Betty bought some butter, but the butter Betty bought was bitter, so Betty bought some better butter, and the better butter Betty bought was better than the bitter butter Betty bought before!

I scream, you scream, we all scream for ice cream!

- Do you like to eat sweets?
- Do you have a cup of tea for breakfast?
- Do you like sandwiches?
- What do you like to eat?
- What do you like to drink?



### YOU ARE WHAT YOU EAT

- Categorise the food/drinks.
- Remember containers.
- Answer the question
- "Are you a junk food junkie or a health food nut?"









#### a ..... of cereal

#### a ..... of water

### a ..... of honey

#### a ..... of tea

### a ..... of sardines

#### a ..... of crisps

#### a ..... of cola

#### a ..... of milk

d	f	m	i	1	k	t	0	b	k
C	h	e	e	S	e	e	n	u	t
e	g	g	h	t	e	a	b	t	k
Z	X	S	а	i	t	S	а	t	W
f	r	u	1	t	1	e	n	e	а
b	а	р	р	1	e	V	a	r	t
Z	X	с	V	m	m	d	n	0	e
S	u	g	а	r	0	b	а	g	r
a	S	d	f	1	n	u	0	r	e
q	W	e	р	0	t	а	t	0	r

- low-fat yoghurt
- wholemeal bread
- frozen peas
- lamb chops
- a packet of crisps
- lettuce
- fizzy drinks
- spices
- herbs
- snacks
- beverages
- poultry
- vegetables
- seeds



### Shopping list

- ice-cream
- low-fat
  yoghurt
- frozen chips
- bar of chocolate

- brown rice
- biscuits
- chicken nuggets
- lettuce

- onions
- white sugar
- nuggets
- lettuce

#### Healthy food / Unhealthy food

a junk food junkie – фанат нездоровой еды

a health food nut – помешанный на 3доровом питании

#### Homework

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