



# British and Russian food and drinks



## EATING CHAMPION



Sonya Thomas, who calls herself the Black Widow, eats quicker than anybody else in the world. She holds records in more than 25 eating competitions! She has set eating records for oysters, hard-boiled eggs, cheesecake and hot dogs. Sonya has just become a winner of a new eating competition – she has eaten 181 chicken wings in 12 minutes!

# BREAD BOWLS



A British food firm has invented a bowl made out of bread for people who hate washing up.

The idea is that you enjoy a meal - then eat the bowl too!



# Did You Know?

Watermelons are usually round. But Japanese farmers grow them square.



Pumpkins are usually orange. But some American farmers grow them blue!



Some people grow pomatoes. A pomato is half potato and half tomato.



# Vegetable Band



There is a very unusual music band in Vienna, the capital of Austria. All their instruments are made of vegetables – carrots, cucumbers and pumpkins. The lead musician plays a horn which is made of a cucumber, a green pepper and a carrot. There is also a look violin.











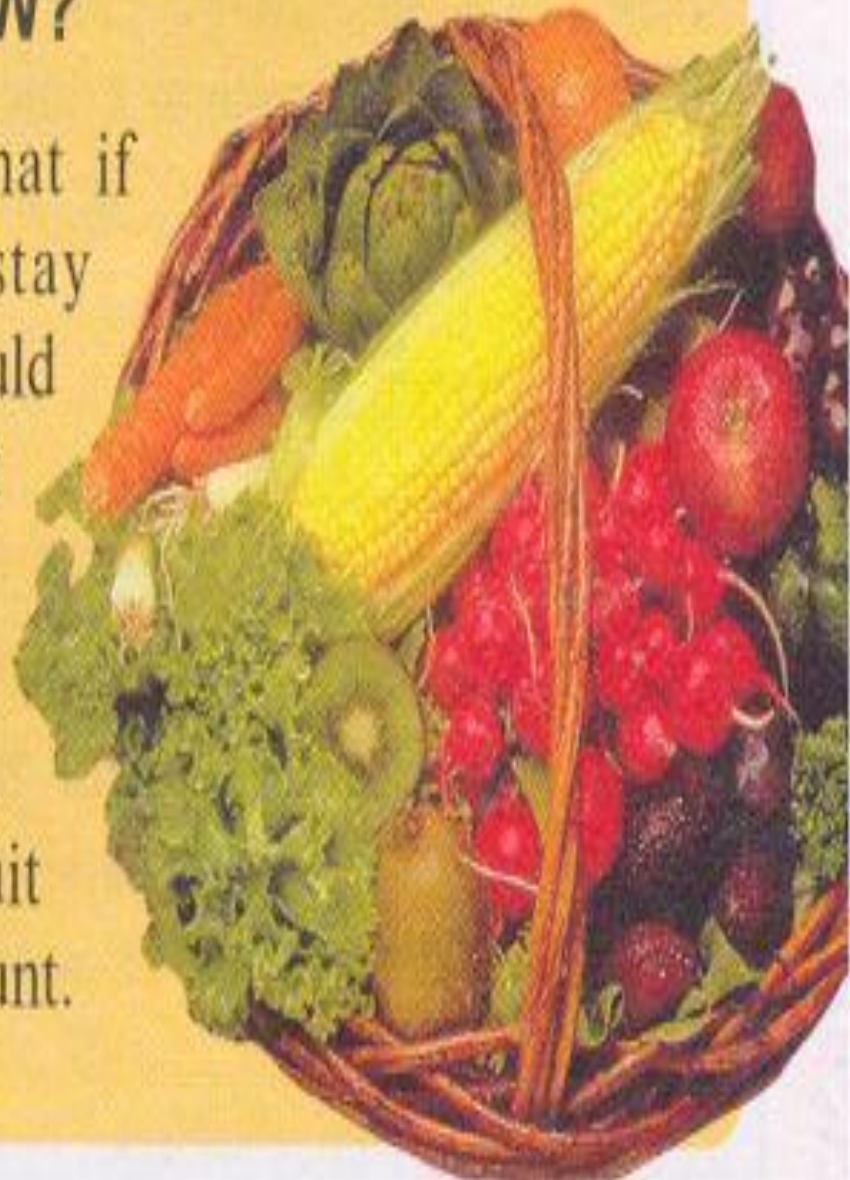
## A recent survey showed that:

- *One child in ten in Britain eats no fruit*
- *50% drink no fruit juice*
- *Six out of ten kids eat no vegetables*
- *One child in ten is overweight*

*Over 40% of girls aged 14 and 15 go to school without eating breakfast because they want to look like models and pop stars*

## DID YOU KNOW?

Scientists say that if you want to stay healthy you should eat five different portions of fruit and vegetables every day. Fresh, dried, frozen fruit and veg — all count.



## ***Make up tag questions***

1. The British like sandwiches, ...?
2. There are a lot of sandwiches shops in London, ...?
3. You can't get different sandwiches, ...?
4. Lots of foreigners don't like English sandwiches, ...?
5. The foreigners like rolls, ....?
6. English tea is very strong, ...?





Thank you  
for your work