

ALCOHOL AND DRUGS

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Alcohol



Alcohol

23.1%

of youth reported drinking in the past 30 days

49.2%

say they have had alcohol in the past year

ALCOHOL USE and our youth

Harrisonburg-Rockingham County

79.5%

say their parents disapprove of drinking

while only **45.2%**

say their friends disapprove

24.5%

OF YOUTH SAY ALCOHOL IS VERY EASY TO OBTAIN

72%

perceive alcohol is harmful

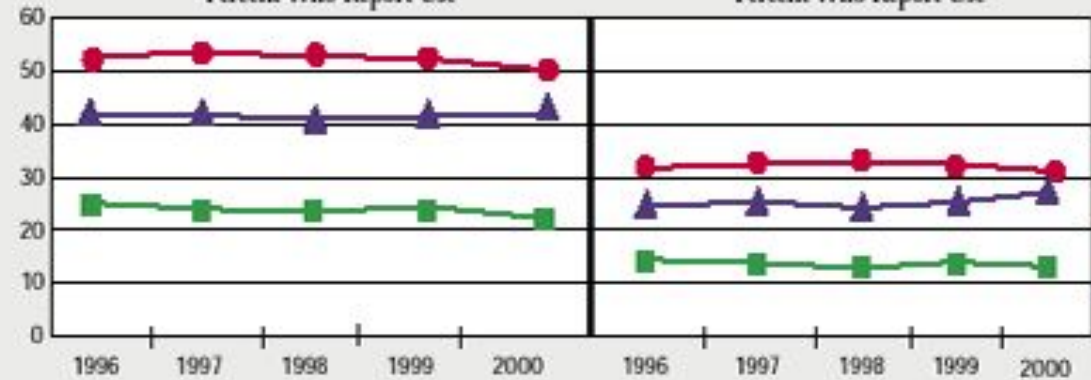
13
AGE AT FIRST DRINK

*Local data according to the Youth Data Survey 2009 conducted by the Office on Children and Youth

Youth and Alcohol

Past-Month Use
Percent Who Report Use

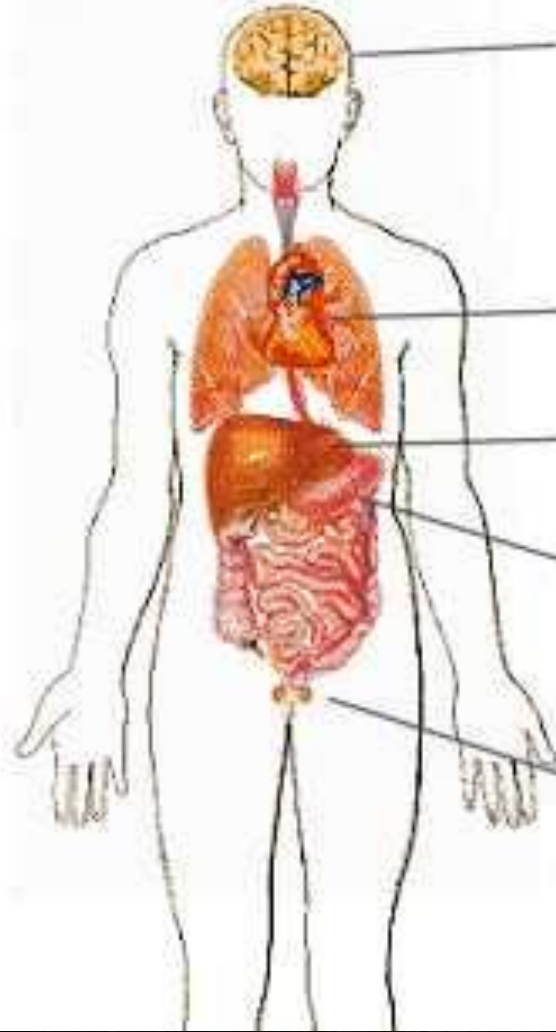
5+ Drinks/Past 2 Weeks
Percent Who Report Use



12th Grade	50.8	52.7	52.0	51.0	50.0	30.2	31.3	31.5	30.8	30.0
10th Grade	40.4	40.1	38.8	40.0	41.0	24.8	25.1	24.3	25.6	26.2
8th Grade	26.2	24.5	23.0	24.0	22.4	15.6	14.5	13.7	15.2	14.1

Source: 2000 Monitoring the Future Study

Harmful Effects of Alcohol



Slurred speech, blurry vision, slowed reflexes, personality changes, memory loss, blackout, eventual brain damage.

High blood pressure, irregular heartbeat, increase in triglycerides or fats that exist in the blood leading to heart disease.

Disorders may develop into cirrhosis, hepatitis, or even liver cancer

Symptoms may include nausea, vomiting, ulcers, and other stomach disorders

Effects on the reproductive system may include heavy or irregular periods in females, and sexual dysfunction in males

Drugs

TEENS ON DRUGS

Drug use reported by Tennessee teenagers, ages 12-17

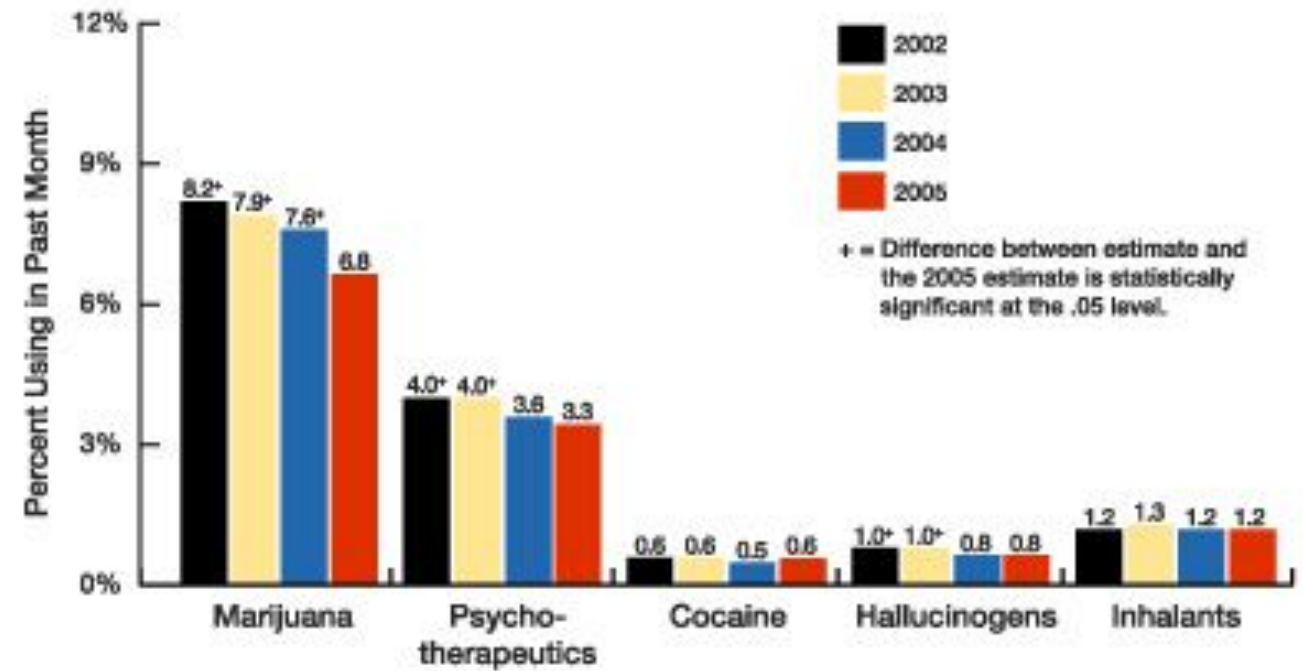
PAST MONTH:



PAST YEAR:



Past-Month Use of Selected Illicit Drugs Among Youth Age 12 to 17: 2002-2005



Source: National Survey on Drug Use and Health, 2006-2007

NEWS SENTINEL

▼ Tobacco Use Among Youth



Each day
in the United States
Approximately
3,800
Youth try a cigarette
For the first time

Peak Age

Among First
Time Users



11_{y/o}

Between



13_{y/o}



Among Daily
Adult Users



Used their first
cigarette by age 18



Used their first
cigarette by age 26



Among Daily
Users



3.6
million youth

More than

Are
Under

18_{y/o}



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HEALTHY  YOUTH

FOR A

HEALTHY FUTURE

