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**Welcome to the Lesson!**

# Be healthy



# Forest School



I think ...





# Forest school



**Touch your head,**

**Touch your nose,**

**Touch your ears,**

**Touch your toes**

**Jump and run!  
Let's have fun!**

**Wash your face!**

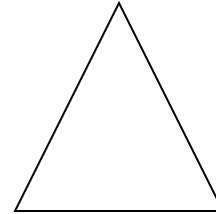
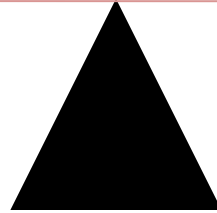
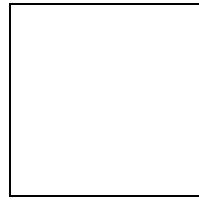
**Wash your hands!**

**Clean your teeth!**

**Stay healthy, please!**

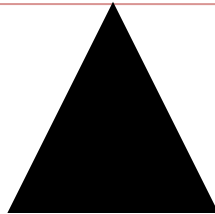
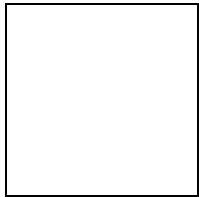
# MUST

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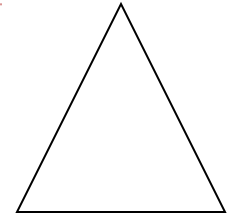


# MUSTN'T

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not





# Grammar

**Ex. 117 p.64**

**Ex.119.p.65**

**117**

**Что они обязаны делать?**

**drink**

**eat**

**go**

**help**

**play**

- 1. Jim.....his friend.**
- 2. Peter.....porridge.**
- 3. Martin.....apple juice.**
- 4. Mary.....to school.**
- 5. The pupils .....chess.**

**119**

## **Что им нельзя делать?**

- 1. Ему нельзя писать.**
- 2. Ей нельзя читать.**
- 3. Мне нельзя плавать.**
- 4. Нам нельзя плавать.**
- 5. Им нельзя играть.**



# Riddles



TWICEBARK





# Mr. Health















# Mr. Health



Now calculate your points  
to find out if you are healthy

**5 «YES» = You are healthy!**

**3 «YES» = Don't be lazy!**

**1 «YES» = Go to the doctor!**



# Let's sing a song!

**Early to bed  
And early to rise,  
Makes a man healthy  
And wealthy and wise.**





# READING

Ex.6p.38

***Would You Like to Be  
Healthy?***

# Panda



**It is a panda.  
It is fat and lazy.**

**It has got little ears, eyes  
and a big black nose.**

**It has got a short neck.**

**It has no tail. = It hasn't got  
a tail.**



**You must swim, ride a bike and clean teeth.**

**You mustn't drink cola and eat cakes.**



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