

# «Obento a tasty tradition!» (Обед в коробочке)

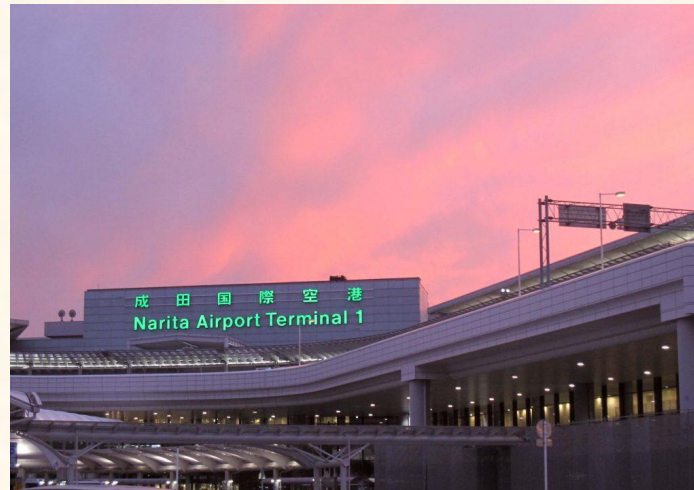


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# What is an obento?



# Where can you buy an obento?



What does an obento usually consist of?



# What regulations have nursery schools established for an obento?

Obento portions for nursery schools should be small and pleasant to eye



Where can Japanese mums find ideas how to prepare their children's food?



# What are these?



They can be

scrambled, poached, roast, boiled, fried,  
baked, pickled, mashed, steamed

# What is it?



## It can be

scrambled, poached, roast, boiled, fried,  
baked, mashed, steamed, grilled



food	fast	dark
weight	poor	raw
salad	healthy	undercooked
diet	put on	overcooked
meal	gained	four course
sauce	lost	home - cooked
chocolate	light	spicy
side	rich	junk
frozen	creamy	



## Домашнее задание:

- Учебник: с.26 упр. 9
- Рабочая тетрадь: с. 14, упр. 1, 2, 3