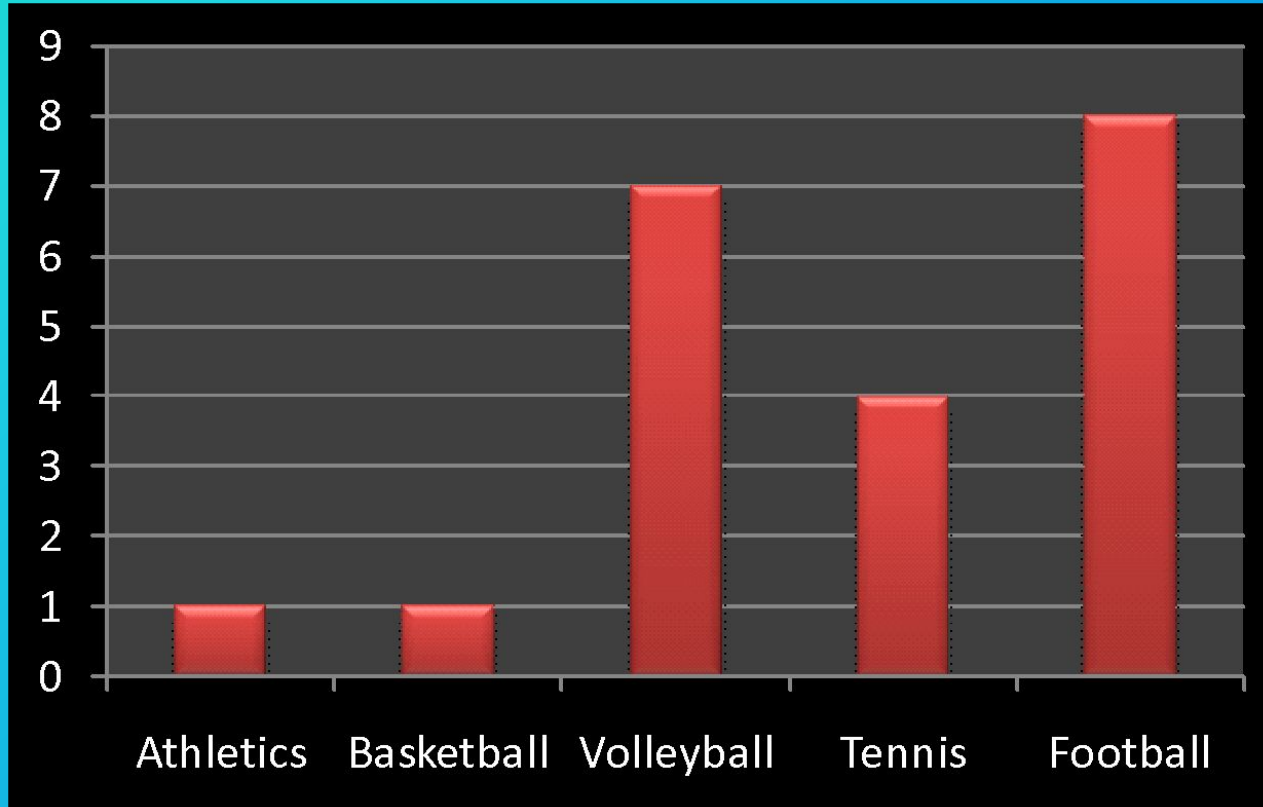






Do you go to school on foot?

What sport do you do?



Sport is important for our health

- Sport makes us strong.
- Sport makes us brave.
- Sport builds our character.
- Sport teaches us to win and to lose.
- Sport teaches us to be disciplined.



A photograph of a surfer riding a wave. The surfer is in the center, leaning forward on a pink and white surfboard. The wave is a deep blue-green color, curling over the surfer. The background is a bright, hazy sky. The overall mood is energetic and adventurous.

**Sport gives you the chance
to live a long and happy life
and to look perfect.**

So go in for sport and be happy!

Thank you for your attention!

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