

CHARACTER TRAITS

Personal qualities not measured by tests



**FEELINGS AND
EMOTIONS**

MOOD

PERSONALITY

BEHAVIOUR

**CHARACTER
TRAITS**




Questions:

1. What are **basic positive human emotions**?
2. What are the opposites of them?
3. What is **feeling**?
4. What are **feelings** resulted from **emotions**?



POSITIVE EMOTIONS

-
- | | |
|---------------|-----------------------------------|
| □ joy | □ радость |
| □ gratitude | □ благодарность |
| □ serenity | □ спокойствие,
безмятежность |
| □ hope | □ надежда |
| □ pride | □ гордость |
| □ amusement | □ удовольствие,
изумление |
| □ inspiration | □ вдохновение |
| □ awe | □ восхищение,
трепет, почтение |
-
- 

NEGATIVE EMOTIONS

- | | |
|--------------------------|----------------------------------|
| 1) Fear | 1) страх |
| 2) Anger | 2) гнев, злость, ярость |
| 3) Guilt | 3) чувство вины |
| 4) Depression | 4) уныние, подавленность |
| 5) Jealousy | 5) ревность,
подозрительность |
| 6) Anxiety | 6) беспокойство, тревога |
| 7) Envy | 7) зависть |
| 8) Frustration (despair) | 8) разочарование,
отчаяние |
| 9) Shame | 9) стыд, досада |
| 10) Offence | 10) обида |
| 11) Sad (grief) | 11) Печаль |
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FEELINGS ARE RESULTS FROM EMOTIONS

Anticipation, joy  optimism

Joy, trust  love

Surprise and sadness  disappointment

Disgust, anger  contempt

Anger, anticipation  aggression



DEFINITIONS

□ MOOD

□ The way you feel at a particular time

□ EMOTIONS

□ Strong feeling

□ BEHAVIOUR

□ Is a way of acting

□ CHARACTER TRAIT

□ The particular combination of qualities in a person that makes them different from others



CHARACTER TRAIT OR FEELING?

angry	reliable	greedy	helpful
cruel	brave	honest	humorous
selfish	sensitive	sad	friendly



Complete the phrases:

□ I feel happy when



□ I feel angry when... .

□ I feel depressed when

□ I feel pride when... .

