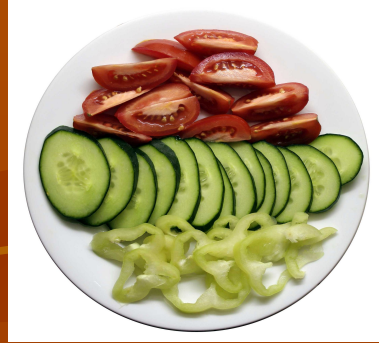


FOOD FOR LIFE



A, B ve C vitaminlerinin yanı sıra kalsiyum, magnezyum, sodyum, demir ve fosfor minerallerini barındırır.





VEGETABLES



MASHRUMS



**AN UNWASHED
VEGETABLE
CAN BECOME A
DEADLY WEAPON**



ALWAYS WASH YOUR VEGETABLES IN ORDER TO WIN THE BATTLE AGAINST FOODBORNE ILLNESS SUCH AS ANTI-BIOTIC RESISTANT BACTERIA AND CHOLERA. THIS IS A HEALTHY MESSAGE FROM THE GASTRIC AND ANTI-BACTERIAL THERAPY DIVISION OF ELTER PHARMA.

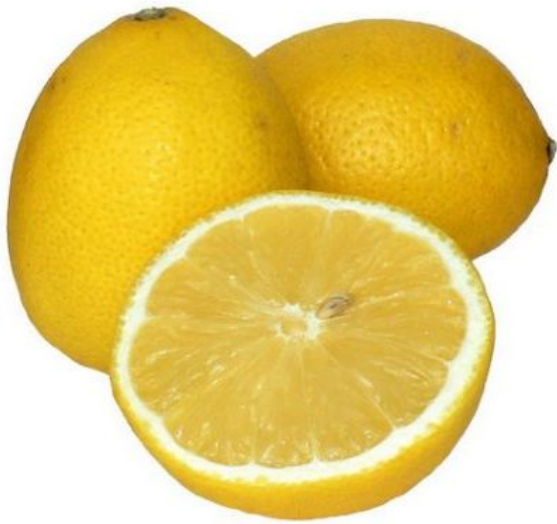
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Lemon

www.earthpictures.com



Carrot



Apricot Peach Orange



A, B ve C vitaminlerinin yanı sıra kalsiyum, magnezyum, sodyum, demir ve fosfor minerallerini barındırır.

eggplant



Onion





APPLE

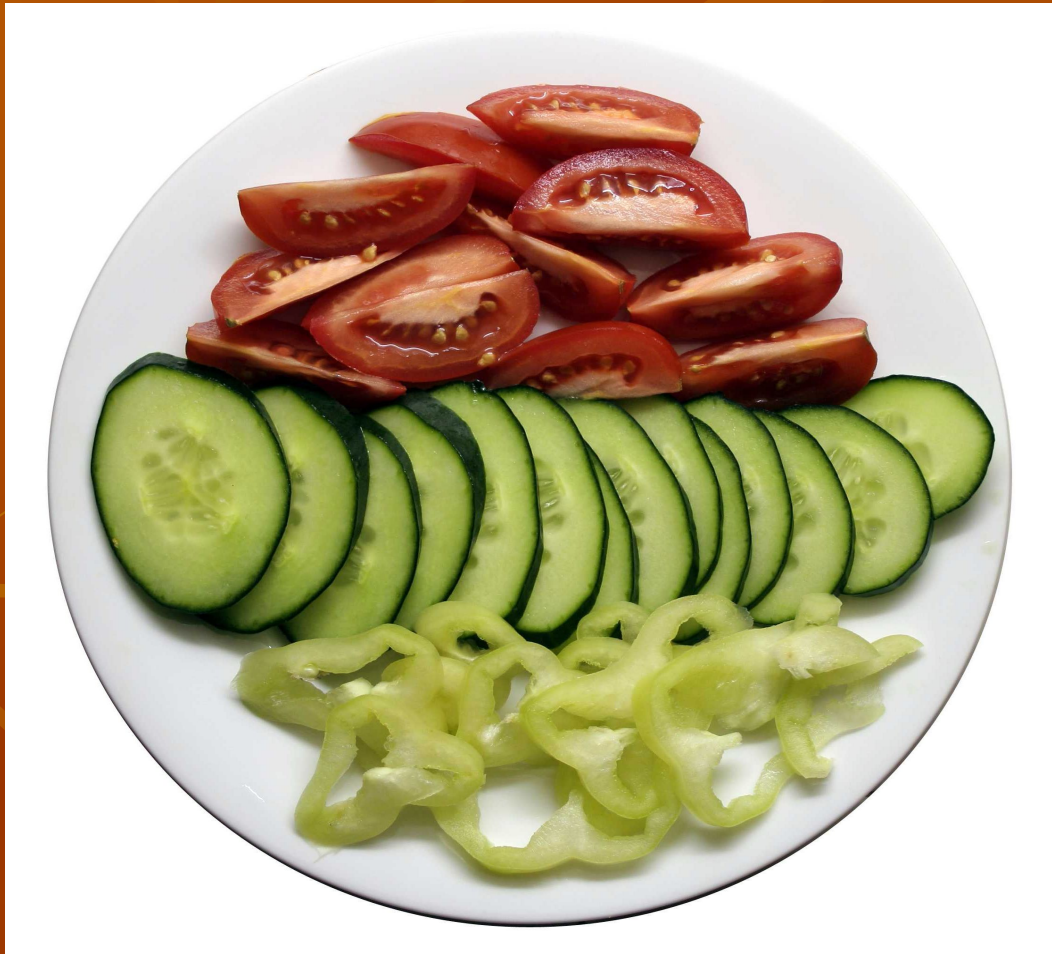




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Strawberries





Shutterstock.com

Tomato



Pumpkin



Bean



Peas



JUICE



PEAR



Beet



<http://www.sxc.hu/photo/229606>



Cabbage





Potatoes, Carrot, Broccoli









GRAPES



Radish



MEAT



Banana

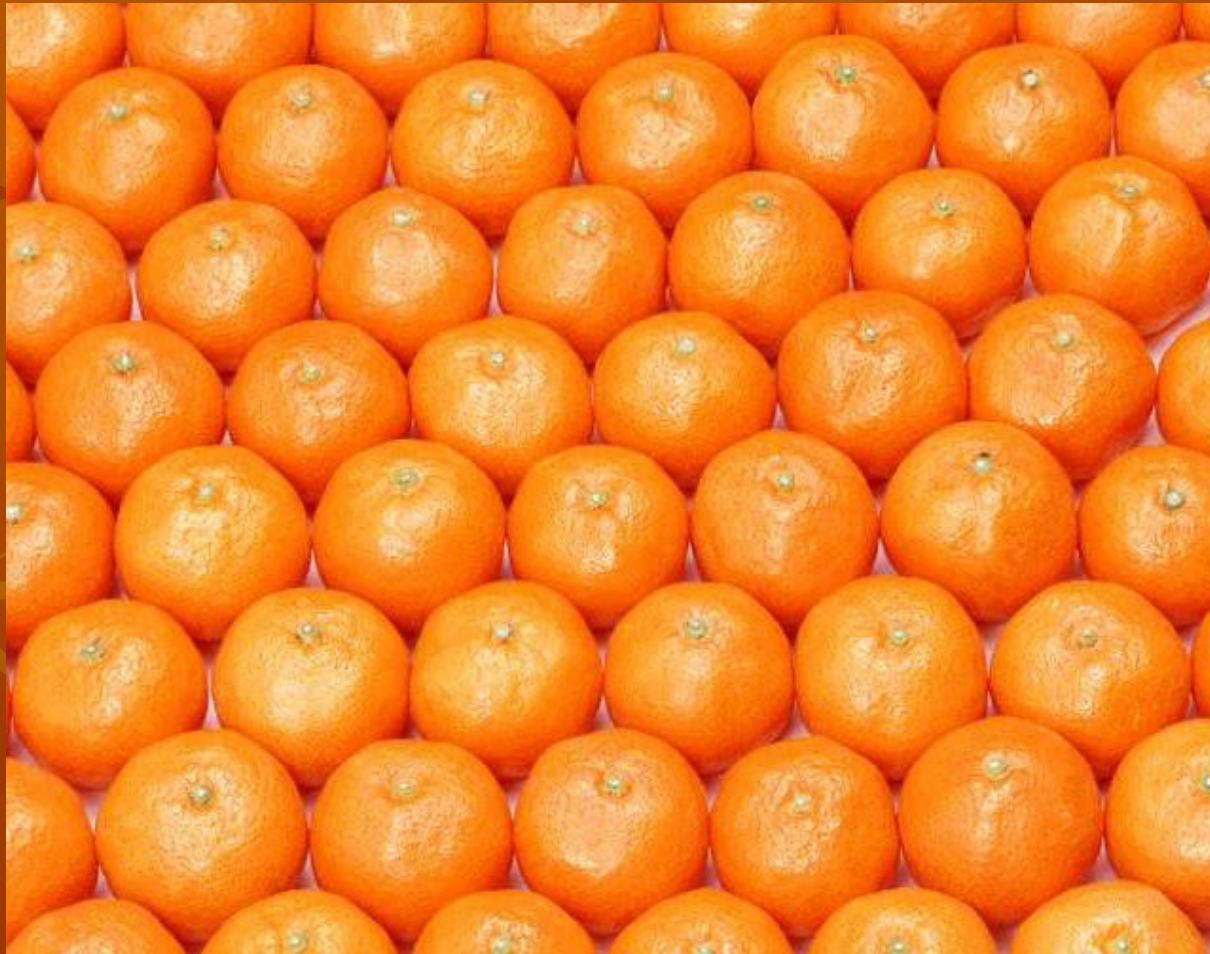


Garlic



Pineapple





Pineapple



Vegetable marrow







Haricot



Green pepper





Cauliflower



Watermelon



FISH

