



# Food & Drinks

**Выполнила учитель английского языка  
ГБОУ «Гимназии №5» г. Севастополя  
Голенева Евгения Николаевна**



## Phonetic drill:

- [tʃ] chocolate, sandwich, chicken, chips, cheese
- [dʒ] jug, jar, juice, jelly, jam, vegetables
- [ʃ] shape, fish, dish, sugar, sure, bush



Did you go to the shop yesterday?

Can you buy a loaf of bread in the shop?

What bread do you prefer, black or white one?

Do you have a cup of tea for lunch?

What is your favourite food?

What fruit do you like?

Do you like porridge with butter?

Is it healthy to eat much sweet food?

Is it healthy for your teeth?



Let's pass over to your  
homework

Act out your own  
short dialogue



# READING



# Good Food for Good Life



We need good food for good life. Good food has a lot of vitamins, proteins and minerals. They are in vegetables, fruits, bread, milk, meat, fish and porridge. These things help to make your bones and teeth strong. They make your body strong and healthy.

It's important to eat enough – not too much and not too little. Too much food makes you fat. Too little food makes you weak.

# Work in groups



## Tasks:

1<sup>st</sup> group: Are these statements true (T) or false (F)?

- We need bad food for good life.
- We need few vitamins.
- It's important to eat much.
- Minerals make your bones and teeth strong.
- Vitamins, proteins, minerals make you healthy.

2<sup>nd</sup> group: Find English equivalent in the text to the sentences:

- В полезной еде много витаминов, белков, минералов.
- Эти вещества помогают сделать крепкими ваши кости и зубы.

3<sup>rd</sup> group: Write out of the text nouns in plural.

# Project



Now you will compose your menu.

– What do you usually have for breakfast, lunch, supper.







# What food can help us to be healthy?

- **Garlic prevents heart disease.**
- **Onion is good for our nerves.**
- **Milk strengthens our bones.**
- **Banana is good for our muscles.**
- **Carrots are good for our eyesight.**



*AN APPLE A DAY  
KEEPS THE  
DOCTOR AWAY.*



**Now it's your turn!**  
**Tell us about your favourite food.**

- My favourite food is...
- I like...
- Really I don't like..
- I prefer...
- I don't often eat...



## Evaluation Card:

- I know the meaning of the words.
- I can answer the questions.
- I can understand the text and answer the questions
- I can talk about my favourite food



